

**PRELIMINARY TIME SCHEDULE**  
**CYCLONE NATIONAL TRACK & FIELD QUALIFIER**  
 Saturday, March 3, 2007

**FIELD EVENTS**

10:30 AM	Pole Vault	Women -----
10:00 AM	Weight Throw	Women -----
11:20 AM	Weight Throw	Men -----
11:00 AM	High Jump	Women -----
11:30 AM	Long Jump (East Pit)	Men -----
NOON	Long Jump (West Pit)	Women -----
1:30 PM	Pole Vault	Men -----
1:00 PM	Shot Put	Women -----
2:20 PM	Shot Put	Men -----
1:30 PM	High Jump	Men -----
2:00 PM	Triple Jump (West Pit)	Women -----
2:00 PM	Triple Jump (East Pit)	Men -----

**RUNNING EVENTS**

10:25 AM	5,000 M Run	Women -----
10:45 AM	5,000 M Run	Men -----
11:05 AM	60 M Hurdles	Women -- Prelims -----
11:20 AM	60 M Hurdles	Men -- Prelims -----
11:40 AM	60 M Dash	Women -- Prelims -----
11:50 AM	60 M Dash	Men -- Prelims -----
12:05 PM	Mile Run	Women -----
12:15 PM	Mile Run	Men -----
12:30 PM	Distance Medley Relay	Women -----
12:45 PM	Distance Medley Relay	Men -----
1:00 PM	60 M Hurdles	Women -- Semifinals ----- 2 Heats
1:10 PM	60 M Hurdles	Men -- Semifinals ----- 2 Heats
1:20 PM	60 M Dash	Women -- Semifinals ----- 2 Heats
1:25 PM	60 M Dash	Men -- Semifinals ----- 2 Heats
1:30 PM	Masters Race – 400 meters	
1:35 PM	400 M Dash	Women -----
1:45 PM	400 M Dash	Men -----
2:05 PM	200 M Dash	Women -----
2:15 PM	200 M Dash	Men -----
2:30 PM	800 M Run	Women -----
2:40 PM	800 M Run	Men -----
3:05 PM	3,000 M Run	Women -----
3:20 PM	3,000 M Run	Men -----
3:35 PM	60 M Hurdles	Women -- Finals
3:40 PM	60 M Hurdles	Men -- Finals
3:45 PM	60 M Dash	Women -- Finals
3:50 PM	60 M Dash	Men -- Finals
4:00 PM	4 x 400 M Relay	Women -----
4:10 PM	4 x 400 M Relay	Men -----