

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019**Indoor Championships****Prince George Learning Complex: Landover, MD****Results****Women 60 Meter Dash****8 Advance: Top 1 Each Heat plus Next 6 Best Times**

MEAC: * 7.32 2006		Danieth Pryce, UMES			
Name	Year	School	Prelims	H#	Alternate
Preliminaries					
1 #	189	White, Kayla	SR N. Carolina A&T	7.34Q	1
2 #	237	Grant, Kiara	SO Norfolk State	7.38Q	2
3 #	186	Sturgis, Cambrea	FR N. Carolina A&T	7.40q	2
4 #	224	White, Bethany	SR N.C. Central	7.49q	1
5 #	8	Morrison, Quamech	SR Bethune-Cookman	7.56q	2
6 #	244	Parker_love, Daja	FR Norfolk State	7.61q	1
7 #	188	Townsend, Taliyah	JR N. Carolina A&T	7.65q	1
8 #	175	Debose-Epps, Kama	FR N. Carolina A&T	7.68q	2
9 #	104	Gbai, Jessika	SO Howard	7.69	1
10 #	81	Corbett, Tiara	JR Florida A&M	7.71	2
11 #	176	Florence, Nilaja	FR N. Carolina A&T	7.75	2 7.746
12 #	106	Lewis, Kennedy	FR Howard	7.75	1 7.749
13 #	130	Lynn, Ayanna	SO Maryland-Eas	8.04	2 8.031
14 #	59	Martinez-Smith, N	SO Delaware State	8.04	1 8.039
15 #	42	Lane, Cathryn	FR Coppin State	8.06	2
16 #	300	Jackson, Erin	FR Savannah State	9.88	1

Women 60 Meter Dash

MEAC: * 7.32 2006		Danieth Pryce, UMES			
Name	Year	School	Finals	Alternate	
Finals					
1 #	237	Grant, Kiara	SO Norfolk State	7.22*	
2 #	189	White, Kayla	SR N. Carolina A&T	7.26*	
3 #	8	Morrison, Quamech	SR Bethune-Cookman	7.46	
4 #	186	Sturgis, Cambrea	FR N. Carolina A&T	7.47	
5 #	224	White, Bethany	SR N.C. Central	7.49	
6 #	175	Debose-Epps, Kama	FR N. Carolina A&T	7.59	
7 #	244	Parker_love, Daja	FR Norfolk State	7.62	
8 #	188	Townsend, Taliyah	JR N. Carolina A&T	7.66	

Women 200 Meter Dash**Top 8 Advance by Time**

MEAC: * 23.85 2000		Debbie Dunn, NSU			
Name	Year	School	Prelims	H#	Alternate
Preliminaries					
1 #	189	White, Kayla	SR N. Carolina A&T	23.88q	1
2 #	186	Sturgis, Cambrea	FR N. Carolina A&T	24.23q	2
3 #	188	Townsend, Taliyah	JR N. Carolina A&T	24.62q	3
4 #	237	Grant, Kiara	SO Norfolk State	24.68q	6
5 #	175	Debose-Epps, Kama	FR N. Carolina A&T	24.75q	6
6 #	180	Ray, Tori	JR N. Carolina A&T	24.81q	1
7 #	104	Gbai, Jessika	SO Howard	24.84q	5
8 #	176	Florence, Nilaja	FR N. Carolina A&T	24.86q	5
9 #	224	White, Bethany	SR N.C. Central	24.88	4
10 #	144	Barham, Annastaci	SR Morgan State	24.94	3

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019**Indoor Championships****Prince George Learning Complex: Landover, MD****Results****....Women 200 Meter Dash**

11 #	8 Morrison, Quamech	SR	Bethune-Cookman	25.03	4
12 #	190 Williams, Sun-Sar	JR	N. Carolina A&T	25.07	2
13 #	126 Gabriel, Luan	SR	Maryland-Eas	25.16	5
14 #	9 Nichols, Monae'	SO	Bethune-Cookman	25.18	4
15 #	245 Pride, Malika	SO	Norfolk State	25.34	3
16 #	242 Lee, Tyrika	SR	Norfolk State	25.38	6
17 #	106 Lewis, Kennedy	FR	Howard	25.43	5
18 #	151 Monroe, Anaya	SO	Morgan State	25.59	1
19 #	57 Harpe, Lakendra	FR	Delaware State	25.82	2
20 #	214 Alexander, Tyresh	SO	N.C. Central	25.83	6
21 #	266 Chambers, Daniell	FR	Savannah State	25.91	3
22 #	86 Johns, Ilyria	FR	Florida A&M	25.92	2
23 #	42 Lane, Cathryn	FR	Coppin State	26.75	4

Women 200 Meter Dash

MEAC: * 23.85 2000 Debbie Dunn, NSU

Name	Year	School	Finals	H#	Alternate	
=====						
Finals						
1 #	189	White, Kayla	SR	N. Carolina A&T	23.53*	2
2 #	186	Sturgis, Cambrea	FR	N. Carolina A&T	23.75*	2
3 #	237	Grant, Kiara	SO	Norfolk State	24.26	2
4 #	180	Ray, Tori	JR	N. Carolina A&T	24.49	1
5 #	188	Townsend, Taliyah	JR	N. Carolina A&T	24.50	2
6 #	175	Debose-Epps, Kama	FR	N. Carolina A&T	24.57	1
7 #	104	Gbai, Jessika	SO	Howard	24.84	1
8 #	176	Florence, Nilaja	FR	N. Carolina A&T	25.01	1

Women 400 Meter Dash**Top 8 Advance by Time**

MEAC: * 53.22 2009 Francena Mcoroy, HAMP

Name	Year	School	Prelims	H#	Alternate	
=====						
Preliminaries						
1 #	190	Williams, Sun-Sar	JR	N. Carolina A&T	56.51q	2
2 #	144	Barham, Annastaci	SR	Morgan State	56.52q	3
3 #	222	Seabrook, Kiana	SR	N.C. Central	56.86q	3
4 #	184	Russell, Payton	SO	N. Carolina A&T	57.02q	4
5 #	245	Pride, Malika	SO	Norfolk State	57.13q	4
6 #	126	Gabriel, Luan	SR	Maryland-Eas	57.16q	2
7 #	267	Fuller, Oneillia	SO	Savannah State	57.84q	1
8 #	105	Hale, Aliyah	SR	Howard	58.42q	4
9 #	10	Pinckney, Kaliece	FR	Bethune-Cookman	58.62	4
10 #	145	Denis, Dinedye	FR	Morgan State	59.33	1
11 #	215	Andrews, Olivia	FR	N.C. Central	59.90	2
12 #	39	Hoskins, Ivonna	SO	Coppin State	59.97	3
13 #	268	Jones, Carlandra	SO	Savannah State	1:00.43	3
-- #	180	Ray, Tori	JR	N. Carolina A&T	DNF	1

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019

Indoor Championships

Prince George Learning Complex: Landover, MD

Results

Women 400 Meter Dash

MEAC: * 53.22 2009		Francena Mcoroy, HAMP			
Name	Year	School	Finals	H#	Alternate
Finals					
1 #	190	Williams, Sun-Sar	JR N. Carolina A&T	56.03	2
2 #	144	Barham, Annastaci	SR Morgan State	56.51	2
3 #	245	Pride, Malika	SO Norfolk State	56.64	1
4 #	222	Seabrook, Kiana	SR N.C. Central	56.88	2
5 #	126	Gabriel, Luan	SR Maryland-Eas	57.12	1
6 #	184	Russell, Payton	SO N. Carolina A&T	57.16	2
7 #	267	Fuller, Oneillia	SO Savannah State	58.11	1
8 #	105	Hale, Aliyah	SR Howard	58.25	1

Women 800 Meter Run

MEAC: * 2:29.86 2/16/2018		Jessica Roney, Maryland-Eas			
Name	Year	School	Finals	Alternate	
1 #	235	Bissah, Martha	JR Norfolk State	2:07.16*	
2 #	172	Barnes, Kristoni	JR N. Carolina A&T	2:10.97*	
3 #	154	Rowe, Infinnatie	SO Morgan State	2:11.08*	
4 #	100	Benson, Sydney	JR Howard	2:14.72*	
5 #	148	McDowell, Valenci	JR Morgan State	2:15.82*	
6 #	174	Creary, Monzerad	FR N. Carolina A&T	2:18.45*	
7 #	131	Quinonero, Neus	SR Maryland-Eas	2:19.85*	
8 #	61	Okafor, Sylvia	JR Delaware State	2:31.40	
-- #	320	Tatum, Karissa	SO Savannah State	DNF	

Women 1 Mile Run

MEAC: * 4:53.08 2/17/2018		Martha Bissah, Norfolk Stat			
Name	Year	School	Finals	Alternate	
1 #	235	Bissah, Martha	JR Norfolk State	4:55.56	
2 #	173	Butler, G'Jasmyne	JR N. Carolina A&T	5:01.60	
3 #	154	Rowe, Infinnatie	SO Morgan State	5:03.07	
4 #	131	Quinonero, Neus	SR Maryland-Eas	5:09.89	
5 #	2	Davis, Deja	SR Bethune-Cookman	5:10.60	
6 #	44	Ogundeko, Tatiana	JR Coppin State	5:12.19	
7 #	110	Stanford, Destiny	SO Howard	5:13.58	
8 #	219	Jean-Raymond, Ash	FR N.C. Central	5:40.75	
9 #	90	Mitei, Shalet	FR Florida A&M	6:16.30	
10 #	88	Kiplagat, Emmax	JR Florida A&M	6:16.38	
-- #	319	Jones, Kayla	SO Savannah State	DNF	

Women 3000 Meter Run

MEAC: * 9:57.64 2013		Petra Kubesova, UMES			
Name	Year	School	Finals	Alternate	
1 #	2	Davis, Deja	SR Bethune-Cookman	10:08.82	
2 #	173	Butler, G'Jasmyne	JR N. Carolina A&T	10:12.80	
3 #	88	Kiplagat, Emmax	JR Florida A&M	10:14.78	
4 #	241	Koech, Fridah	FR Norfolk State	10:17.55	

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019**Indoor Championships****Prince George Learning Complex: Landover, MD****Results****....Women 3000 Meter Run**

5 #	90 Mitei, Shalet	FR Florida A&M	10:20.70
6 #	91 Murgor, Nancy	JR Florida A&M	10:42.89
7 #	110 Stanford, Destiny	SO Howard	10:43.49
8 #	247 Samoei, Caroline	JR Norfolk State	10:50.36
9 #	124 Chemutai, Mercy	FR Maryland-Eas	10:54.88
10 #	147 Haynie, Zakyrach	SO Morgan State	11:07.05
11 #	87 Kibiwott, Sharon	JR Florida A&M	11:13.94
12 #	321 Cystrunk, Yamia	FR Savannah State	12:44.94
-- #	240 Koech, Ashah	JR Norfolk State	DNF

Women 5000 Meter Run

MEAC: * 17:23.48 2/15/2018 Emmax Kiplagat, Florida A&M

Name	Year	School	Finals	Alternate
1 #	88 Kiplagat, Emmax	JR Florida A&M	17:40.63	
2 #	2 Davis, Deja	SR Bethune-Cookman	17:49.19	
3 #	90 Mitei, Shalet	FR Florida A&M	18:09.73	
4 #	91 Murgor, Nancy	JR Florida A&M	18:51.45	
5 #	146 Field, Rachel	FR Morgan State	19:00.77	
6 #	247 Samoei, Caroline	JR Norfolk State	19:02.38	
7 #	87 Kibiwott, Sharon	JR Florida A&M	19:37.02	
8 #	94 Rotich, Mercy	SO Florida A&M	19:46.17	
9 #	179 Martin, Camille	JR N. Carolina A&T	19:56.91	
10 #	63 Rosikon, Katarzyn	SO Delaware State	19:57.36	
-- #	240 Koech, Ashah	JR Norfolk State	DNF	
-- #	3 Gill, Brittany	JR Bethune-Cookman	DNF	
-- #	241 Koech, Fridah	FR Norfolk State	DNF	
-- #	299 Ward, Tasneam	SO Savannah State	DNF	
-- #	124 Chemutai, Mercy	FR Maryland-Eas	DNF	

Women 60 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

MEAC: * 8.81 2/16/2018 Kaitlin Scott, Hampton

Name	Year	School	Prelims	H#	Alternate
Preliminaries					
1 #	171 Akobundu, Madelei	JR N. Carolina A&T	* 8.26Q	2	
2 #	189 White, Kayla	SR N. Carolina A&T	* 8.28Q	1	
3 #	246 Robertson, Taejah	SR Norfolk State	* 8.47q	1	
4 #	185 Salmon, Paula	FR N. Carolina A&T	* 8.48q	1	
5 #	183 Robinson, TeJyric	JR N. Carolina A&T	* 8.49q	2	
6 #	8 Morrison, Quamech	SR Bethune-Cookman	* 8.55q	2	
7 #	99 Wood, Alahni	JR Florida A&M	* 8.67q	1	
8 #	107 Onuoha, Uchechi	JR Howard	* 8.74q	1	
9 #	59 Martinez-Smith, N	SO Delaware State	* 8.79	2	
10 #	9 Nichols, Monae'	SO Bethune-Cookman	* 8.81	2	
11 #	220 McWilliams, Kenyd	SO N.C. Central	8.92	1	
12 #	249 Wells, T'Nai	JR Norfolk State	8.93	2	
13 #	271 Sewell, Jaylen	SO Savannah State	9.17	1	
14 #	218 Hale, Nateja	SR N.C. Central	9.22	1	
-- #	81 Corbett, Tiara	JR Florida A&M	DNF	2	

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019
Indoor Championships
Prince George Learning Complex: Landover, MD
Results

Women 60 Meter Hurdles

MEAC: * 8.81 2/16/2018 Kaitlin Scott, Hampton				
Name	Year	School	Finals	Alternate
Finals				
1 # 189	White, Kayla	SR N. Carolina A&T	8.07*	
2 # 171	Akobundu, Madelei	JR N. Carolina A&T	8.17*	
3 # 183	Robinson, TeJyric	JR N. Carolina A&T	8.34*	
4 # 8	Morrison, Quamech	SR Bethune-Cookman	8.39*	
5 # 246	Robertson, Taejah	SR Norfolk State	8.40*	
6 # 99	Wood, Alahni	JR Florida A&M	8.60*	
7 # 107	Onuoha, Uchechi	JR Howard	8.66*	
-- # 185	Salmon, Paula	FR N. Carolina A&T	DNF	

Women 4x400 Meter Relay

MEAC: * 3:24.80 1992 MSU, MSU				
School	Finals	H#	Alternate	
1 N. Carolina A&T 'A'	3:43.24	2		
1) #180 Ray, Tori JR				2) #184 Russell, Payton SO
3) #176 Florence, Nilaja FR				4) #190 Williams, Sun-Sara JR
2 Morgan State 'A'	3:46.73	2		
1) #144 Barham, Annastacia SR				2) #151 Monroe, Anaya SO
3) #148 McDowell, Valencia JR				4) #154 Rowe, Infinnatie SO
3 N.C. Central 'A'	3:48.46	2		
1) #222 Seabrook, Kiana SR				2) #214 Alexander, Tyresha SO
3) #224 White, Bethany SR				4) #215 Andrews, Olivia FR
4 Norfolk State 'A'	3:53.74	1		
1) #245 Pride, Malika SO				2) #246 Robertson, Taejah SR
3) #235 Bissah, Martha JR				4) #238 Green, Crystal SR
5 Maryland-Eastern Shore 'A'	3:57.24	1		
1) #126 Gabriel, Luan SR				2) #130 Lynn, Ayanna SO
3) #125 English, Naomi FR				4) #131 Quinonero, Neus SR
6 Savannah State 'A'	3:59.53	1		
1) #268 Jones, Carlandra SO				2) #267 Fuller, Oneillia SO
3) #271 Sewell, Jaylen SO				4) #266 Chambers, Danielle FR
7 Howard 'A'	3:59.83	2		
1) #108 Raspberry, Makenli FR				2) #105 Hale, Aliyah SR
3) #325 Wright, Jessica FR				4) #100 Benson, Sydney JR
8 Delaware State 'A'	4:01.82	1		
1) #59 Martinez-Smith, Nissa SO				2) #60 McCaskill, Ahnrea SO
3) #64 Shelton, Donyae SO				4) #57 Harpe, Lakendra FR
9 Bethune-Cookman 'A'	4:04.56	1		
1) #10 Pinckney, Kaliece FR				2) #9 Nichols, Monae' SO
3) #12 Shaw, Thea FR				4) #5 Harris, Alexis SR
10 Coppin State 'A'	4:08.01	2		
1) #42 Lane, Cathryn FR				2) #39 Hoskins, Ivonna SO
3) #38 Henery, Jasmine JR				4) #44 Ogundeko, Tatiana JR

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019
Indoor Championships
Prince George Learning Complex: Landover, MD
Results

Women Distance Medley

MEAC: * 11:41.16 2008		UMES, UMES		Finals	Alternate
School					
1	N. Carolina A&T 'A'			12:01.86	
	1) #172 Barnes, Kristoni JR	2)	#176 Florence, Nilaja FR		
	3) #174 Creary, Monzerad FR	4)	#173 Butler, G'Jasmyne JR		
2	Norfolk State 'A'			12:08.01	
	1) #241 Koech, Fridah FR	2)	#238 Green, Crystal SR		
	3) #240 Koech, Ashah JR	4)	#235 Bissah, Martha JR		
3	Howard 'A'			12:11.82	
	1) #111 White, Melanie FR	2)	#325 Wright, Jessica FR		
	3) #100 Benson, Sydney JR	4)	#110 Stanford, Destiny SO		
4	Morgan State 'A'			12:25.11	
	1) #154 Rowe, Infinnatie SO	2)	#151 Monroe, Anaya SO		
	3) #148 McDowell, Valencia JR	4)	#147 Haynie, Zakyrah SO		
5	Maryland-Eastern Shore 'A'			12:31.20	
	1) #131 Quinonero, Neus SR	2)	#127 Jones, Amirah JR		
	3) #128 Krcik, Arianna FR	4)	#124 Chemutai, Mercy FR		
6	Bethune-Cookman 'A'			12:49.52	
	1) #2 Davis, Deja SR	2)	#5 Harris, Alexis SR		
	3) #10 Pinckney, Kaliece FR	4)	#3 Gill, Brittany JR		
7	Florida A&M 'A'			12:51.31	
	1) #90 Mitei, Shalet FR	2)	#86 Johns, Ilyria FR		
	3) #91 Murgor, Nancy JR	4)	#88 Kiplagat, Emmax JR		

Women High Jump

Starting Height: 1.52m Raise 3cm increments															
MEAC: * 1.65m 2/16/2018 Kaitlin Scott, Hampton															
Name	Year	School							Finals	Alternate					
1 #	8	Morrison, Quamech	SR	Bethune-Cookman							1.82m*	5-11.50			
		1.52	1.57	1.62	1.67	1.70	1.73	1.76	1.79	1.82	1.85	1.87			
		PPP	PPP	PPP	O	PPP	O	O	O	O	XXP	X			
2 #	181	Reddick, Nazah	SO	N. Carolina A&T							1.73m*	5-08.00			
		1.52	1.57	1.62	1.67	1.70	1.73	1.76							
		PPP	PPP	O	O	O	O	XXX							
3 #	185	Salmon, Paula	FR	N. Carolina A&T							1.70m*	5-07.00			
		1.52	1.57	1.62	1.67	1.70	1.73								
		PPP	O	O	O	O	XXX								
4 #	93	Robertson, Rachel	FR	Florida A&M							1.67m*	5-05.75			
		1.52	1.57	1.62	1.67	1.70									
		O	P	O	O	XXX									
5 #	82	Dennis, Jazmyn	SO	Florida A&M							1.62m	5-03.75			
		1.52	1.57	1.62	1.67										
		O	O	O	XXX										
5 #	152	Moore, Diamond	FR	Morgan State							1.62m	5-03.75			
		1.52	1.57	1.62	1.67										
		PPP	O	O	XXX										
7 #	79	Alvin, Ed'Quisha	JR	Florida A&M							1.62m	5-03.75			
		1.52	1.57	1.62	1.67										
		PPP	XO	XO	XXX										

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019
Indoor Championships
Prince George Learning Complex: Landover, MD
Results

....Women High Jump

8 #	12 Shaw, Thea	FR Bethune-Cookman	1.62m	5-03.75
	1.52 1.57 1.62 1.67			
	PPP XO XXO XXX			
9 #	153 Rose, Miazziah	FR Morgan State	1.57m	5-01.75
	1.52 1.57 1.62			
	O O XXX			
10 #	11 Roberts, Dana	SR Bethune-Cookman	1.57m	5-01.75
	1.52 1.57 1.62			
	O XO XXX			
11 #	9 Nichols, Monae'	SO Bethune-Cookman	1.52m	4-11.75
	1.52 1.57			
	XO XXX			
11 #	270 Pellington, Toni	FR Savannah State	1.52m	4-11.75
	1.52 1.57			
	XO XXX			
13 #	62 Robinson, Tiajah	SO Delaware State	1.52m	4-11.75
	1.52 1.57			
	XXO XXX			
13 #	60 McCaskill, Ahnrea	SO Delaware State	1.52m	4-11.75
	1.52 1.57			
	XXO XXX			
-- #	216 Crenshaw, Bhrandi	SO N.C. Central		NH
	1.52 1.57 1.62			
	PPP PPP XXX			

Women Pole Vault

Starting Height: 2.29m Raise 10cm increments
 MEAC: * 3.74m 2/17/2018 Morgan Knight, N. Carolina

Name	Year School	Finals	Alternate
1 # 82 Dennis, Jazmyn	SO Florida A&M	3.97m*	13-00.25
	2.30 2.45 2.60 2.75 2.90 3.05 3.20 3.35 3.50 3.65 3.75 3.97 4.05		
	PPP PPP PPP PPP PPP PPP PPP O O O O O XXX		
2 # 182 Roberts, Jayne	JR N. Carolina A&T	3.50m	11-05.75
	2.30 2.45 2.60 2.75 2.90 3.05 3.20 3.35 3.50 3.65		
	PPP PPP PPP PPP PPP XXO O XXO XXO XXX		
3 # 78 Alvarez, DiCaria	SR Florida A&M	3.20m	10-06.00
	2.30 2.45 2.60 2.75 2.90 3.05 3.20 3.35		
	PPP PPP PPP PPP O O XO XXX		
4 # 85 Ivy, Kiara	FR Florida A&M	3.05m	10-00.00
	2.30 2.45 2.60 2.75 2.90 3.05 3.20		
	PPP PPP PPP PPP O O XXX		
5 # 35 Alston, Aidan	JR Coppin State	2.75m	9-00.25
	2.30 2.45 2.60 2.75 2.90		
	PPP PPP O O XXX		
6 # 5 Harris, Alexis	SR Bethune-Cookman	2.60m	8-06.25
	2.30 2.45 2.60 2.75		
	XO XXO XO XXX		
-- # 301 Chenault, Tyran	SO Savannah State		NH
	2.30		
	XXX		

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019

Indoor Championships

Prince George Learning Complex: Landover, MD

Results

....Women Pole Vault

-- # 132 Roney, Jessica SO Maryland-Eas NH
2.30
XXX

Women Long Jump

MEAC: * 5.55m 2/16/2018 Faleesha Dowe, Delaware Sta									
Name	Year	School	Finals	Alternate					
1 # 9 Nichols, Monae'	SO	Bethune-Cookman	6.00m*	19-08.25					
5.82m 5.96m 5.98m 5.56m 6.00m	PASS								
2 # 284 Tyler, Ars'Breana	JR	South Carolina St.	5.83m*	19-01.50					
5.53m 5.49m FOUL 5.62m 5.59m 5.83m									
3 # 222 Seabrook, Kiana	SR	N.C. Central	5.73m*	18-09.75					
5.48m 5.72m 5.36m 5.72m 5.73m 5.43m									
4 # 239 James, Kellyann	SR	Norfolk State	5.48m	17-11.75					
5.28m 5.25m 5.30m 5.24m 5.25m 5.48m									
5 # 36 Bohler, Randi	SR	Coppin State	5.42m	17-09.50					
5.42m 5.22m 5.36m FOUL 5.16m 5.22m									
6 # 270 Pellington, Toni	FR	Savannah State	5.39m	17-08.25					
5.37m 5.39m 5.36m 5.23m 5.05m 5.04m									
7 # 125 English, Naomi	FR	Maryland-Eas	5.38m	17-08.00					
5.38m 5.34m 5.13m 5.24m 5.29m 5.15m									
8 # 81 Corbett, Tiara	JR	Florida A&M	5.36m	17-07.00					
5.24m 5.36m 4.34m 4.82m 5.06m 4.99m									
9 # 58 Igwebuike, Precio	JR	Delaware State	5.28m	17-04.00					
5.28m 5.08m 5.22m FOUL 5.14m 5.25m									
10 # 171 Akobundu, Madelei	JR	N. Carolina A&T	5.25m	17-02.75					
FOUL FOUL 5.25m									
11 # 152 Moore, Diamond	FR	Morgan State	5.15m	16-10.75					
5.15m 5.15m 5.06m									
12 # 109 Rice, Kylan	FR	Howard	5.10m	16-08.75					
FOUL 5.10m FOUL									

Women Triple Jump

MEAC: * 13.06m 2000 Elisa Funchess, SCSU									
Name	Year	School	Finals	Alternate					
1 # 216 Crenshaw, Bhrandi	SO	N.C. Central	12.53m	41-01.50					
12.53m 12.49m 12.42m	PASS	12.14m 11.96m							
2 # 9 Nichols, Monae'	SO	Bethune-Cookman	12.43m	40-09.50					
11.79m 11.76m 12.15m		12.18m 12.30m 12.43m							
3 # 217 Ferguson, Taelor	SO	N.C. Central	12.18m	39-11.50					
12.18m 11.72m 12.00m		11.74m 11.66m 11.67m							
4 # 133 Shittu, Attinuke	FR	Maryland-Eas	12.05m	39-06.50					
11.88m 12.05m 11.90m		11.37m 11.12m 11.67m							
5 # 178 Johnson, Royce	SO	N. Carolina A&T	12.03m	39-05.75					
11.58m 11.92m 12.03m		11.71m 11.67m 12.01m							
6 # 221 Robertson, Keila	JR	N.C. Central	12.03m	39-05.75					
11.02m 11.66m 11.88m		11.77m 12.00m 12.03m							
7 # 102 Edler, Rachel	SO	Howard	12.03m	39-05.75					
12.03m 11.40m 11.88m	FOUL	11.38m 11.78m							

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019

Indoor Championships

Prince George Learning Complex: Landover, MD

Results

....Women Triple Jump

8 #	81 Corbett, Tiara	JR Florida A&M	12.00m	39-04.50
	11.94m FOUL 11.79m 11.85m 12.00m 11.98m			
9 #	7 McNeal, Christine	SO Bethune-Cookman	12.00m	39-04.50
	FOUL 11.41m 12.00m 11.80m 11.66m FOUL			
10 #	82 Dennis, Jazmyn	SO Florida A&M	11.86m	38-11.00
	11.77m 11.73m 11.86m			
11 #	93 Robertson, Rachel	FR Florida A&M	11.82m	38-09.50
	11.82m 11.79m 11.41m			
12 #	150 Mines, Alantra	SO Morgan State	11.55m	37-10.75
	FOUL FOUL 11.55m			
13 #	156 Washington, Zhane	JR Morgan State	11.40m	37-05.00
	FOUL 11.40m FOUL			
14 #	223 Stevenson, Deja	JR N.C. Central	11.26m	36-11.50
	FOUL FOUL 11.26m			
15 #	282 McClary, Marie	SR South Carolina St.	11.11m	36-05.50
	10.91m 11.11m FOUL			
16 #	239 James, Kellyann	SR Norfolk State	10.60m	34-09.50
	10.60m FOUL FOUL			
-- #	322 Aldarondo, Valeri	SO Savannah State	FOUL	
	FOUL PASS PASS			

Women Shot Put

MEAC: * 11.57m 2/16/2018 Kaitlin Scott, Hampton				
Name	Year	School	Finals	Alternate
1 #	177 James, Loren	SO N. Carolina A&T	14.74m*	48-04.50
	13.75m 14.69m 14.23m 14.31m FOUL 14.74m			
2 #	98 Solomon, Dorian	SO Florida A&M	14.51m*	47-07.25
	12.86m 14.01m 14.51m FOUL 13.75m 12.69m			
3 #	84 Gorum, Taylor	SO Florida A&M	14.20m*	46-07.25
	FOUL 14.20m 13.36m 13.55m FOUL 13.92m			
4 #	4 Hall, Letrice	FR Bethune-Cookman	14.12m*	46-04.00
	12.70m 14.12m FOUL FOUL FOUL 12.99m			
5 #	89 Lewis, Markeisha	SO Florida A&M	13.41m*	44-00.00
	13.23m 13.41m FOUL FOUL 12.32m 12.70m			
6 #	43 Newby, Alanna	JR Coppin State	13.04m*	42-09.50
	12.29m 12.32m 12.46m 12.40m 12.48m 13.04m			
7 #	248 Simms, Tiara	FR Norfolk State	12.71m*	41-08.50
	9.91m FOUL 11.50m 11.78m 12.71m 12.46m			
8 #	157 West, Jaida	SO Morgan State	12.44m*	40-09.75
	11.77m 12.44m FOUL FOUL FOUL FOUL			
9 #	101 Clark, Kaylah	SO Howard	12.32m*	40-05.00
	FOUL 11.54m 11.99m 12.21m 12.32m FOUL			
10 #	280 Guthrie, Taylor	SO South Carolina St.	10.61m	34-09.75
	10.48m 10.61m FOUL			
11 #	318 Gonzales, Salma	SO Savannah State	7.25m	23-09.50
	7.25m PASS PASS			

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019**Indoor Championships****Prince George Learning Complex: Landover, MD****Results****Women Weight Throw**

MEAC: * 18.58m 2010		Allison Randall, MSU			
Name	Year	School	Finals	Alternate	
1 # 84 Gorum, Taylor	SO	Florida A&M	19.11m*	62-08.50	
18.24m 18.83m FOUL	FOUL	FOUL	19.11m		
2 # 281 Hunter, Keturah	SO	South Carolina St.	17.86m	58-07.25	
17.86m 17.64m 17.85m	FOUL	FOUL	FOUL		
3 # 177 James, Loren	SO	N. Carolina A&T	17.41m	57-01.50	
16.92m FOUL FOUL	16.94m	17.41m	16.17m		
4 # 37 Deacon, Kristen	SR	Coppin State	17.29m	56-08.75	
15.51m 16.21m 16.93m	16.32m	17.29m	16.43m		
5 # 6 Hill, Jayla	FR	Bethune-Cookman	16.77m	55-00.25	
16.77m FOUL 15.78m	FOUL	FOUL	FOUL		
6 # 98 Solomon, Dorian	SO	Florida A&M	16.66m	54-08.00	
16.66m 15.57m 15.06m	FOUL	14.77m	15.66m		
7 # 149 McLean, Nikelene	SR	Morgan State	16.64m	54-07.25	
16.47m 16.64m 15.49m	FOUL	14.33m	FOUL		
8 # 95 Scott, Onnika	SR	Florida A&M	16.53m	54-02.75	
14.98m FOUL 16.53m	16.46m	16.06m	16.30m		
9 # 96 Simmons, Olivia	JR	Florida A&M	15.74m	51-07.75	
FOUL FOUL 15.74m	FOUL	14.43m	15.56m		
10 # 236 Burrell, Daiysa	JR	Norfolk State	15.68m	51-05.50	
15.05m FOUL 15.68m					
11 # 315 Figueroa, Alelee	JR	Florida A&M	15.54m	51-00.00	
FOUL 14.50m 15.54m					
12 # 243 Parker, Arieana	FR	Norfolk State	14.78m	48-06.00	
14.30m FOUL 14.78m					
13 # 269 Lodge, Kanani	SR	Savannah State	14.39m	47-02.50	
14.22m 14.14m 14.39m					
14 # 103 Effiom, Diana	FR	Howard	14.39m	47-02.50	
13.10m 14.39m 13.72m					
15 # 97 Simpson, Georgett	FR	Florida A&M	14.04m	46-00.75	
14.04m 13.97m 13.50m					
16 # 155 Umrani-Sanders, N	FR	Morgan State	13.51m	44-04.00	
12.63m FOUL 13.51m					
17 # 14 Williams, Runeshi	SO	Bethune-Cookman	13.12m	43-00.50	
FOUL FOUL 13.12m					

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	Year	School	Finals	Points	Alternate
1 # 12 Shaw, Thea	FR	Bethune-Cookman	2:33.69	647	
2 # 79 Alvin, Ed'Quisha	JR	Florida A&M	2:35.26	628	
3 # 314 Bryant, Catherine	SR	Florida A&M	2:36.47	614	
4 # 271 Sewell, Jaylen	SO	Savannah State	2:41.09	560	
5 # 132 Roney, Jessica	SO	Maryland-Eas	2:42.95	539	
6 # 58 Igwebuike, Precio	JR	Delaware State	2:43.60	532	
7 # 11 Roberts, Dana	SR	Bethune-Cookman	2:45.28	514	
8 # 185 Salmon, Paula	FR	N. Carolina A&T	2:47.50	490	
9 # 152 Moore, Diamond	FR	Morgan State	2:47.61	489	
10 # 239 James, Kellyann	SR	Norfolk State	2:49.74	466	
11 # 9 Nichols, Monae'	SO	Bethune-Cookman	2:53.06	432	
12 # 279 Gillespie, Ariyon	JR	South Carolina St.	2:54.83	415	

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019

Indoor Championships

Prince George Learning Complex: Landover, MD

Results

....Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

13 #	8 Morrison, Quamech	SR Bethune-Cookman	2:55.18	411
14 #	36 Bohler, Randi	SR Coppin State	3:37.96	94

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Name	Year	School	Finals	H#	Points	Alternate
1 #	185	Salmon, Paula	FR N. Carolina A&T	8.61	4	993
2 #	8	Morrison, Quamech	SR Bethune-Cookman	8.68	4	978
3 #	9	Nichols, Monae'	SO Bethune-Cookman	8.79	3	954
4 #	239	James, Kellyann	SR Norfolk State	9.14	3	881
5 #	12	Shaw, Thea	FR Bethune-Cookman	9.16	1	877
6 #	271	Sewell, Jaylen	SO Savannah State	9.18	1	873
7 #	152	Moore, Diamond	FR Morgan State	9.20	2	869
8 #	79	Alvin, Ed'Quisha	JR Florida A&M	9.22	4	865
9 #	36	Bohler, Randi	SR Coppin State	9.25	1	858
10 #	58	Igwebuike, Precio	JR Delaware State	9.26	2	856
11 #	279	Gillespie, Ariyon	JR South Carolina St.	9.27	4	854
12 #	132	Roney, Jessica	SO Maryland-Eas	9.36	2	836
13 #	314	Bryant, Catherine	SR Florida A&M	9.78	3	754
14 #	11	Roberts, Dana	SR Bethune-Cookman	9.81	3	748

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Year	School	Finals	Points	Alternate
1 #	8	Morrison, Quamech	SR Bethune-Cookman	1.74m	5-08.50 903
				1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80	
				PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O PPP XXO PPP XXX	
2 #	12	Shaw, Thea	FR Bethune-Cookman	1.68m	5-06.00 830
				1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71	
				PPP PPP PPP PPP PPP PPP PPP O O O O O XO XO XXX	
3 #	79	Alvin, Ed'Quisha	JR Florida A&M	1.65m	5-05.00 795
				1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68	
				PPP PPP PPP PPP PPP O PPP O PPP O O O XXX	
3 #	185	Salmon, Paula	FR N. Carolina A&T	1.65m	5-05.00 795
				1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68	
				PPP PPP PPP PPP PPP PPP PPP O PPP O O O XXX	
5 #	152	Moore, Diamond	FR Morgan State	1.62m	5-03.75 759
				1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65	
				PPP PPP PPP PPP PPP PPP PPP O O XO XO XXX	
6 #	11	Roberts, Dana	SR Bethune-Cookman	1.59m	5-02.50 724
				1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62	
				PPP PPP PPP PPP PPP PPP O O O XO XXX	
6 #	9	Nichols, Monae'	SO Bethune-Cookman	1.59m	5-02.50 724
				1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62	
				PPP PPP PPP PPP PPP PPP XO O XO XO XXX	
8 #	58	Igwebuike, Precio	JR Delaware State	1.56m	5-01.25 689
				1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59	
				PPP PPP PPP PPP PPP XO O O O XXX	
8 #	314	Bryant, Catherine	SR Florida A&M	1.56m	5-01.25 689
				1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59	
				PPP PPP PPP O PPP PPP O XO O XXX	

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019**Indoor Championships****Prince George Learning Complex: Landover, MD****Results****....Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon**

10 #	271 Sewell, Jaylen	SO Savannah State	1.53m	5-00.25	655
	1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56				
	0 0 0 0 0 XO XO 0 XXX				
11 #	239 James, Kellyann	SR Norfolk State	1.50m	4-11.00	621
	1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53				
	PPP 0 0 0 0 O XXO XXX				
12 #	36 Bohler, Randi	SR Coppin State	1.47m	4-09.75	588
	1.32 1.35 1.38 1.41 1.44 1.47 1.50				
	0 0 0 0 0 XO XXX				
13 #	279 Gillespie, Ariyon	JR South Carolina St.	1.32m	4-04.00	429
	1.32 1.35				
	XO XXX				
-- #	132 Roney, Jessica	SO Maryland-Eas		NH	
	1.32 1.35 1.38				
	PPP PPP XXX				

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Name	Year School	Finals	Points	Alternate
1 # 9 Nichols, Monae'	SO Bethune-Cookman	5.84m 19-02.00	801	
		5.30m 5.84m 5.78m		
2 # 36 Bohler, Randi	SR Coppin State	5.36m 17-07.00	660	
		5.22m 5.36m 4.88m		
3 # 239 James, Kellyann	SR Norfolk State	5.27m 17-03.50	634	
		5.24m FOUL 5.27m		
4 # 58 Igwebuike, Precio	JR Delaware State	5.21m 17-01.25	617	
		5.12m 5.21m 5.13m		
5 # 79 Alvin, Ed'Quisha	JR Florida A&M	5.15m 16-10.75	601	
		4.96m 5.03m 5.15m		
6 # 8 Morrison, Quamech	SR Bethune-Cookman	5.14m 16-10.50	598	
		4.95m PASS 5.14m		
7 # 271 Sewell, Jaylen	SO Savannah State	4.98m 16-04.25	554	
		3.45m 4.98m 4.72m		
8 # 152 Moore, Diamond	FR Morgan State	4.95m 16-03.00	546	
		4.95m 4.92m FOUL		
9 # 314 Bryant, Catherine	SR Florida A&M	4.89m 16-00.50	530	
		4.33m 4.89m FOUL		
10 # 279 Gillespie, Ariyon	JR South Carolina St.	4.88m 16-00.25	527	
		4.71m 4.88m 4.59m		
11 # 12 Shaw, Thea	FR Bethune-Cookman	4.75m 15-07.00	492	
		4.67m 4.75m 4.69m		
12 # 11 Roberts, Dana	SR Bethune-Cookman	4.72m 15-06.00	485	
		4.28m 4.72m 4.71m		
13 # 132 Roney, Jessica	SO Maryland-Eas	4.32m 14-02.25	384	
		4.32m 4.25m 4.17m		
14 # 185 Salmon, Paula	FR N. Carolina A&T	3.73m 12-03.00	248	
		FOUL 3.73m 3.13m		

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Year School	Finals	Points	Alternate
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Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019**Indoor Championships****Prince George Learning Complex: Landover, MD****Results****....Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon**

1 #	314 Bryant, Catherine	SR Florida A&M	10.80m	35-05.25	582
	10.80m 10.36m 9.88m				
2 #	58 Igwebuike, Precio	JR Delaware State	10.71m	35-01.75	576
	10.62m 10.71m 10.42m				
3 #	239 James, Kellyann	SR Norfolk State	10.56m	34-07.75	566
	10.56m 10.34m 10.25m				
4 #	8 Morrison, Quamech	SR Bethune-Cookman	10.52m	34-06.25	564
	10.52m 9.84m 9.34m				
5 #	79 Alvin, Ed'Quisha	JR Florida A&M	10.36m	34-00.00	553
	10.36m 9.90m 10.20m				
6 #	279 Gillespie, Ariyon	JR South Carolina St.	10.04m	32-11.25	532
	10.04m 9.69m 9.43m				
7 #	185 Salmon, Paula	FR N. Carolina A&T	9.77m	32-00.75	514
	9.59m 9.77m PASS				
8 #	12 Shaw, Thea	FR Bethune-Cookman	9.71m	31-10.25	510
	9.06m 9.71m FOUL				
9 #	36 Bohler, Randi	SR Coppin State	9.37m	30-09.00	488
	FOUL 9.37m 8.93m				
10 #	152 Moore, Diamond	FR Morgan State	8.40m	27-06.75	425
	8.04m 7.97m 8.40m				
11 #	132 Roney, Jessica	SO Maryland-Eas	8.39m	27-06.50	425
	8.28m 8.39m 8.09m				
12 #	11 Roberts, Dana	SR Bethune-Cookman	7.95m	26-01.00	396
	7.78m 7.95m 7.93m				
13 #	271 Sewell, Jaylen	SO Savannah State	7.84m	25-08.75	389
	FOUL 7.84m FOUL				
14 #	9 Nichols, Monae'	SO Bethune-Cookman	7.46m	24-05.75	365
	5.75m 7.46m FOUL				

Women Indoor Pentathlon

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	MEAC: *	3636	2012	Claudia Calder, HAMP	
Name	Year	School	Finals	Alternate	
=====					
1 #	8 Morrison, Quamech	SR Bethune-Cookman	3454		
2 #	79 Alvin, Ed'Quisha	JR Florida A&M	3442		
3 #	12 Shaw, Thea	FR Bethune-Cookman	3356		
4 #	9 Nichols, Monae'	SO Bethune-Cookman	3276		
5 #	58 Igwebuike, Precio	JR Delaware State	3270		
6 #	314 Bryant, Catherine	SR Florida A&M	3169		
7 #	239 James, Kellyann	SR Norfolk State	3168		
8 #	152 Moore, Diamond	FR Morgan State	3088		
9 #	185 Salmon, Paula	FR N. Carolina A&T	3040		
10 #	271 Sewell, Jaylen	SO Savannah State	3031		
11 #	11 Roberts, Dana	SR Bethune-Cookman	2867		
12 #	279 Gillespie, Ariyon	JR South Carolina St.	2757		
13 #	36 Bohler, Randi	SR Coppin State	2688		
14 #	132 Roney, Jessica	SO Maryland-Eas	2184		

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019**Indoor Championships****Prince George Learning Complex: Landover, MD****Results****Men 60 Meter Dash****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

MEAC: * 7.01 2/15/2018 Trey Clark, Hampton

Name	Year	School	Prelims	H#	Alternate
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Preliminaries

1 #	206	Mitchell, Jaylan	JR	N. Carolina A&T	* 6.74Q	3
2 #	207	Rowe, Rodney	SR	N. Carolina A&T	* 6.76Q	1
3 #	208	Sirleaf, Akeem	JR	N. Carolina A&T	* 6.86Q	2
4 #	29	Thomas, Curtis	JR	Bethune-Cookman	* 6.87q	2 6.865
5 #	255	Brown, Keith	SO	Norfolk State	* 6.87q	1 6.867
6 #	296	Seawright, Daniel	SO	South Carolina St.	* 6.89q	3
7 #	194	Croom-McFadden, M	FR	N. Carolina A&T	* 6.93q	2
8 #	20	Green, Randy	SO	Bethune-Cookman	* 6.94q	3
9 #	76	Rosembert, Edwin	SO	Delaware State	* 6.97	1
10 #	292	Rember-Jett, Wade	FR	South Carolina St.	* 6.98	1
11 #	15	Bailey, Henrick	SR	Bethune-Cookman	* 6.99	1
12 #	51	Manu, Joseph	SO	Coppin State	7.02	1
13 #	28	Sharp, Joshua	SR	Bethune-Cookman	7.04	3
14 #	274	Bartee, Carlous	SO	Savannah State	7.06	2
15 #	275	Darius, Iverson	FR	Savannah State	7.08	2
16 #	233	Roberts, Issac	SR	N.C. Central	7.09	1
17 #	159	Cofield, Jordan	FR	Morgan State	7.11	1
18 #	121	Lombard, Korey	SR	Howard	7.15	3
19 #	55	Westcarr, Theodor	SO	Coppin State	7.17	3
20 #	232	Polk, Joshua	FR	N.C. Central	7.28	2
21 #	139	Nelson, Jaylin	FR	Maryland-Eas	7.44	2

Men 60 Meter Dash

MEAC: * 7.01 2/15/2018 Trey Clark, Hampton

Name	Year	School	Finals	Alternate
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Finals

1 #	207	Rowe, Rodney	SR	N. Carolina A&T	6.72*
2 #	206	Mitchell, Jaylan	JR	N. Carolina A&T	6.73*
3 #	255	Brown, Keith	SO	Norfolk State	6.77*
4 #	208	Sirleaf, Akeem	JR	N. Carolina A&T	6.83*
5 #	29	Thomas, Curtis	JR	Bethune-Cookman	6.88*
6 #	194	Croom-McFadden, M	FR	N. Carolina A&T	6.89*
7 #	296	Seawright, Daniel	SO	South Carolina St.	6.97*
8 #	20	Green, Randy	SO	Bethune-Cookman	6.99*

Men 200 Meter Dash**Top 8 Advance by Time**

MEAC: * 21.08 2012 Sean Holston, NSU

Name	Year	School	Prelims	H#	Alternate
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Preliminaries

1 #	209	Stewart, Trevor	SO	N. Carolina A&T	21.63q	5
2 #	167	Rantin, Keon	SO	Morgan State	21.67q	8
3 #	251	Barnes, Trequan	SO	Norfolk State	21.83q	8
4 #	207	Rowe, Rodney	SR	N. Carolina A&T	21.87q	1
5 #	197	Hamilton, Justin	SR	N. Carolina A&T	21.93q	7

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019

Indoor Championships

Prince George Learning Complex: Landover, MD

Results

....Men 200 Meter Dash

6 #	195	Dickson, Michael	SR	N. Carolina A&T	22.00q	6	
7 #	162	James, Brandon	FR	Morgan State	22.05q	3	
8 #	32	Williams, Jordan	JR	Bethune-Cookman	22.07q	6	
9 #	208	Sirleaf, Akeem	JR	N. Carolina A&T	22.14	2	
10 #	255	Brown, Keith	SO	Norfolk State	22.19	8	
11 #	229	Lewis, Gordon	SO	N.C. Central	22.39	4	
12 #	135	Brown, Janoi	SO	Maryland-Eas	22.44	8	
13 #	31	Watson, Mario	FR	Bethune-Cookman	22.45	5	
14 #	51	Manu, Joseph	SO	Coppin State	22.52	7	
15 #	121	Lombard, Korey	SR	Howard	22.60	4	
16 #	191	Bell, Michael	SO	N. Carolina A&T	22.61	5	
17 #	274	Bartee, Carlous	SO	Savannah State	22.65	5	
18 #	231	Miles, Malik	SO	N.C. Central	22.72	1	
19 #	233	Roberts, Issac	SR	N.C. Central	22.78	6	
20 #	159	Cofield, Jordan	FR	Morgan State	22.84	1	
21 #	297	Watson, Malik	FR	South Carolina St.	22.85	7	
22 #	232	Polk, Joshua	FR	N.C. Central	22.86	4	
23 #	275	Darius, Iverson	FR	Savannah State	22.87	2	
24 #	286	Hammond, Kameron	JR	South Carolina St.	22.90	6	22.893
25 #	113	Chigbue, Kenneth	SR	Howard	22.90	7	22.900
26 #	123	Payne, Corinthian	FR	Howard	22.92	3	
27 #	65	Allen, Julius	SR	Delaware State	23.29	2	
28 #	15	Bailey, Henrick	SR	Bethune-Cookman	23.41	3	
-- #	55	Westcarr, Theodor	SO	Coppin State	FS	2	
-- #	293	Richard, Tyrell	SR	South Carolina St.	FS	4	

Men 200 Meter Dash

MEAC: * 21.08 2012 Sean Holston, NSU

Name	Year	School	Finals	H#	Alternate
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Finals

1 #	207	Rowe, Rodney	SR	N. Carolina A&T	21.42	2	
2 #	167	Rantin, Keon	SO	Morgan State	21.56	2	
3 #	209	Stewart, Trevor	SO	N. Carolina A&T	21.59	2	21.586
4 #	197	Hamilton, Justin	SR	N. Carolina A&T	21.59	1	21.587
5 #	251	Barnes, Trequan	SO	Norfolk State	21.75	2	
6 #	195	Dickson, Michael	SR	N. Carolina A&T	21.95	1	
7 #	162	James, Brandon	FR	Morgan State	22.14	1	
8 #	32	Williams, Jordan	JR	Bethune-Cookman	23.45	1	

Men 400 Meter Dash

Top 8 Advance by Time

MEAC: * 47.24 2012 Sean Holston, NSU

Name	Year	School	Prelims	H#	Alternate
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Preliminaries

1 #	293	Richard, Tyrell	SR	South Carolina St.	47.44q	1	
2 #	209	Stewart, Trevor	SO	N. Carolina A&T	47.58q	3	
3 #	251	Barnes, Trequan	SO	Norfolk State	48.08q	2	
4 #	197	Hamilton, Justin	SR	N. Carolina A&T	48.13q	4	
5 #	167	Rantin, Keon	SO	Morgan State	48.67q	1	
6 #	32	Williams, Jordan	JR	Bethune-Cookman	48.73q	5	

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019

Indoor Championships

Prince George Learning Complex: Landover, MD

Results

....Men 400 Meter Dash

7 #	67	Brown, Julian	SO Delaware State	49.29q	2
8 #	204	Mighty, Kemarni	JR N. Carolina A&T	49.45q	5
9 #	262	Pinder, Justin	SR Norfolk State	49.54	1 49.539
10 #	135	Brown, Janoi	SO Maryland-Eas	49.54	4 49.540
11 #	276	Ellis-Foster, Mor	SR Savannah State	49.64	3
12 #	229	Lewis, Gordon	SO N.C. Central	49.78	2
13 #	291	Martin, Joshua	SO South Carolina St.	49.89	3 49.884
14 #	289	Kinloch, Dyrell	JR South Carolina St.	49.89	3 49.890
15 #	31	Watson, Mario	FR Bethune-Cookman	49.94	4
16 #	287	Hardy, Treshawn	JR South Carolina St.	50.24	5
17 #	162	James, Brandon	FR Morgan State	50.35	5
18 #	113	Chigbue, Kenneth	SR Howard	52.18	4
19 #	54	Turner, Justin	JR Coppin State	53.46	2

Men 400 Meter Dash

MEAC: * 47.24 2012 Sean Holston, NSU

Name	Year	School	Finals	H#	Alternate
Finals					
1 #	293	Richard, Tyrell	SR South Carolina St.	46.62*	2
2 #	209	Stewart, Trevor	SO N. Carolina A&T	47.04*	2
3 #	251	Barnes, Trequan	SO Norfolk State	47.33	2
4 #	197	Hamilton, Justin	SR N. Carolina A&T	47.49	2
5 #	32	Williams, Jordan	JR Bethune-Cookman	48.37	1
6 #	167	Rantin, Keon	SO Morgan State	48.47	1
7 #	204	Mighty, Kemarni	JR N. Carolina A&T	49.01	1
8 #	67	Brown, Julian	SO Delaware State	49.40	1

Men 800 Meter Run

MEAC: * 1:51.35 2015 Edose Ibadin, HAMP

Name	Year	School	Finals	H#	Alternate
1 #	200	Kimtai, Regan	FR N. Carolina A&T	1:53.42	2
2 #	272	Abbkar, Abbas	JR Savannah State	1:54.53	2
3 #	46	Addison, Anija	SR Coppin State	1:54.97	2
4 #	259	Jihad, Kamil	FR Norfolk State	1:55.02	2
5 #	122	Nixon, Aariq	FR Howard	1:56.19	1
6 #	193	Brown, Coy	JR N. Carolina A&T	1:56.64	1
7 #	142	Robertson, Jonath	SO Maryland-Eas	1:57.28	1 1:57.277
8 #	49	Johnson, Cheyenne	SO Coppin State	1:57.28	2 1:57.279
9 #	288	Jeffers, Tyler	FR South Carolina St.	2:00.01	1
10 #	16	Berryhill, Camero	JR Bethune-Cookman	2:00.69	2

Men 1 Mile Run

MEAC: * 4:13.65 2002 Nickie Peters, CSU

Name	Year	School	Finals	Alternate
1 #	200	Kimtai, Regan	FR N. Carolina A&T	4:20.32
2 #	17	Berryhill, Carlin	JR Bethune-Cookman	4:21.58
3 #	23	Kiptoo, Daniel	SR Bethune-Cookman	4:23.94
4 #	317	Too, Lelei	SO Norfolk State	4:23.96

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019**Indoor Championships****Prince George Learning Complex: Landover, MD****Results****....Men 1 Mile Run**

5 #	257	Cheruiyot, Evans	FR Norfolk State	4:27.08
6 #	117	Fullerton, Tariq	SR Howard	4:27.35
7 #	260	Kipchirchir, Mesh	FR Norfolk State	4:29.30
8 #	134	Akakeya, John	JR Maryland-Eas	4:33.72
9 #	277	Sessoms, Terrance	SO Savannah State	4:34.91
10 #	74	McGhie, Corey	SO Delaware State	4:42.20

Men 3000 Meter Run

MEAC: * 8:34.21		2012	Josef Tessema, NSU		
Name	Year	School	Finals	Alternate	
1 #	17	Berryhill, Carlin	JR Bethune-Cookman	8:39.31	
2 #	317	Too, Lelei	SO Norfolk State	8:40.05	
3 #	260	Kipchirchir, Mesh	FR Norfolk State	8:40.39	
4 #	257	Cheruiyot, Evans	FR Norfolk State	8:45.12	
5 #	30	Walton, Xavier	SR Bethune-Cookman	8:55.62	
6 #	23	Kiptoo, Daniel	SR Bethune-Cookman	9:02.20	
7 #	273	Atakilti, Sahlu	JR Savannah State	9:03.91	
8 #	253	Bett, Festus	JR Norfolk State	9:04.72	
9 #	199	Kimble, Morris	FR N. Carolina A&T	9:07.80	
10 #	138	Kipruto, Edwin	FR Maryland-Eas	9:16.26	
-- #	200	Kimtai, Regan	FR N. Carolina A&T	DNF	

Men 5000 Meter Run

MEAC: * 14:33.96		2006	David Kemboi, NSU		
Name	Year	School	Finals	Alternate	
1 #	200	Kimtai, Regan	FR N. Carolina A&T	15:02.85	
2 #	257	Cheruiyot, Evans	FR Norfolk State	15:05.76	
3 #	17	Berryhill, Carlin	JR Bethune-Cookman	15:08.22	
4 #	260	Kipchirchir, Mesh	FR Norfolk State	15:14.39	
5 #	317	Too, Lelei	SO Norfolk State	15:14.78	
6 #	23	Kiptoo, Daniel	SR Bethune-Cookman	15:31.04	
7 #	30	Walton, Xavier	SR Bethune-Cookman	15:38.51	
8 #	253	Bett, Festus	JR Norfolk State	15:45.80	
9 #	138	Kipruto, Edwin	FR Maryland-Eas	16:00.15	
10 #	199	Kimble, Morris	FR N. Carolina A&T	16:00.52	
11 #	307	Mohamed, Suhieb	SO Savannah State	16:03.77	
12 #	71	Gill, Hasan	JR Delaware State	16:24.44	
13 #	285	Duncan, Tyler	FR South Carolina St.	16:28.34	

Men 60 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

MEAC: * 8.03		2/15/2018	Todd Townsend, N. Carolina		
Name	Year	School	Prelims	H#	Alternate
Preliminaries					
1 #	195	Dickson, Michael	SR N. Carolina A&T	* 7.81Q	1
2 #	50	Lewis, Aaron	JR Coppin State	* 7.96Q	2
3 #	203	McGriff, Cedric	FR N. Carolina A&T	8.21q	2
4 #	276	Ellis-Foster, Mor	SR Savannah State	8.25q	2

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019

Indoor Championships

Prince George Learning Complex: Landover, MD

Results

....Men 60 Meter Hurdles

5 #	116	Daniel, Ashton	FR	Howard	8.36q	1
6 #	316	Dawson, Kavante	SO	Delaware State	8.37q	2
7 #	250	Banks, Jaylen	JR	Norfolk State	8.38q	1
8 #	140	Onukwugha, Chisom	SO	Maryland-Eas	8.47q	2
9 #	225	Dennis, Brian	SO	N.C. Central	8.64	1
10 #	22	Heholt, Brent	JR	Bethune-Cookman	8.73	2

Men 60 Meter Hurdles

MEAC: * 8.03 2/15/2018 Todd Townsend, N. Carolina

Name	Year	School	Finals	Alternate
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Finals

1 #	195	Dickson, Michael	SR	N. Carolina A&T	7.88*
2 #	50	Lewis, Aaron	JR	Coppin State	7.95*
3 #	203	McGriff, Cedric	FR	N. Carolina A&T	8.13
4 #	276	Ellis-Foster, Mor	SR	Savannah State	8.25
5 #	140	Onukwugha, Chisom	SO	Maryland-Eas	8.31
6 #	116	Daniel, Ashton	FR	Howard	8.36
7 #	250	Banks, Jaylen	JR	Norfolk State	8.37
8 #	316	Dawson, Kavante	SO	Delaware State	8.38

Men 4x400 Meter Relay

MEAC: * 3:14.22 2014 HAMP, HAMP

School	Finals	H#	Alternate
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1	N. Carolina A&T 'A'	3:10.05*	2
	1) #208 Sirleaf, Akeem JR		2) #204 Mighty, Kemarni JR
	3) #209 Stewart, Trevor SO		4) #197 Hamilton, Justin SR
2	South Carolina St. 'A'	3:17.52	1
	1) #287 Hardy, Treshawn JR		2) #289 Kinloch, Dyrell JR
	3) #291 Martin, Joshua SO		4) #293 Richard, Tyrell SR
3	Norfolk State 'A'	3:17.90	2
	1) #251 Barnes, Trequan SO		2) #262 Pinder, Justin SR
	3) #259 Jihad, Kamil FR		4) #255 Brown, Keith SO
4	Morgan State 'A'	3:18.54	2
	1) #162 James, Brandon FR		2) #167 Rantin, Keon SO
	3) #164 Manley, Ra'Mel FR		4) #165 Oloyede, Adewunmi FR
5	N.C. Central 'A'	3:21.82	1
	1) #229 Lewis, Gordon SO		2) #231 Miles, Malik SO
	3) #232 Polk, Joshua FR		4) #227 Ingram, Da'Mon SO
6	Delaware State 'A'	3:22.36	2
	1) #73 Leach, Kendall JR		2) #67 Brown, Julian SO
	3) #66 Amobi, Gerald JR		4) #75 Rolley-Williams, Donte JR
7	Coppin State 'A'	3:24.26	2
	1) #51 Manu, Joseph SO		2) #55 Westcarr, Theodore SO
	3) #46 Addison, Anija SR		4) #49 Johnson, Cheyenne SO
8	Maryland-Eastern Shore 'A'	3:25.02	1
	1) #135 Brown, Janoi SO		2) #142 Robertson, Jonathan SO
	3) #139 Nelson, Jaylin FR		4) #134 Akakeya, John JR
9	Savannah State 'A'	3:25.71	1
	1) #278 Valcin, Andre FR		2) #272 Abbkar, Abbas JR
	3) #276 Ellis-Foster, Morgan SR		4) #328 Pack, Cameron JR

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019

Indoor Championships

Prince George Learning Complex: Landover, MD

Results

....Men 4x400 Meter Relay

10 Bethune-Cookman 'A'	3:29.01	2
1) #31 Watson, Mario FR	2) #26 Petty, DeAndre JR	
3) #24 Long, David FR	4) #29 Thomas, Curtis JR	
11 Howard 'A'	3:32.05	1
1) #121 Lombard, Korey SR	2) #113 Chigbue, Kenneth SR	
3) #326 Closson, Mekhi SO	4) #122 Nixon, Aariq FR	

Men Distance Medley

MEAC: * 10:03.35 2006		NSU, NSU		Finals	Alternate
School					
1 Bethune-Cookman 'A'				10:13.14	
1) #17 Berryhill, Carlin JR		2) #31 Watson, Mario FR			
3) #16 Berryhill, Cameron JR		4) #23 Kiptoo, Daniel SR			
2 N. Carolina A&T 'A'				10:14.70	
1) #202 McGee, Mar'Quise JR		2) #204 Mighty, Kemarni JR			
3) #193 Brown, Coy JR		4) #199 Kimble, Morris FR			
3 Norfolk State 'A'				10:14.93	
1) #317 Too, Lelei SO		2) #262 Pinder, Justin SR			
3) #259 Jihad, Kamil FR		4) #260 Kipchirchir, Meshack FR			
4 Howard 'A'				10:29.20	
1) #117 Fullerton, Tariq SR		2) #123 Payne, Corinthians FR			
3) #122 Nixon, Aariq FR		4) #118 Gordon-Bester, Anthony SO			
5 Savannah State 'A'				10:35.23	
1) #277 Sessoms, Terrance SO		2) #276 Ellis-Foster, Morgan SR			
3) #278 Valcin, Andre FR		4) #272 Abbkar, Abbas JR			
6 Maryland-Eastern Shore 'A'				10:41.98	
1) #134 Akakeya, John JR		2) #135 Brown, Janoi SO			
3) #142 Robertson, Jonathan SO		4) #138 Kipruto, Edwin FR			
7 South Carolina St. 'A'				10:49.04	
1) #290 Lynch, Marquis FR		2) #297 Watson, Malik FR			
3) #288 Jeffers, Tyler FR		4) #285 Duncan, Tyler FR			
8 Delaware State 'A'				10:51.00	
1) #74 McGhie, Corey SO		2) #316 Dawson, Kavante SO			
3) #66 Amobi, Gerald JR		4) #71 Gill, Hasan JR			

Men High Jump

Starting Height: 1.86m Raise 3cm increments

MEAC: * 2.20m 2008		Marlon Woods, NSU		Finals	Alternate
Name	Year	School			
1 # 261 Milton, Jacob	JR	Norfolk State		2.10m	6-10.75
1.86 1.91 1.96 2.01 2.04 2.07 2.10 2.22					
PPP PPP PPP PPP PPP	O	O	XXX		
2 # 234 Smalls, Omega	JR	N.C. Central		2.07m	6-09.50
1.86 1.91 1.96 2.01 2.04 2.07 2.10					
PPP PPP PPP O XO	O	XXX			
3 # 33 Williams, Kelton	SR	Bethune-Cookman		2.07m	6-09.50
1.86 1.91 1.96 2.01 2.04 2.07 2.10					
PPP O O XXO O	O	XXX			

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019**Indoor Championships****Prince George Learning Complex: Landover, MD****Results****....Men High Jump**

4 #	228 Jones, Marvin	SO N.C. Central	2.04m	6-08.25
	1.86 1.91 1.96 2.01 2.04 2.07			
	PPP PPP PPP XO O XXX			
5 #	168 Rhooms, Kobe-Jord	SO Morgan State	2.04m	6-08.25
	1.86 1.91 1.96 2.01 2.04 2.07			
	PPP PPP PPP O XO XXX			
6 #	24 Long, David	FR Bethune-Cookman	2.01m	6-07.00
	1.86 1.91 1.96 2.01 2.04			
	O O XO O XXX			
7 #	19 Galloway, Isaiah	JR Bethune-Cookman	2.01m	6-07.00
	1.86 1.91 1.96 2.01 2.04			
	O O O XO XXX			
8 #	258 Henley, Kequan	JR Norfolk State	2.01m	6-07.00
	1.86 1.91 1.96 2.01 2.04			
	PPP XO O XXO XXX			
9 #	265 Warner, Garth	JR Norfolk State	1.86m	6-01.25
	1.86 1.91 1.96 2.01 2.04			
	O PPP PPP PPP XXX			
-- #	309 Lawrence, Kymani	SO Savannah State	NH	
	1.86			
	XXX			
-- #	137 Goslee, Joshua	FR Maryland-Eas	NH	
	1.86			
	XXX			
-- #	166 Pressley, Daenah	SO Morgan State	NH	
	1.86 1.91 1.96			
	PPP PPP XXX			

Men Pole Vault

Starting Height: 3.52m Raise 10cm increments

MEAC: * 4.63m 2/15/2018 Trey Clark, Hampton

Name	Year School	Finals	Alternate
1 # 21 Harper, Dominic	SR Bethune-Cookman	4.70m*	15-05.00
	3.50 3.65 3.80 3.95 4.10 4.25 4.40 4.55 4.70 4.80		
	PPP PPP PPP PPP O PPP PPP O XO XXX		
2 # 254 Booker, Patrick	SO Norfolk State	3.95m	12-11.50
	3.50 3.65 3.80 3.95 4.10		
	O PPP O O XXX		
3 # 137 Goslee, Joshua	FR Maryland-Eas	3.80m	12-05.50
	3.50 3.65 3.80 3.95		
	O O XO XXX		
4 # 141 Parker, Shemar	FR Maryland-Eas	3.65m	11-11.75
	3.50 3.65 3.80		
	XO XO XXX		
-- # 294 Rucker, Kevin	SR South Carolina St.	NH	
	3.50		
	XXX		

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019

Indoor Championships

Prince George Learning Complex: Landover, MD

Results

Men Long Jump

MEAC: * 7.86m 2009		Corey Vinston, NSU			
Name	Year	School	Finals	Alternate	
1 # 198 Hicklin, Brandon	FR	N. Carolina A&T	7.47m	24-06.25	
			6.96m 6.96m 7.46m 7.21m 7.20m 7.47m		
2 # 18 Earls, JaiQuan	SO	Bethune-Cookman	7.30m	23-11.50	
			6.94m 6.94m FOUL FOUL 6.75m 7.30m		
3 # 296 Seawright, Daniel	SO	South Carolina St.	7.26m	23-10.00	
			FOUL 7.10m 6.94m 7.26m FOUL 7.01m		
4 # 263 Price, Bobby	JR	Norfolk State	7.21m	23-08.00	
			6.97m 6.99m 7.12m 7.21m 6.96m 7.15m		
5 # 27 Sampson, Joel	SR	Bethune-Cookman	7.20m	23-07.50	
			6.87m 6.80m FOUL 7.20m 7.08m FOUL		
6 # 168 Rhooms, Kobe-Jord	SO	Morgan State	6.88m	22-07.00	
			6.80m FOUL FOUL 6.88m FOUL 6.67m		
7 # 308 Gaston, Tracy	FR	Savannah State	6.82m	22-04.50	
			6.82m 5.83m 5.64m FOUL 6.53m 6.39m		
8 # 68 Brown, Roderick	SR	Delaware State	6.78m	22-03.00	
			6.48m 6.41m 6.37m FOUL 6.64m 6.78m		
9 # 52 Noel, Elijah	SR	Coppin State	6.60m	21-08.00	
			6.60m 6.56m FOUL 6.34m 5.18m 6.09m		
-- # 226 Gibson, Colby	FR	N.C. Central	ND		
			PASS PASS PASS		

Men Triple Jump

MEAC: * 16.27m 1986		Edward Smith, NCAT			
Name	Year	School	Finals	Alternate	
1 # 210 Strozier, Lasheon	SR	N. Carolina A&T	15.00m	49-02.50	
			14.02m 14.94m FOUL FOUL 15.00m PASS		
2 # 18 Earls, JaiQuan	SO	Bethune-Cookman	14.99m	49-02.25	
			14.54m 14.72m FOUL 14.57m FOUL 14.99m		
3 # 27 Sampson, Joel	SR	Bethune-Cookman	14.92m	48-11.50	
			14.65m 14.79m FOUL 14.49m 14.63m 14.92m		
4 # 168 Rhooms, Kobe-Jord	SO	Morgan State	14.71m	48-03.25	
			14.57m FOUL 14.55m FOUL 14.66m 14.71m		
5 # 72 Johnson, Tre	SO	Delaware State	14.25m	46-09.00	
			14.00m FOUL 14.25m 13.22m FOUL 13.94m		
6 # 250 Banks, Jaylen	JR	Norfolk State	13.72m	45-00.25	
			FOUL 13.49m 13.72m 13.69m FOUL 12.60m		
7 # 295 Sanford, Jalen	FR	South Carolina St.	13.62m	44-08.25	
			13.43m 13.52m FOUL FOUL FOUL 13.62m		
8 # 52 Noel, Elijah	SR	Coppin State	13.03m	42-09.00	
			FOUL FOUL FOUL FOUL FOUL 13.03m		
9 # 324 Ford, Malcolm	FR	Savannah State	12.24m	40-02.00	
			11.72m 11.79m FOUL 12.24m 11.59m 11.60m		

Men Shot Put

MEAC: * 14.43m 2/15/2018		Kurt Goodlitt, Morgan State			
Name	Year	School	Finals	Alternate	

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019**Indoor Championships****Prince George Learning Complex: Landover, MD****Results****....Men Shot Put**

1 #	25 Peters, Jeremiah	SR Bethune-Cookman	16.56m*	54-04.00
	16.56m FOUL 16.10m FOUL 15.75m 16.45m			
2 #	213 Wilkerson, Aaron	SO N. Carolina A&T	16.32m*	53-06.50
	15.64m 16.03m 16.32m 15.79m 15.86m FOUL			
3 #	211 Taylor, Obie	FR N. Carolina A&T	15.75m*	51-08.25
	14.41m 15.75m 14.67m FOUL 15.17m FOUL			
4 #	160 Elliott, Vikarie	JR Morgan State	15.57m*	51-01.00
	14.91m 15.57m 13.88m PASS PASS PASS			
5 #	161 Goodlitt, Kurt	JR Morgan State	15.37m*	50-05.25
	FOUL FOUL 15.37m 15.23m 14.93m FOUL			
6 #	53 Richards, Balvin	SO Coppin State	15.18m*	49-09.75
	14.24m 14.46m 14.61m 15.18m FOUL 14.74m			
7 #	212 Wheeler, Derrick	SR N. Carolina A&T	14.66m*	48-01.25
	13.87m 14.18m 14.45m 14.66m FOUL FOUL			
8 #	119 Hudson, David	SR Howard	13.81m	45-03.75
	12.82m 13.06m 13.81m 13.32m FOUL FOUL			
9 #	252 Barnes, Zaire	SO Norfolk State	13.50m	44-03.50
	13.50m 13.33m FOUL FOUL FOUL 12.79m			
10 #	70 Duncan, Robert	JR Delaware State	12.29m	40-04.00
	FOUL 12.29m FOUL			
11 #	323 Johnson, Michael	SO Savannah State	11.95m	39-02.50
	10.67m 11.50m 11.95m			
12 #	136 Dabipi, Tamunoibi	JR Maryland-Eas	11.66m	38-03.25
	FOUL 11.66m FOUL			

Men Weight Throw

MEAC: * 19.63m 2014		Emmanuel Stewart, MSU			
Name	Year	School	Finals	Alternate	
1 #	212 Wheeler, Derrick	SR N. Carolina A&T	17.48m	57-04.25	
	FOUL 15.40m 17.48m FOUL FOUL FOUL				
2 #	213 Wilkerson, Aaron	SO N. Carolina A&T	17.10m	56-01.25	
	16.45m FOUL 17.10m 15.75m FOUL 16.90m				
3 #	25 Peters, Jeremiah	SR Bethune-Cookman	17.06m	55-11.75	
	16.87m 16.23m 16.32m 17.02m 16.90m 17.06m				
4 #	196 Fofanah, Kevin	FR N. Carolina A&T	17.00m	55-09.25	
	15.88m 16.34m 16.18m 17.00m 16.58m FOUL				
5 #	136 Dabipi, Tamunoibi	JR Maryland-Eas	16.40m	53-09.75	
	FOUL 16.40m FOUL 15.86m 16.16m FOUL				
6 #	70 Duncan, Robert	JR Delaware State	15.81m	51-10.50	
	FOUL 15.81m FOUL FOUL FOUL FOUL				
7 #	161 Goodlitt, Kurt	JR Morgan State	15.28m	50-01.75	
	15.28m FOUL FOUL FOUL FOUL FOUL				
8 #	115 Codrington, Micha	FR Howard	13.08m	42-11.00	
	12.80m FOUL 12.38m 13.08m FOUL 12.97m				
9 #	310 Vasher, Connor	FR Savannah State	8.82m	28-11.25	
	8.27m FOUL FOUL FOUL 8.81m 8.82m				

Heptathlon: #1 Men 60 Meter Dash Heptathlon

Name	Year	School	Finals	Points	Alternate
1 #	250 Banks, Jaylen	JR Norfolk State	7.10	847	
2 #	230 Locklear, Tristan	SO N.C. Central	7.23	802	

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019

Indoor Championships

Prince George Learning Complex: Landover, MD

Results

....Heptathlon: #1 Men 60 Meter Dash Heptathlon

3 #	141 Parker, Shemar	FR Maryland-Eas	7.34	765
4 #	22 Heholt, Brent	JR Bethune-Cookman	7.36	759
5 #	34 Wright, Tyson	SR Bethune-Cookman	7.50	713
6 #	120 Imes IV, Steven	SO Howard	7.62	675
7 #	48 Goy, Tyrek	SO Coppin State	7.76	631

Heptathlon: #7 Men 1000 Meter Run Heptathlon

MEAC: * 2:47.49 2/15/2018 Jerrick Powell, Hampton

Name	Year	School	Finals	Points	Alternate
1 #	34	Wright, Tyson	SR Bethune-Cookman	2:52.86	736
2 #	250	Banks, Jaylen	JR Norfolk State	2:55.65	708
3 #	230	Locklear, Tristan	SO N.C. Central	2:55.96	704
4 #	22	Heholt, Brent	JR Bethune-Cookman	2:57.32	691
5 #	120	Imes IV, Steven	SO Howard	3:08.36	585
6 #	48	Goy, Tyrek	SO Coppin State	3:10.06	569
7 #	141	Parker, Shemar	FR Maryland-Eas	3:29.09	408

Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Name	Year	School	Finals	H#	Points	Alternate
1 #	250	Banks, Jaylen	JR Norfolk State	8.35	2	896
2 #	22	Heholt, Brent	JR Bethune-Cookman	8.66	1	823
3 #	34	Wright, Tyson	SR Bethune-Cookman	8.75	1	802
4 #	120	Imes IV, Steven	SO Howard	8.92	2	764
5 #	230	Locklear, Tristan	SO N.C. Central	9.33	1	675
6 #	141	Parker, Shemar	FR Maryland-Eas	9.50	2	639
7 #	48	Goy, Tyrek	SO Coppin State	10.04	2	533

Heptathlon: #4 Men High Jump Heptathlon

MEAC: * 1.96m 2/15/2018 Desmond Lindsey, Hampton

Name	Year	School	Finals	Points	Alternate	
1 #	22	Heholt, Brent	JR Bethune-Cookman	1.95m	6-04.75	758
				1.70 1.75 1.80 1.85 1.90 1.95 2.00		
				XO P O O O XXO XXX		
2 #	48	Goy, Tyrek	SO Coppin State	1.90m	6-02.75	714
				1.75 1.80 1.85 1.90 1.95		
				O P XXO O XXX		
3 #	34	Wright, Tyson	SR Bethune-Cookman	1.85m	6-00.75	670
				1.70 1.75 1.80 1.85 1.90		
				O P O O XXX		
4 #	250	Banks, Jaylen	JR Norfolk State	1.75m	5-08.75	585
				1.65 1.70 1.75 1.80		
				O O O XXX		
5 #	141	Parker, Shemar	FR Maryland-Eas	1.70m	5-07.00	544
				1.65 1.70 1.75		
				O XO XXX		
6 #	120	Imes IV, Steven	SO Howard	1.65m	5-05.00	504
				1.55 1.60 1.65 1.70		
				XO XO O XXX		

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019
Indoor Championships
Prince George Learning Complex: Landover, MD
Results

....Heptathlon: #4 Men High Jump Heptathlon

7 # 230 Locklear, Tristan SO N.C. Central 1.60m 5-03.00 464
 1.45 1.50 1.55 1.60 1.65
 O O O O XXX

Heptathlon: #6 Men Pole Vault Heptathlon

Name	Year	School	Finals	Points	Alternate
1 # 141 Parker, Shemar	FR	Maryland-Eas	3.95m 12-11.50	603	
			2.35 2.45 2.55 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05		
			PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP O XO O XO XXX		
2 # 34 Wright, Tyson	SR	Bethune-Cookman	3.15m 10-04.00	393	
			1.85 1.95 2.05 2.15 2.25 2.35 2.45 2.55 2.65 2.75 2.85 2.95 3.05 3.15 3.25		
			PPP PPP PPP PPP PPP PPP PPP PPP O PPP O PPP XXO O XXX		
3 # 22 Heholt, Brent	JR	Bethune-Cookman	2.85m 9-04.25	321	
			1.85 1.95 2.05 2.15 2.25 2.35 2.45 2.55 2.65 2.75 2.85 2.95 3.05		
			PPP PPP PPP PPP PPP PPP PPP PPP O PPP XO PPP XXX		
4 # 230 Locklear, Tristan	SO	N.C. Central	2.75m 9-00.25	298	
			1.85 1.95 2.05 2.15 2.25 2.35 2.45 2.55 2.65 2.75 2.85		
			PPP PPP PPP PPP PPP PPP PPP O PPP O XXX		
4 # 250 Banks, Jaylen	JR	Norfolk State	2.75m 9-00.25	298	
			1.85 1.95 2.05 2.15 2.25 2.35 2.45 2.55 2.65 2.75 2.85		
			O O PPP O O O O O XO O XXX		
6 # 48 Goy, Tyrek	SO	Coppin State	2.35m 7-08.50	210	
			1.85 1.95 2.05 2.15 2.25 2.35 2.45		
			O O PPP O O O XXX		
-- # 120 Imes IV, Steven	SO	Howard	NH		
			1.85		
			XXX		

Heptathlon: #2 Men Long Jump Heptathlon

MEAC: * 6.88m 2/15/2018 Jerrick Powell, Hampton

Name	Year	School	Finals	Points	Alternate
1 # 22 Heholt, Brent	JR	Bethune-Cookman	6.57m 21-06.75	713	
			6.48m 6.33m 6.57m		
1 # 34 Wright, Tyson	SR	Bethune-Cookman	6.57m 21-06.75	713	
			6.50m 6.44m 6.57m		
3 # 250 Banks, Jaylen	JR	Norfolk State	6.33m 20-09.25	659	
			6.33m FOUL 6.33m		
4 # 230 Locklear, Tristan	SO	N.C. Central	5.89m 19-04.00	563	
			5.89m 5.62m 5.87m		
5 # 120 Imes IV, Steven	SO	Howard	5.59m 18-04.25	500	
			5.34m 5.59m 5.35m		
5 # 48 Goy, Tyrek	SO	Coppin State	5.59m 18-04.25	500	
			5.25m 5.59m 5.42m		
7 # 141 Parker, Shemar	FR	Maryland-Eas	5.51m 18-01.00	483	
			5.51m 5.50m 5.34m		

Mid-Eastern Athletic Conferene - 2/21/2019 to 2/23/2019**Indoor Championships****Prince George Learning Complex: Landover, MD****Results****Heptathlon: #3 Men Shot Put Heptathlon**

Name	Year	School	Finals	Points	Alternate
1 # 22 Heholt, Brent 10.62m 10.27m 10.65m	JR	Bethune-Cookman	10.65m	34-11.25	525
2 # 250 Banks, Jaylen 10.05m 10.19m 9.62m	JR	Norfolk State	10.19m	33-05.25	497
3 # 230 Locklear, Tristan 8.89m 9.49m 9.49m	SO	N.C. Central	9.49m	31-01.75	455
4 # 48 Goy, Tyrek 8.90m 9.08m 9.39m	SO	Coppin State	9.39m	30-09.75	449
5 # 141 Parker, Shemar 8.82m FOUL 9.34m	FR	Maryland-Eas	9.34m	30-07.75	446
6 # 34 Wright, Tyson 9.28m 9.23m 8.97m	SR	Bethune-Cookman	9.28m	30-05.50	443
7 # 120 Imes IV, Steven 7.57m 7.28m 6.67m	SO	Howard	7.57m	24-10.00	341

Men Heptathlon

Name	Year	School	Finals	Alternate
MEAC: * 5378 2008 Harold Rose, BCC				
1 # 22 Heholt, Brent	JR	Bethune-Cookman	4590	
2 # 250 Banks, Jaylen	JR	Norfolk State	4490	
3 # 34 Wright, Tyson	SR	Bethune-Cookman	4470	
4 # 230 Locklear, Tristan	SO	N.C. Central	3961	
5 # 141 Parker, Shemar	FR	Maryland-Eas	3888	
6 # 48 Goy, Tyrek	SO	Coppin State	3606	
7 # 120 Imes IV, Steven	SO	Howard	3369	

Women - Team Rankings - 17 Events Scored

1) N. Carolina A&T	174	2) Florida A&M	118.50
3) Bethune-Cookman	98	4) Norfolk State	79
5) Morgan State	48.50	6) N.C. Central	41
7) Maryland-Eastern Shore	26	8) Howard	24
9) Coppin State	19	10) South Carolina St.	16
11) Savannah State	8	12) Delaware State	6

Men - Team Rankings - 17 Events Scored

1) N. Carolina A&T	191	2) Bethune-Cookman	141
3) Norfolk State	119	4) Morgan State	41
5) South Carolina St.	30	5) Maryland-Eastern Shore	30
7) Coppin State	24	8) N.C. Central	22
9) Savannah State	21	10) Howard	19
11) Delaware State	14		