PRELIMINARY CHAMPIONSHIPS SCHEDULE (2 SITES – 3 DAYS)

*(*All Times Eastern Standard Time – EST)*

Thursday

EVENT	TIME	DIVISION	ROUND
400 HURDLES	4:30 P.M.	WOMEN	FIRST ROUND
400 HURDLES	5:00 P.M.	MEN	FIRST ROUND
1500 METERS	5:30 P.M.	WOMEN	FIRST ROUND
1500 METERS	6:00 P.M.	MEN	FIRST ROUND
100 METERS	6:30 P.M.	WOMEN	FIRST ROUND
100 METERS	6:55 P.M.	MEN	FIRST ROUND
400 METERS	7:20 P.M.	WOMEN	FIRST ROUND
400 METERS	7:45 P.M.	MEN	FIRST ROUND
800 METERS	8:10 P.M.	WOMEN	FIRST ROUND
800 METERS	8:35 P.M.	MEN	FIRST ROUND
10,000 M	9:00 P.M.	WOMEN	SEMIFINAL
10,000 M	9:40 P.M.	MEN	SEMIFINAL
DISCUS	10:00 A .M.	MEN	QUALIFYING
LONG JUMP	1:00 P.M.	MEN	QUALIFYING
DISCUS	3:30 P.M.	WOMEN	QUALIFYING
POLE VAULT	4:30 P.M.	MEN	QUALIFYING
LONG JUMP	5:30 P.M.	WOMEN	QUALIFYING

Friday

EVENT	TIME	DIVISION	ROUND
110 HURDLES	5:00 P.M.	WOMEN	FIRST ROUND
100 HURDLES	5:30 P.M.	MEN	FIRST ROUND
400 METERS	6:00 P.M.	WOMEN	QUARTERFINAL
400 METERS	6:15 P.M	MEN	QUARTERFINAL
100 METERS	6:30 P.M.	WOMEN	QUARTERFINAL
100 METERS	6:45 P.M	MEN	QUARTERFINAL
800 METERS	7:00 P.M.	WOMEN	QUARTERFINAL
800 METERS	7:15 P.M.	MEN	QUARTERFINAL
400 HURDLES	7:30 P.M.	WOMEN	QUARTERFINAL
400 HURDLES	7:45 P.M.	MEN	QUARTERFINAL
200 METERS	8:00 P.M.	WOMEN	FIRST ROUND
200 METERS	8:25 P.M.	MEN	FIRST ROUND
3,000 STEEPLE	8:50 P.M.	WOMEN	QUARTERFINAL
3,000 STEEPLE	9:30 P.M.	MEN	QUARTERFINAL
HAMMER	10:00 A.M.	WOMEN	QUALIFYING
JAVELIN	2:00 P.M.	MEN	QUALIFYING
POLE VAULT	5:00 P.M.	WOMEN	QUALIFYING
SHOT PUT	5:00 P.M.	MEN	QUALIFYING
HIGH JUMP	6:00 P.M.	WOMEN	QUALIFYING

Saturday

EVENT	TIME	DIVISION	ROUND
4 X 100 RELAY	6:00 P.M.	WOMEN	QUARTERFINAL
4 X 100 RELAY	6:15 P.M.	MEN	QUARTERFINAL
1500 METERS	6:30 P.M.	WOMEN	QUARTERFINAL
1500 METERS	6:45 P.M.	MEN	QUARTERFINAL
110 HURDLES	7:05 P.M.	WOMEN	QUARTERFINAL
100 HURDLES	7:20 P.M.	MEN	QUARTERFINAL
200 METERS	7:35 P.M.	WOMEN	QUARTERFINAL
200 METERS	7:50 P.M.	MEN	QUARTERFINAL
5000 METERS	8:05 P.M.	WOMEN	SEMIFINAL
5000 METERS	8:45 P.M.	MEN	SEMIFINAL
4 X 400 RELAY	9:25 P.M.	WOMEN	QUARTERFINAL
4 X 400 RELAY	9:45 P.M.	MEN	QUARTERFINAL
HAMMER	10:00 A.M.	MEN	QUALIFYING
TRIPLE JUMP	1:00 P.M.	MEN	QUALIFYING
JAVELIN	2:00 P.M.	WOMEN	QUALIFYING
SHOT PUT	5:30 P.M.	WOMEN	QUALIFYING
TRIPLE JUMP	5:30 P.M.	WOMEN	QUALIFYING
HIGH JUMP	6:00 P.M.	MEN	QUALIFYING