

ALASKA ANCHORAGE

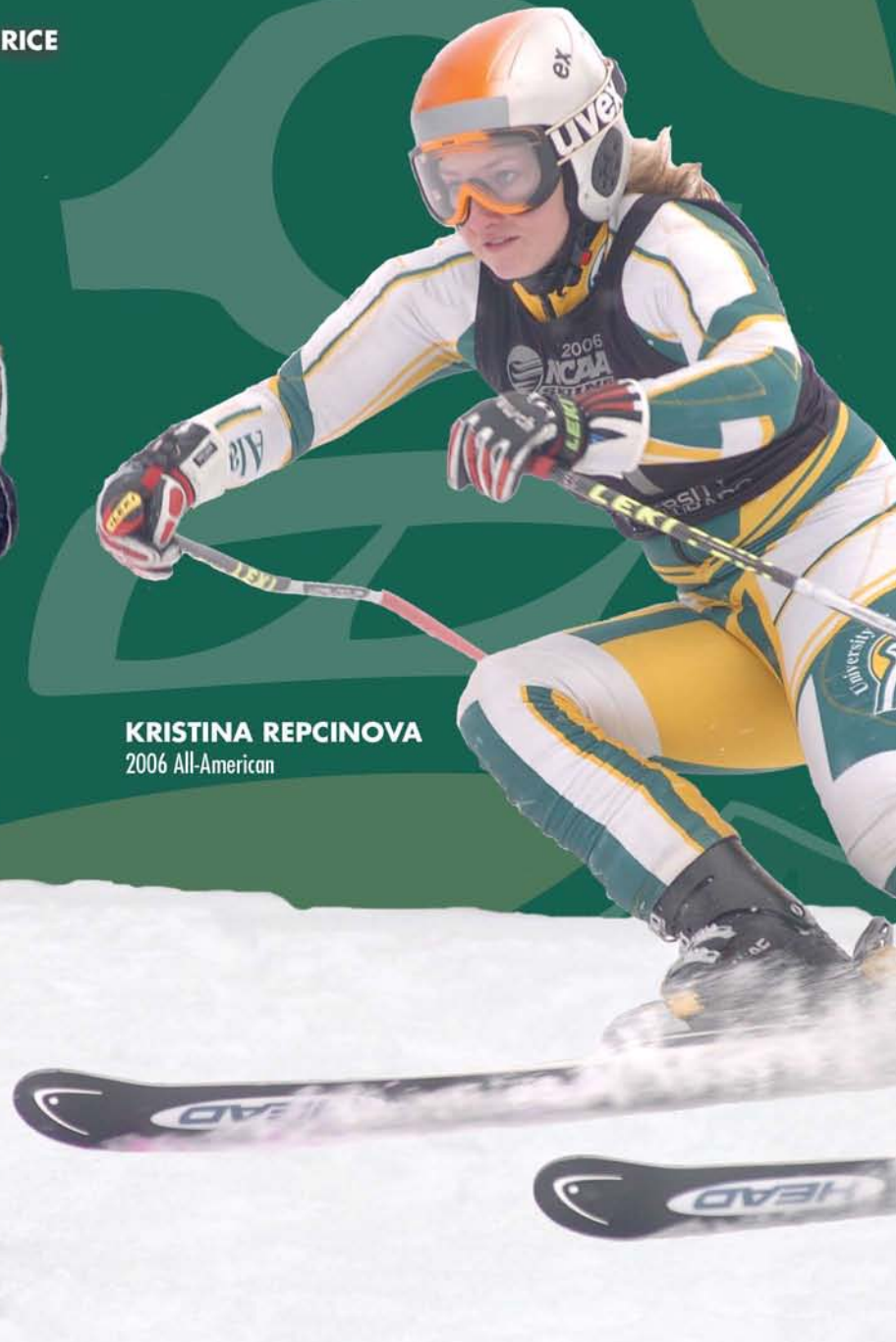
SKIING



2007



KASANDRA RICE
2006 All-American



KRISTINA REPCINOVA
2006 All-American

Alaska Anchorage Quick Facts

UAA GENERAL INFORMATION

Name: University of Alaska Anchorage
 Website: www.GoSeawolves.com
 Address: 3211 Providence Dr. Anchorage, AK 99508
 Founded: 1977
 Enrollment: 20,205
 Nickname: Seawolves
 Colors: Green & Gold
 Home Venues: Alyeska Resort (Alpine)
 Kincaid Park (Nordic)
 Affiliation: NCAA Division II
 Conference: Rocky Mountain Intercollegiate
 Skiing Association
 Chancellor: Dr. Elaine Maimon
 Athletics Director: Dr. Steve Cobb
 Athletics Dept. Phone: 907-786-1250

SKI TEAM STAFF

Head Coach: Trond Flagstad (Trondheim, '00)
 Office: 907-786-1285
 Email: nordic@uaa.alaska.edu
 Alpine Coach: Jeff Rust (Western State, '97)
 Office: 907-786-1309
 Email: rust@uaa.alaska.edu
 Assistant Alpine Coach: Meegan Lynch (Syracuse, '00)
 Office: 907-786-4806
 Email: alpine@uaa.alaska.edu
 Assistant Nordic Coach: Mandy Kaempf (UAA, '06)
 Office: 907-786-6104
 Email: kaempf.mandy@freenet.de
 SID Contact: Tad Dunham (Wyoming, '96)
 Office: 907-786-4625
 Email: td@uaa.alaska.edu
 SID Fax: 907-563-4565

HISTORY

First year of skiing: 1977
 All-time All-American certificates: 97 (W-44; M-53)
 Best NCAA Result: 5th (1993, 1997, 1998)
 Individual NCAA Titles: 8

TEAM INFORMATION

2006 NCAA Finish: 6th of 24
 2006 RMISA/NCAA West Region Finish: 4th of 10
 Letterwinners Returning/Lost: 10/11

Returning All-Americans (2)

WOMEN

Name	Yr.	2006 NCAA Finish
Kristina Repcinova	So.	7th (Giant Slalom)
Kasandra Rice	Sr.	5th (5k Classical)

Other Key Returnees

WOMEN

Name	Yr.	2006 Season Highlight
Allison Empey	So.	12th (GS) NCAA Championships
Stefanie Klocker	So.	6th (SL) West Regional

MEN

Name	Yr.	2006 Season Highlight
Jonathan Hverven	So.	11th (GS) West Regional
Paul Schauer	Jr.	13th (20K FR) West Regional

Seawolf Skiing

A Tradition of Achievement

The University of Alaska Anchorage ski team has consistently finished among the nation's top teams, having placed in the top 10 at the NCAA Championships for 22 consecutive seasons. Seawolf skiers have won eight individual NCAA titles and have earned a combined 97 All-America awards since the sport began at UAA in 1977.

In the last five seasons, the Seawolf ski team has earned two individual national titles, four individual national runner-up finishes, 31 All-America certificates and six RMISA/NCAA West Regional individual titles.

The Seawolves captured six All-America certificates at Nationals in 2006, including a pair of national runner-up efforts, placing sixth overall in the team standings. The men's Nordic squad garnered three top-10 results and the women earned one, while the Alpine team posted a pair of top-10 finishes.



▲ Sophomore Allison Empey was one of nine UAA skiers to qualify for the 2006 NCAA Ski Championships in Steamboat Springs, Colo.

2007 Roster

MEN'S ALPINE

	YR.	HT.	HOMETOWN
Jonathan Hverven	So.	6-3	Nesoya, Norway
Dan McKay	Jr.	5-10	Bozeman, Montana
Max Meier-Meifinger	So.	5-11	Starnberg, Germany
Kim Ringvold	RFr.	5-10	Oslo, Norway
Marcus Waring	So.	5-11	Vancouver, B.C.

WOMEN'S ALPINE

	YR.	HT.	HOMETOWN
Allison Empey	So.	5-3	Calgary, Alberta
Stefanie Klocker	So.	5-9	Dornbirn, Austria
Smaranda Munteanu	Jr.	5-3	Stratton, Vermont
Kristina Repcinova	So.	5-5	Banska Bystrica, Slovakia
Lacy Saugstad	RFr.	5-5	Anchorage, Alaska

MEN'S NORDIC

	YR.	HT.	HOMETOWN
Andy Liebner	Fr.	5-10	Anchorage, Alaska
Darrin Markvardsen	Fr.	5-7	Rosslund, B.C.
Karl Schauer	Fr.	5-11	Fairbanks, Alaska
Paul Schauer	Jr.	6-3	Fairbanks, Alaska
Raphael Wunderle	So.	5-9	Bubenbach, Germany

WOMEN'S NORDIC

	YR.	HT.	HOMETOWN
Kelsey Coolidge	Fr.	5-5	Anchorage, Alaska
Davya Flaharty	Sr.	5-5	Fairbanks, Alaska
Brittany Greer	Jr.	5-8	Whitehorse, Yukon
Astrid Ovstedal	Fr.	5-8	Trondheim, Norway
Kasandra Rice	Sr.	5-3	Anchorage, Alaska

HEAD SKI TEAM COACH: Trond Flagstad

ALPINE COACH: Jeff Rust

ASSITANT COACHES: Mandy Kaempf (Nordic), Meegan Lynch (Alpine)

2007 Meet Schedule

Seawolf Returnees



Allison Empey – *Alpine*
So., Calgary, Alberta
• 2006 NCAA Qualifier
• Placed 12th in GS at NCAAs



Max-Meier Meitinger – *Alpine*
So., Starnberg, Germany
• Career-best result is 8th in GS
• Three career top-15 finishes



Davya Flaharty – *Nordic*
Sr., Fairbanks, Alaska
• Career-best result is 15th
• Skied in women's team-best 16 career races



Kristina Repcinova – *Alpine*
So., Banska Bystica, Slovakia
• 2006 All-American (7th, SL)
• 2nd in SL at West Regional



Brittany Greer – *Nordic*
Jr., Whitehorse, Yukon
• Four career top-15 results
• Career-best finish is 11th



Kasandra Rice – *Nordic*
Sr., Anchorage, Alaska
• 2006 All-American (classical)
• 5 top-10 results in 2006



Jonathan Hverven – *Alpine*
So., Nesoya, Norway
• Five career top-20 finishes
• Two top-15 results at 2006 West Regional



Paul Schauer – *Nordic*
Jr., Fairbanks, Alaska
• Four top-15 results in 2006
• Placed 13th in 20K free at 2006 West Regional



Stefanie Klocker – *Alpine*
So., Dornbirn, Austria
• 2006 NCAA Qualifier
• Six career top-10 finishes



Marcus Waring – *Alpine*
So., Vancouver, B.C.
• Skied in 3 races rookie season
• Finished 21st in SL at 2006 West Regional

2006 Ski Team Honors

All-American

Men

Kjetil Dammen 20k Freestyle (2nd Team)
Brian Gregg 20k Freestyle (2nd Team)
Benjamin Sonntag 20k Freestyle (1st Team)
Timothee Theaux Slalom (1st Team)

Women

Kristina Repcinova Giant Slalom (2nd Team)
Kasandra Rice 5k Classical (1st Team)

All-Conference

Men

Kjetil Dammen 1st Team
Brian Gregg 2nd Team
Benjamin Sonntag 2nd Team
Timothee Theaux 2nd Team

Women

Stefanie Klocker 1st Team
Kristina Repcinova 2nd Team
Kasandra Rice 2nd Team



RMISA Skier of the Week

Kjetil Dammen UAA Invitational
Stefanie Klocker Western State Invitational
Kristina Repcinova NCAA West Regional
Kasandra Rice NCAA West Regional

▲ Junior Paul Schauer is UAA's lone returner on its men's Nordic squad in 2006-07. The Seawolves consistently finish among the top Nordic teams in the nation, including earning the most team points at Nationals in 2005.

NOVEMBER

11 at Alaska Nordic Cup
Fairbanks, Alaska FS

JANUARY

6 at Montana State Invitational
Big Sky, Mont. GS
7 at Montana State Invitational
Big Sky, Mont. SL
13 at Utah Invitational
Soldier Hollow/Park City, Utah CL/GS
14 at Utah Invitational
Soldier Hollow/Park City, Utah FR/SL
19 at Montana State Invitational
Bohart Ranch, Mont. FR
20 at Montana State Invitational
Bohart Ranch, Mont. CL

FEBRUARY

2 at Denver Invitational
Steamboat Springs/Winter Park, Colo. FR/GS
3 at Colorado Invitational
Steamboat Springs/Winter Park, Colo. CL/SL
9 at New Mexico Invitational
Red River/Taos, N.M. FS/GS
10 at New Mexico Invitational
Red River/Taos, N.M. CL/SL
23 at RMISA/NCAA West Regional
Auburn/Sugar Bowl, Calif. FS/GS
24 at RMISA/NCAA West Regional
Auburn/Sugar Bowl, Calif. CL/SL

MARCH

7 at NCAA Championships
Jackson, N.H. FR
8 at NCAA Championships
Jackson, N.H. GS
9 at NCAA Championships
Jackson, N.H. CL
10 at NCAA Championships
Jackson, N.H. SL

CL – Classical
FR – Freestyle

GS – Giant Slalom
SL – Slalom

2006 Meet Results

Meet	Team Result	Points
UAA Invitational	5th of 11	458
Montana State Invitational	3rd of 11	521
Colorado Invitational	4th of 11	458.5
Alaska Nordic Cup	1st of 2	60
Western State Invitational	8th of 10	205
RMISA/NCAA West Regional	4th of 10	465.5
NCAA Championships	6th of 24	451

Seawolf Coaching Staff

HEAD SKI TEAM COACH

Trond Flagstad



Hometown: Hamar, Norway
Phone: 907-786-1285
Email: nordic@uaa.alaska.edu

Trond Flagstad begins his sixth season overall with the University of Alaska Anchorage ski team and his first as the head coach for the Seawolf ski program in 2007.

The Seawolf Nordic team has flourished under Flagstad's leadership the last two seasons, establishing itself as one of the top Nordic programs in the nation.

UAA skiers posted four top-10 finishes at Nationals in 2006, marking the fifth straight year the Seawolves have produced four or more All-America performances at NCAAs.

Flagstad guided UAA to the unofficial title of the nation's top Nordic squad in 2005, after the team recorded six top-10 finishes at Nationals, including two individual national titles. Mandy Kaempf's sweep of the women's classical and freestyle events at the 2005 NCAA Championships marked the first national title for the Seawolf Nordic program since 1997.

Flagstad was an assistant with UAA's Nordic team from 2001-03.

The native of Hamar, Norway, also coached cross-country running at UAA in the 2001-02 season. A World Cup competitor, he was a sponsored Nordic skier at a top Norwegian national level from 1985 to 2000.

Flagstaff and his wife Lindsay reside in Eagle River.

ASSISTANT NORDIC COACH

Mandy Kaempf



Hometown: Steinbach-Hallenberg, Germany
Phone: 907-786-6104
Email: kaempf.mandy@freenet.de

Former All-American skier and NCAA Champion Mandy Kaempf is the latest addition to the Seawolf coaching staff, joining UAA as an assistant with the Nordic team in 2007.

The most decorated student-athlete to ever compete at UAA, Kaempf was a three-sport star with the Seawolves, earning two NCAA titles and five All-American honors in skiing, a conference title in track & field and four all-conference accolades in cross country running.

The native of Steinbach-Hallenberg, Germany, graduated from UAA with a bachelor's of science degree in sociology.

ALPINE COACH

Jeff Rust



Hometown: Ketchum, Idaho
Phone: 907-786-1309
Email: rust@uaa.alaska.edu

Beginning his fifth season with the Seawolf ski team in 2007 is Jeff Rust. Rust, who took over the reins of the Alpine squad two seasons ago, began his stint at UAA as an assistant with the Alpine team in 2003.

The Alpine team has shown marked improvement under Rust's guidance, sending eight skiers to NCAAs and earning three All-America performances the last two seasons.

The Seawolves qualified four skiers for NCAAs in 2006 while earning a pair of All-America results for the first time since 1998. Kristina Repcinova took home UAA's first women's All-America honor in four years, while Timothee Theaux's second-place finish in the slalom clinched the men's top individual result at Nationals in eight years.

In his inaugural season overseeing the Alpine squad (2005) UAA qualified four racers for the NCAA Championships and recorded its first men's All-America finish since 1998.

Rust, from Ketchum, Idaho, a former skier at Western State College of Colorado, coached the Sun Valley Ski Team in 1999 and 2002 and was an assistant with the Western State program from 1995-97.

Rust and his wife Devon live in South Anchorage.

ASSISTANT ALPINE COACH

Meegan Lynch



Hometown: Syracuse, N.Y.
Phone: 907-786-4806
Email: alpine@uaa.alaska.edu

In her fourth year as an assistant with the University of Alaska Anchorage Alpine team is Meegan Lynch.

The Seawolves have qualified 12 Alpine skiers for NCAAs during her previous three seasons with the program.

A native of Syracuse, N.Y., Lynch skied at the collegiate level for one season at Green Mountain College in Poultney, Vermont, where she was named to the USCSA All-Conference team in 1997. She coached for the Song Mountain Race Team from 1997 to 2000 while attending Syracuse University. Lynch also coached a summer ski camp in Austria in 1999.

UAA Skiing All-Americans

2006

Kjetil Dammen (Nordic)
Brian Gregg (Nordic)
Kristina Repcinova (Alpine)
Kassandra Rice (Nordic)
Benjmain Sonntag (Nordic)
Timothee Theaux (Alpine)

2005

Nicole DeYong (Nordic)
Sarah Hansen (Nordic)
Mandy Kaempf (Nordic-2)
Christian Ringvold (Alpine)
Benjmain Sonntag (Nordic-2)
Zach Violett (Nordic)

2004

Nicole DeYong (Nordic)
Sarah Hansen (Nordic)
Mandy Kaempf (Nordic-2)
Eric Strabel (Nordic)
Zach Violett (Nordic-2)

2003

Mandy Kaempf (Nordic)
Tobias Schwoerer (Nordic-2)
Zach Violett (Nordic)

2002

Leslie Boyd (Nordic)
Aurore de Maulmont (Alpine)
Tobias Schwoerer (Nordic-2)
Eric Strabel (Nordic-2)

2001

Erika Hansson (Alpine)
Tobias Schwoerer (Nordic)

2000

Jesse Gallagher (Nordic)
Edda Mutter (Alpine)

1999

Lars Flora (Nordic)
Steffi Kindt (Nordic)
Edda Mutter (Alpine)

1998

Javier Dominguez (Alpine)
Doris Hausleitner (Nordic)
Erland Kroken (Nordic)
Izidor Jerman (Alpine)
Frode Lillefjell (Nordic)
Edda Mutter (Alpine-2)
Zuzana Razusova (Alpine)

1997

John Thomas Blandhoel (Nordic)
Doris Hausleitner (Nordic)
Teresa Hunt (Nordic)
Izidor Jerman (Alpine)
Frode Lillefjell (Nordic-2)

1996

Frode Lillefjell (Nordic-2)
Nicolas Zoll (Alpine)

1995

Erik Flora (Nordic)
Todd Montalbo (Nordic)
Zuzana Razusova (Alpine)
Ann Winter (Alpine)

1994

John Thomas Blandhoel (Nordic)
Erika Flora (Nordic)
Stephane Mongellaz (Alpine)
Minna Tervo (Nordic-2)
Ann Winter (Alpine)

1993

Paivi Alkula (Nordic)
Patrick Bauer (Nordic-2)
Jeff Heuseveldt (Nordic-2)
Stig Mattson (Nordic)

1992

Paivi Alkula (Nordic)
Urban Enkvist (Nordic)
Gretchen Pfisterer (Nordic-2)
Greg Tobias (Alpine)
Ulrike Vordregger (Alpine)

1991

Dan Fleener (Nordic)
Tracy Haight (Alpine)
Tuomo Latva-Kiskola (Nordic)
Stig Mattson (Nordic-2)

1990

Dann Fleener (Nordic)

1989

Darcy Byrne (Alpine)
Nils Hult (Nordic-2)
Grant Richardson (Alpine)
Liesel Schernthaner (Alpine)

1988

Grant Richardson (Alpine)

1987

Tracy Gibbs (Alpine-2)
Melody Nibeck (Nordic)
Lisa Ramsey (Nordic)
Debbie Strand (Nordic)

1985

Tony Bishop (Nordic)
Heikki Kanerva (Nordic)
Scott Oberbreckling (Nordic)

1983

Grant Yutzenka (Nordic)

1980

Britta Kjellstrand (Nordic)

1979

Britta Kjellstrand (Nordic)
Pam Richter (Nordic)
Sue Strutz (Nordic)
Judy Ziemplak-Besh (Nordic)



UAA's NCAA Champions



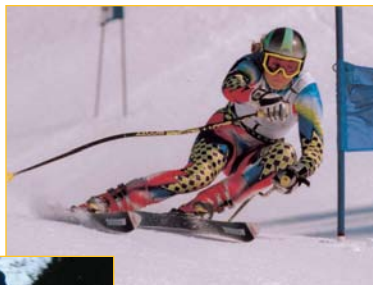
WOMEN

2005	Mandy Kaempfer	15K Freestyle
2005	Mandy Kaempfer	5K Classical
2002	Aurore de Maulmont	Giant Slalom
1997	Doris Hausleitner	5K Classical
1994	Minna Turvo	5K Classical

MEN

1997	Izidor Jerman	Slalom
1997	Frode Lillefjell	10K Classical
1991	Stig Matsson	20K Classical

► In 2002 Aurore de Maulmont became the first Seawolf woman to win an NCAA title in Alpine skiing, claiming the giant slalom at Alyeska Resort.



▲ Mandy Kaempfer became the first Seawolf skier to win multiple national titles by claiming the women's classical and freestyle races at the 2005 NCAA Championships. Kaempfer earned five All-America accolades during her career at UAA.



◀ Five-time All-American Frode Lillefjell claimed the men's national title in the 10K classical at the 1997 NCAA Championships. Lillefjell helped lead UAA to a pair of fifth-place team finishes at Nationals in 1997 and 1998.



SEAWOLF SKIING

- 8 NCAA National Champions
 - 61 All-Americans
 - 22 consecutive NCAA top-10 finishes

UAA All-Time NCAA Results

2006.....	.6th	1993.....	.5th
2005.....	.7th	1992.....	.8th
2004.....	.6th	1991.....	.7th
2003.....	.9th	1990.....	.9th
2002.....	.10th	1989.....	.6th
2001.....	.10th	1988.....	.7th
2000.....	.10th	1987.....	.8th
1999.....	.7th	1986.....	.9th
1998.....	.5th	1985.....	.9th
1997.....	.5th	1984.....	.14th
1996.....	.7th	1983.....	.11th
1995.....	.8th	1982.....	.7th
1994.....	.6th		



Nationally known as the strongest and most competitive conference in collegiate skiing, the Rocky Mountain Intercollegiate Ski Association is rich in tradition, history and success.

The nine-member conference is comprised of Alaska Anchorage, Colorado, Denver, Montana State, Nevada, New Mexico, Utah, Western State and Whitman College. RMISA schools have claimed the last 12 NCAA Championships.

UAA, which placed fourth at the RMISA Championships last season, was one of five conference schools to finish in the top 10 at NCAAs in 2006.

Venues

ALYESKA RESORT

UAA's Alpine team trains at Alaska's world-class Alpine resort, located in the town of Girdwood, just a 30-minute drive south of Anchorage along scenic Turnagain Arm. Rising from sea level to a summit of 3,939 feet, Mount Alyeska receives an average annual snowfall of 742 inches. Nine lifts access 1,000 acres of terrain.



KINCAID PARK

The picturesque trails of Anchorage's Kincaid Park serve as home base for the Seawolf Nordic program. A quarter of the nearly 60 kilometers of trails at Kincaid are lighted for night skiing. Just 10 minutes from downtown, the park is also utilized by a nationally renowned Junior Nordic program.



RMISA/NCAA West Region Individual Champions

UAA skiers have claimed five RMISA/NCAA West Regional titles since 2000. In that same time span the Seawolves have also produced five runner-up efforts.

2005.....	Mandy Kaempfer (15K freestyle)
2004.....	Mandy Kaempfer (5K freestyle)
2004.....	Mandy Kaempfer (10K classical)
2003.....	Tobias Schwoerer (15K classical)
2002.....	Eric Strabel (10K classical)



This is UAA!

ACADEMICS

The University of Alaska Anchorage is the state's largest, most comprehensive university, serving more than 20,000 students through four primary campuses and numerous other sites in southcentral Alaska and the Aleutian chain.

Academic units located on the Anchorage campus include the College of Arts and Sciences; College of Technical and Community Education; College of Health Education and Social Welfare; College of Business and Public Policy, and the School of Engineering.

Organized research units at UAA complement the academic programs and reflect the special character of the University's mission in Alaska. Research units include the Alaska Center for International Business, the American Russian Center, the Environment and Natural Resources Institute, the Center of Alcohol and Addiction Studies, the center for Economic Education, the Institute for Circumpolar Health Studies, the Center for Human Development, the Institute of Social and Economic Research and the Justice Center.

UAA operates on a semester system. Fifteen semester credits are a normal class load and a minimum of 120 credits are required to complete a bachelor's degree.

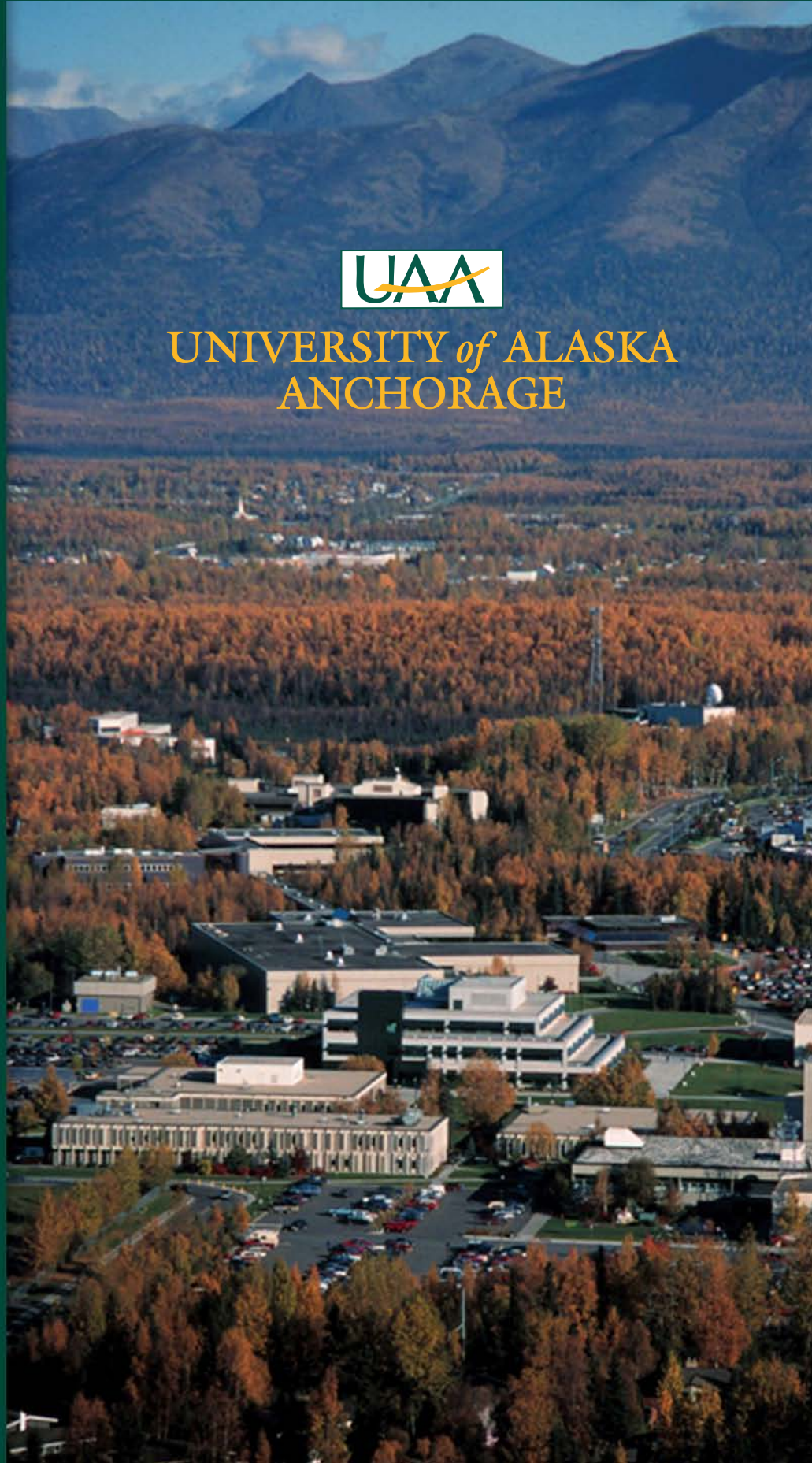
The attractive, wooded campus is an urban oasis with residential wildlife populations of moose, waterfowl and birds.

ATHLETICS

Nicknamed the Seawolves, UAA's athletic teams compete as members of NCAA Division I in hockey and gymnastics and NCAA Division II in all other sports, including basketball, volleyball, skiing, track & field, and cross country. UAA annually hosts the Carrs/Safeway Great Alaska Shootout men's and women's basketball tournament – recognized as one of the top in-season tournaments in the nation – as well as the Nye Frontier Classic hockey tournament.

Over the last three decades, the University of Alaska Anchorage has become a perennial national power in many of its sports. A total of 112 Seawolves have earned All-America honors since 1984 and UAA has produced several individual national champions.

UAA athletes have enjoyed unprecedented success in the classroom. The entire UAA Athletic Department has compiled a cumulative GPA of 3.0+ in 10 of the last 13 years. Through the years, UAA has produced several Academic All-Americans.



UNIVERSITY of ALASKA ANCHORAGE