



TRACK & FIELD



SHANNON ROWBURY
2007 NCAA
INDOOR MILE
CHAMPION

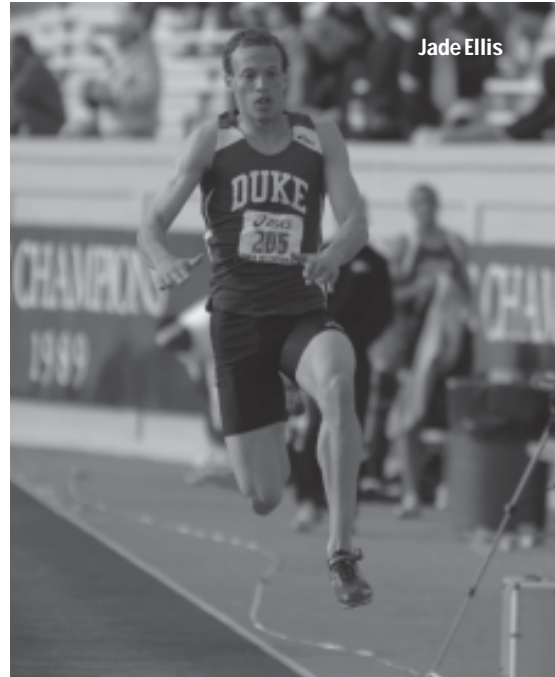
2007 INDOOR TRACK HIGHLIGHTS

Men's Highlights

Time	Event	Name	Place
Jan. 12-13 Virginia Tech Opener, Blacksburg, Va.			
1:04.41	500m	Matt Danforth	7th
1:05.25	500m	Nick Trombold	14th
3:18.05	4x400mR	Bowler, Danforth, Morrell, King	6th
6-7.5	High Jump	Tyler Clarke	1st
15-11.0	Pole Vault	Jon Fay	8th
Jan. 19-20 Pole Vault Summit, Reno, Nev.			
15-11.0	Pole Vault	Ian Cassidy	6th
Jan. 26-27 Terrier Classic, Boston, Mass.			
47.61	400m	Dan King	5th
49.05	400m	Matt Danforth	21st
1:54.75	800m	Chris Rowland	12th
10:04.62	DMR	Spooner, Danforth, Rowland, Gubbins	1st
Feb. 2-3 Armory Collegiate Invitational, New York, N.Y.			
1:54.11	800m	Chris Rowland	4th
7:41.60	4x800mR	Brockardt, Rowland, Ward, McManamon	4th
16-0.75	Pole Vault	Jon Fay	3rd
Feb. 9-10 Tyson Invitational, Fayetteville, Ark.			
48.11	400m	Dan King	29th
4:06.99	Mile	Chris Spooner	8th
8:22.66	3,000m	Chris Spooner	2nd
3:14.17	4x400mR	Trombold, Lewellen, Danforth, King	7th
Feb. 9 Carolina Classic, Chapel Hill, N.C.			
16-0.75	Pole Vault	Jon Fay	1st



Sam Bowler



Jade Ellis

Feb. 16-17 Virginia Tech Challenge, Blacksburg, Va.			
21.99	200m	Dan King	12th
49.14	400m	Peter Lewellen	8th
1:04.73	500m	Peter Lewellen	2nd
1:04.87	500m	Matt Danforth	3rd
2:29.30	1,000m	John Brockardt	10th
23-03.50	Long Jump	Jade Ellis	8th
16-4.75	Pole Vault	Ian Cassidy	6th
15-09.0	Pole Vault	Jon Fay	11th
Feb. 22-24 ACC Championships, Clemson, S.C. (11th place, 19 points)			
8:19.76	3,000m	Chris Spooner	4th
14:42.27	5,000m	Keith Krieger	10th
3:17.69	4x400mR	Lewellen, Trombold, Bowler, King	5th
10:06.08	DMR	Brockardt, Trombold, McManamon, Ward	6th
15-9.75	Pole Vault	Ian Cassidy	10th
51-03.5	Shot Put	Michael Schallmo	3rd
5.262	Heptathlon	Tyler Clarke	5th
March 3-4 IC4A Championships, Boston, Mass. (12th place, 19 points)			
21.63	200m	Dan King	8th (Pre)
21.69	200m	Dan King	9th
47.85	400m	Dan King	4th
47.88	400m	Dan King	7th (Pre)
1:03.52	500m	Peter Lewellen	8th (Pre)
1:04.24	500m	Peter Lewellen	9th
1:53.11	800m	Chris Rowland	14th (Pre)
2:26.61	1,000m	John Brockardt	8th (Pre)
14:33.02	5,000m	Keith Krieger	16th
3:13.77	4x400mR	Lewellen, Trombold, Danforth, King	7th
3:16.06	4x400mR	Lewellen, Trombold, Morrell, Danforth	5th (Pre)
7:40.15	4x800mR	Ward, Rowland, Bowler, McManamon	3rd (Pre)
7:53.44	4x800mR	Rowland, Spooner, Bowler, McManamon	8th
4.985	Heptathlon	Tyler Clarke	1st
April 27 Penn Relays, Philadelphia, Pa. *			
16-10.75	Pole Vault	Ian Cassidy	1st

* Men's Pole Vault held indoors due to inclement weather

2007 INDOOR TRACK HIGHLIGHTS



Women's Highlights

Time Event Name Place

Jan. 12-13 Virginia Tech Opener, Blacksburg, Va.

2:53.61 1,000m Kate Van Buskirk 1st
 2:56.43 1,000m Jessica Davlin 3rd
 10:03.37 3,000m Elle Pishny 1st
 16:41.18 5,000m Liz Wort 1st
 9:13.75 4x800mR Doswell, Harsha, Lehman, Klaas 4th
 5-7.0 High Jump Laura Malnati 4th
 12-0.75 Pole Vault Lara Jones 4th

Jan. 13 UNC Opener, Chapel Hill, N.C.

55-2.0 Weight Throw .. Kelly Reynolds 2nd

Jan. 19-20 Pole Vault Summit, Reno, Nev.

12-3.5 Pole Vault Lara Jones T-11th

Jan. 26-27 Terrier Invitational, Boston, Mass.

2:10.46 800m Kate Van Buskirk 5th
 2:56.44 1,000m Molly Lehman 5th
 4:53.90 Mile Maddie McKeever 8th
 9:19.07 3,000m Shannon Rowbury 1st
 9:24.96 3,000m Liz Wort 2nd
 9:34.45 3,000m Sally Meyerhoff 6th

Jan. 26-27 UNC Fast Times, Chapel Hill, N.C.

5-8.0 High Jump Debra Vento 2nd
 11-11.75 Pole Vault Lara Jones 2nd
 53-9.0 Weight Throw .. Kelly Reynolds 4th

Feb. 3-4 Armory Collegiate Invitational, New York, N.Y.

2:56.62 1,000m Emily Sherrard 8th
 9:12.50 4x800mR Doswell, Harsha, Forbes, Owen 5th
 11:58.50 DMR Davlin, Owen, Jenke, Lehman 3rd
 5-8.0 High Jump Debra Vento 5th
 12-3.5 Pole Vault Lara Jones 5th

Feb. 9-10 Tyson Invitational, Fayetteville, Ark.

4:34.94 Mile Shannon Rowbury 6th
 4:44.64 Mile Liz Wort 8th
 4:51.62 Mile Maddie McKeever (College) 3rd
 9:15.52 3,000m Liz Wort 1st
 9:22.49 3,000m Maddie McKeever 3rd
 9:29.00 3,000m Sally Meyerhoff 6th
 11:15.20 DMR Van Buskirk, Seibert, Jenke, Rowbury 2nd
 5-10.0 High Jump Debra Vento 5th
 12-6.75 Pole Vault Lara Jones 13th

Feb. 16-17 Virginia Tech Challenge, Blacksburg, Va.

5-10.0 High Jump Debra Vento 2nd
 12-0.5 Pole Vault Lara Jones 6th

Feb. 22-24 ACC Championships, Clemson, S.C. (6th place, 56.5 pts.)

2:12.10 800m Kate Van Buskirk 8th
 5:01.92 Mile Shannon Rowbury 1st
 9:16.37 3,000m Shannon Rowbury 1st
 9:25.73 3,000m Liz Wort 3rd
 16:16.64 5,000m Maddie McKeever 3rd
 16:39.09 5,000m Sally Meyerhoff 4th
 3:53.76 4x400mR Harsha, Owen, Seibert, Jenke 10th
 11:24.72 DMR Van Buskirk, Owen, Seibert, Wort 1st
 5-11.5 High Jump Debra Vento 2nd
 12-1.5 Pole Vault Lara Jones 8th
 11-9.75 Pole Vault Sally Liu 10th
 43-7.75 Shot Put Alexa Revord 14th
 3,212 Pentathlon Karolina Haraldsdottir 15th

March 3-4 ECAC Championships, Boston, Mass. (4th place, 39.5 pts.)

2:53.83 1,000m Emily Sherrard 6th (Pre)
 2:55.18 1,000m Jessica Davlin 4th
 2:55.40 1,000m Jessica Davlin 9th (Pre)
 2:56.75 1,000m Emily Sherrard 7th
 2:56.82 1,000m Molly Lehman 14th (Pre)
 16:11.57 5,000m Sally Meyerhoff 1st
 8:56.43 4x800mR Klaas, Lehman, Jenke, Harsha 1st
 9:03.46 4x800mR Owen, Jenke, Harsha, Klaas 1st
 5-8.75 High Jump Debra Vento 7th
 12-7.5 Pole Vault Lara Jones 1st

March 9-10 NCAA Championships, Fayetteville, Ark. (12th place, 18 pts.)

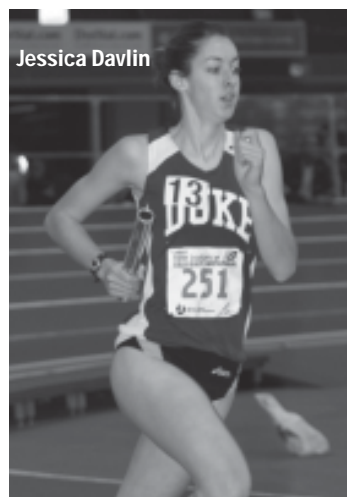
4:41.96 Mile Shannon Rowbury 1st (Pre)
 4:42.17 Mile Shannon Rowbury 1st***
 9:02.73 3,000m Shannon Rowbury 2nd
 9:21.77 3,000m Liz Wort 10th
 16:10.40 5,000m Maddie McKeever 9th
 16:14.21 5,000m Sally Meyerhoff 10th
 11:29.83 DMR Van Buskirk, Jenke, Seibert, Wort 12th

April 27 Penn Relays, Philadelphia, Pa.*

5-10.5 High Jump Debra Vento 2nd

*** NCAA Champion

* Women's High Jump held indoors due to inclement weather



2007 OUTDOOR TRACK HIGHLIGHTS

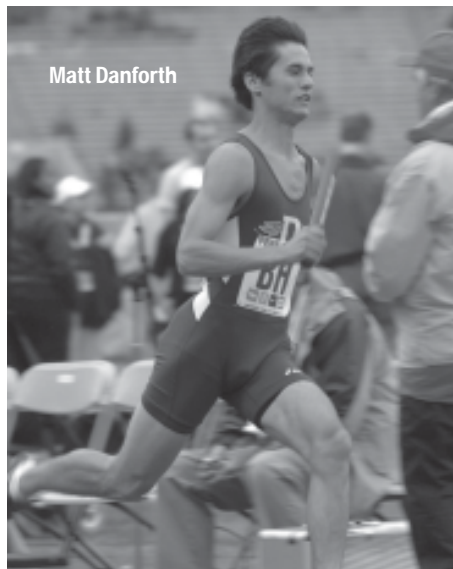
Men's Highlights

Time	Event	Name	Place
March 22-24 Wake Forest Open, Winston-Salem, N.C.			
15-11.0	Pole Vault	Jon Fay	7th
207-08	Javelin	John Austin	3rd
6,565	Decathlon	Tyler Clarke	7th
March 30-31 UNC Invitation, Chapel Hill, N.C.			
15:07.33	5,000m	Patrick Parish	1st
15-7.0	Pole Vault	Jon Fay	1st
April 6-7 Duke Invitational, Durham, N.C.			
48.35	400m	Peter Lewellen	5th
9:15.91	Steeplechase	Kevin McDermott	6th
14:17.77	5,000m	Keith Krieger	11th
3:15.55	4x400mR	Lewellen, Trombold, Morrell, King	3rd
154-08	Discus	Michael Schallmo	3rd
194-09	Javelin	John Austin	3rd



Michael Kotecki

April 14 Carolina Fast Times, Chapel Hill, N.C.			
21.74	200m	Dan King	6th
1:52.11	800m	Chris Rowland	5th
15-7.0	Pole Vault	Jon Fay	1st
179-11	Javelin	Robert Weinstein	1st
April 19-21 ACC Championships, College Park, Md. (11th place, 29 pts.)			
47.80	400m	Dan King	3rd (Pre)
47.80	400m	Dan King	5th
1:52.26	800m	Chris Rowland	7th (Pre)
1:51.03	800m	Chris Rowland	6th
3:50.31	1,500m	Chris Spooner	9th
9:03.73	Steeplechase	Kevin McDermott	5th
3:14.83	4x400mR	Lewellen, Ellis, Danforth, King	7th
6-6.75	High Jump	Michael Kotecki	6th
16-6.75	Pole Vault	Ian Cassidy	5th
15-11.0	Pole Vault	Jon Fay	10th
162-09	Discus	Michael Schallmo	5th
6,811	Decathlon	Tyler Clarke	5th
April 26-28 Penn Relays, Philadelphia, Pa.			
30:03.50	10,000m	Keith Krieger	4th
3:14.75	4x400mR	Lewellen, Danforth, Trombold, King	8th
3:27.37	SMR	King, Morrell, Lewellen, Rowland	19th
160-0	Discus	Michael Schallmo	8th



Matt Danforth

May 6 Duke Twilight, Durham, N.C.			
47.95	400m	Dan King	4th
9:15.51	Steeplechase	Alex Reinhart	3rd
3:15.83	4x400mR	Lewellen, Danforth, Bowler, King	3rd
16-0.75	Pole Vault	Jon Fay	2nd
153-0	Discus	Michael Schallmo	2nd
May 11-13 IC4A Championships, Princeton, N.J. (25th place, 11 points)			
1:50.96	800m	Chris Rowland	20th
3:47.93	1,500m	Chris Spooner	4th (Pre)
14:32.19	5,000m	Keith Krieger	11th
16-0.75	Pole Vault	Jon Fay	12th
15-7.0	Pole Vault	Ian Cassidy	16th
163-01	Discus	Michael Schallmo	6th
6,807	Decathlon	Tyler Clarke	2nd
May 25-26 NCAA East Regional, Gainesville, Fla.			
16-1.25	Pole Vault	Ian Cassidy	13th



Chris Spooner

2007 OUTDOOR TRACK HIGHLIGHTS

Women's Highlights

Time Event Name Place

March 22-24 Wake Forest Open, Winston-Salem, N.C.

5-11.25	High Jump	Debra Vento	1st
12-8.5	Pole Vault	Lara Jones	5th
10-11.75	Pole Vault	Sally Liu	6th
152-09	Discus	Alexa Revord	4th
168-11	Javelin	Daina Pucurs	1st
4,331	Heptathlon	Karolina Haraldsdottir	5th

March 30-31 UNC Invitational, Chapel Hill, N.C.

2:10.95	800m	Michelle Seibert	1st
4:27.15	1,500m	Kate Van Buskirk	1st
5-10.0	High Jump	Debra Vento	1st
40-9.75	Shot Put	Alexa Revord	8th
154-06	Discus	Alexa Revord	2nd
166-06	Javelin	Daina Pucurs	1st
169-03	Hammer Throw	Kelly Reynolds	1st

March 31 Stanford Invitational, Stanford, Calif.

16:47.62	5,000m	Elle Pishny	16th
33:30.12	10,000m	Sally Meyerhoff	9th
33:52.95	10,000m	Maddie McKeever	14th

April 6-7 Duke Invitational, Durham, N.C.

2:10.88	800m	Michelle Seibert	1st
5-8.75	High Jump	Debra Vento	1st
12-11.50	Pole Vault	Lara Jones	1st
162-0	Javelin	Daina Pucurs	1st
127-10	Javelin	Kelsey Goodman	10th
175-08	Hammer Throw	Kelly Reynolds	3rd

April 14 Carolina Fast Times, Chapel Hill, N.C.

5-8.75	High Jump	Debra Vento	2nd
165-10	Hammer Throw	Kelly Reynolds	2nd

April 19-21 .. ACC Championships, College Park, Md. (9th place, 45 points)

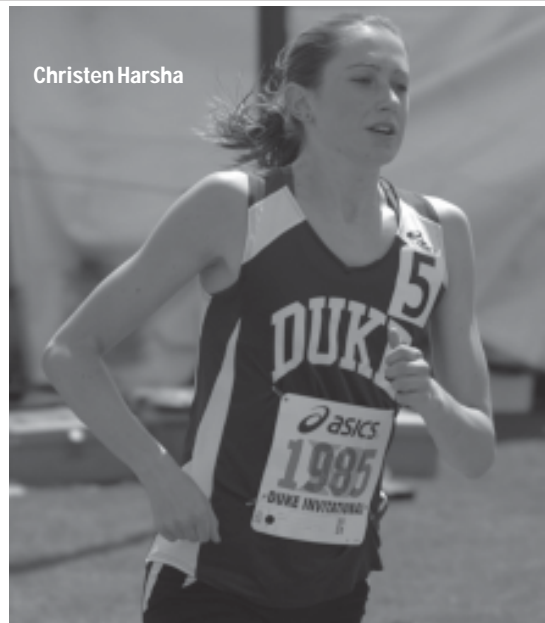
2:07.80	800m	Michelle Seibert	2nd (Pre)
2:09.17	800m	Michelle Seibert	4th
4:31.10	1,500m	Kate Van Buskirk	6th (Pre)
4:25.78	1,500m	Kate Van Buskirk	3rd
10:54.99	Steeplechase	Patricia Loughlin	12th
16:26.84	5,000m	Maddie McKeever	2nd
16:40.21	5,000m	Liz Wort	4th
35:01.20	10,000m	Elle Pishny	8th
5-8.75	High Jump	Debra Vento	2nd
150-05	Discus	Alexa Revord	11th
154-0	Javelin	Daina Pucurs	1st
135-06	Javelin	Lindsey Edwards	7th
173-11	Hammer Throw	Kelly Reynolds	9th

April 26-28 .. Penn Relays, Philadelphia, Pa.

8:41.96	4x800mR	Seibert, Van Buskirk, Wort, Sherrard	9th
17:48.30	4x1500mR	Van Buskirk, Wort, Sherrard, McKeever	5th
11:16.84	DMR	Van Buskirk, Owen, Seibert, Wort	4th
11-11.75	Pole Vault	Lara Jones	8th
152-11	Discus	Alexa Revord	5th
155-11	Javelin	Daina Pucurs	4th
177-05	Hammer Throw	Kelly Reynolds	3rd

May 6 Duke Twilight, Durham, N.C.

10:15.37	Steeplechase	Liz Wort	1st
5-10.0	High Jump	Debra Vento	1st



Christen Harsha

12-5.5	Pole Vault	Lara Jones	3rd
160-09	Discus	Alexa Revord	1st
132-06	Javelin	Lindsey Edwards	1st
171-04	Hammer Throw	Kelly Reynolds	1st

May 11-13 ECAC Championships, Princeton, N.J. (8th place, 35 points)

2:09.57	800m	Michelle Seibert	8th
4:22.65	1,500m	Liz Wort	3rd
4:25.75	1,500m	Maddie McKeever	6th (Pre)
4:27.47	1,500m	Liz Wort	8th (Pre)
4:29.09	1,500m	Maddie McKeever	7th
35:35.47	10,000m	Elle Pishny	3rd
8:54.88	4x800mR	Sherrard, Van Burkirk, Harsha, Wort	3rd
9:01.73	4x800mR	Harsha, Sherrard, Klaas, Stankavage	5th (Pre)
12-5.5	Pole Vault	Lara Jones	3rd
141-10	Discus	Alexa Revord	11th
156-02	Javelin	Daina Pucurs	2nd
169-10	Hammer Throw	Kelly Reynolds	8th

May 25-26 NCAA East Regional, Gainesville, Fla. (10th place, 26 points)

4:31.80	1,500m	Kate Van Buskirk	22nd
9:52.34	Steeplechase	Liz Wort	1st
16:10.87	5,000m	Maddie McKeever	3rd
17:06.09	5,000m	Elle Pishny	25th
5-11.25	High Jump	Debra Vento	3rd
12-6.0	Pole Vault	Lara Jones	5th
146-11	Javelin	Daina Pucurs	11th

June 6-8 NCAA Championships, Sacramento, Calif. (T-27th place, 9 pts.)

9:51.76	Steeplechase	Liz Wort	4th
10:01.04	Steeplechase	Liz Wort	4th (Pre)
15:52.83	5,000m	Maddie McKeever	5th
16:05.50	5,000m	Maddie McKeever	3rd (Pre)
34:41.05	10,000m	Sally Meyerhoff	15th
12-3.5	Pole Vault	Lara Jones	21st
151-02	Javelin	Daina Pucurs	19th

June 21-23 .. USATF Championships, Indianapolis, Ind.

9:53.20	Steeplechase	Liz Wort	6th
9:58.13	Steeplechase	Liz Wort	2nd (Pre)
35:03.52	10,000m	Sally Meyerhoff	18th