

A Springtime Tradition:

Marist Track at USA Junior Championships

Overview: During the past decade-plus, the ***Running Red Foxes*** of the Marist College Track Team have earned berths at the USA Track and Field Junior Championships. These championships are open to any track athletes who are 19 years of age and under. Most (but not all) college freshmen are eligible for participation in this meet. The Marist team has developed a tradition of qualifying athletes for this National Championship. Below is a list of qualifiers by event through the years.

1998: Greg Salamone, 10,000 meters, University of Richmond

2000: Two athletes at University of North Texas, Denton, Texas

Jamal Padgett, 10,000 meters

Susan Golden, 800 meters

2003: Justin Harris, 10,000 meters, Stanford University, Stanford, California

2004: Mark Fernandez, 10,000 meters, Texas A&M, College Station, Texas

2005: Mike Rolek, 10,000 meters, Home Depot Center, Carson, California

2006: John Keenan, 3,000 steeplechase, IUPUI, Indianapolis, Indiana

2008: Three athletes at Ohio State University, Columbus, Ohio

Nick Webster, 3,000 steeplechase

Adam Vess, 5,000 meters

Tim Keegan, 10,000 meters

2009: Three athletes at Hayward Field, University of Oregon

Matt Flint, 10,000 meters

Addie DiFrancesco, 5,000 meters

Kathryn Sheehan, 5,000 meters

2010: Three athletes at Drake University, Des Moines, Iowa

Arquimedes Delacruz, 3,000 steeplechase, 5,000 meters and 10,000 meters

Mike Nicoletti, 10,000 meters

Jackie Gamboli, 1,500 meters

2011: Two athletes at Hayward Field, University of Oregon

Isaiah Miller, 10,000 meters

Nick Hughes, 10,000 meters

2012: Mark Valentino, 3,000 steeplechase, University of Indiana, Bloomington

2013: Three athletes at Drake University, Des Moines, Iowa

Kristen Traub, 1,500 meters and 3,000 meters

Johnny Lee, 10,000 meters

Ryan Colabella, 10,000 meters



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