

Virginia Military Institute's staff of certified athletic trainers are available to assist you and your team at any point during your stay with us.

If your team is traveling with an Athletic Trainer, you are welcome to use the modalities located in our Athletic Training Rooms.

If your team does not have an Athletic Trainer, please send supplies along with any athletes that require services.

Please notify us in advance of any special requests that you or your team may have.



WHAT WE PROVIDE:

Basketball Games

Bench:

- Water/cups
- Towels
- Injury ice
- Biohazard supplies

Locker Room:

- Identical to bench, plus:
- Case of Gatorade
- Emergency Equipment
 - AED, oxygen, crutches, etc.
- Orthopedic Physician on-site
- Rescue Squad on call

Football Games

- (4) 10 gallon coolers
- (2) 48 quart ice chests
- Cups
- 500 pounds of ice
 - 200 lbs. in locker room
 - 300 lbs. on sideline
- Biohazard supplies/sharps container
- All emergency equipment
 - (AED, oxygen, crutches, splints, etc.)
- Tables
 - 4 in locker room
 - 3 on sideline
- 5 cases of Gatorade
- Rescue Squad on-site
- Orthopedic Physician on-site
- Other items as requested

All Other Sports

- Water
- Ice
- Emergency Equipment
- Rescue Squad on call
- Physician on call



Virginia Military Institute Sports Medicine

Visiting Team Information

Mailing Address
Virginia Military Institute
Cameron Hall
Lexington, VA 24450

Phone: 540-464-7310
Fax: 540-464-7280

www.VMIKeydets.com

The Sports Medicine staff would like to welcome you and your team to the Virginia Military Institute. We hope your time on Post is safe and enjoyable.

If at any time during your stay you require our assistance please do not hesitate to contact any of us.

This pamphlet has all the information you should need for the duration of your stay.

FOR TEAMS THAT DO NOT PROVIDE AN ATHLETIC TRAINER:

Please let us know your needs prior to your arrival and provide your own tape and supplies.



STAFF:
Physician and Nurse Practitioner
Dr. David Copeland
Institute Physician
(540) 464-7218

Jenny Crance
Family Nurse Practitioner
(540) 464-7218

**Dr. Thomas Miller &
Dr. Christopher John**
Team Physicians (Orthopedic)
(540) 776-0221

Dr. Edward Hemphill
Team Physician (Orthopedic)
(Basketball only)
(540) 463-2103

Athletic Trainers
Lance Fujiwara, M. Ed., ATC
Director of Sports Medicine
Men's Basketball
(540) 464-7310 (fujiwaralm@vmi.edu)

Marco Giuliani, MPA, ATC
Assistant Athletic Trainer
Football, Water Polo, Swimming
(540) 464-7612 (giulianims@vmi.edu)

Meghan Melinchak, M.Ed., ATC
Assistant Athletic Trainer
Cross Country, Wrestling
(724) 331-0260 (melinchakmc@vmi.edu)

Kelsey Croak, M.Ed., ATC
Assistant Athletic Trainer
Women's Soccer, Lacrosse
(540) 784-5285 (croakkl@vmi.edu)

STAFF Continued:
Christopher Morash, ATC
Athletic Trainer
Men's Soccer, Baseball
(603) 325-8109 (morashcj@vmi.edu)

Jessica Siler, ATC
Athletic Trainer
Football, Track & Field
(571) 439-9965 (silerjl@vmi.edu)

ATHLETIC TRAINING ROOM HOURS:
Mon.-Fri.: 9 a.m.-Noon, 2 p.m.-7 p.m.
Saturday: Based on Team Schedules
Sunday: Noon-1 p.m. or by Appointment

Cameron Hall
Basketball, Track & Field,
Wrestling, Cross Country, Rifle
(540-464-7310)

Clarkson McKenna Hall
Football, Water Polo, Swimming
(540) 464-7612

Paulette Hall
Baseball, Lacrosse & Soccer
(540) 464-7193

OTHER PHONE NUMBERS:
Stonewall Jackson Hospital E. D.
(540) 458-3343
Stonewall Jackson Radiology
(540) 458-3321
EMS - 911