



# 2013-14 Men's Indoor Season Report



Date	Opponent	Location	Time/Results
<b>December 5-6</b>	<b>Appalachian Invitational</b>	<b>BOONE, N.C.</b>	<b>1st of 4</b>
January 17-18	ETSU Invitational	Johnson City, Tenn.	3rd of 11
January 24-25	Hokie Invitational	Blacksburg, Va.	No Team Scores
Jan. 31- Feb. 1	Hilton Garden Invitational	Winston Salem, N.C.	No Team Score
<b>February 7-8</b>	<b>Mountaineer Open Meet</b>	<b>BOONE, N.C.</b>	<b>No Team Scores</b>
February 14	Liberty Quad	Lynchburg, Va.	No Team Scores
<b>February 21-22</b>	<b>Appalachian Pre-Conference</b>	<b>BOONE, N.C.</b>	<b>1st of 8</b>
March 1-2	SoCon Indoor Championships	Winston-Salem, N.C.	2nd of 9
March 14-15	NCAA Div. I National Championships	Albuquerque, N.M.	TBA

## SEASON BEST PERFORMANCES

### 55m

**SoCon Record:** 6.21, Jeff Horton, East Tennessee State, 1995  
**Holmes Record:** 6.15, David Collin, Clemson, 2001  
**ASU-Holmes Record:** 6.22, Ernest Wiggins, 2002, Jason Green, 2003  
**ASU Record:** 6.22, Ernest Wiggins, 2002, Jason Green, 2003

Time	Name	Meet
6.38	Marshall McRae, Jr.	Appalachian Invitational
6.46	William Buckley, Fr.	Appalachian Invitational
6.66	Clay Allen, Fr.	Appalachian Invitational
6.73	Jesse Earnhardt, Fr.	Appalachian Invitational
6.80	Trey Edgerton, Jr.	Appalachian Invitational
6.81	Jamal Tiller, Sr.	Appalachian Pre-Conference
6.83	Henry Bustle, Jr.	Appalachian Pre-Conference
6.89	Adedeji Adeneye, Sr.	Appalachian Pre-Conference

### 55m Hurdles

**SoCon Record:** 7.34, Greg Hatchett, VMI, 1989  
**Holmes Record:** 7.17, Anwar Moore, St. Augustine, 2003  
**ASU-Holmes Record:** 7.38, Ryan Linebarger, 2001  
**ASU Record:** 7.24, Omari Francis, 2000

Time	Name	Meet
8.00	Kenley Joseph, Sr.	Appalachian Pre-Conference
8.74	Jackson Powers, Fr.	Appalachian Invitational
8.74	Darrow Goff, So.	Appalachian Invitational
9.07	Cody Sterrett, Fr.	Appalachian Invitational

### 60m

**SoCon Record:** 6.73, Ernest Wiggins, Appalachian State, 2004  
**ASU Record:** 6.72, Ernest Wiggins, 2004

Time	Name	Meet
6.85	Marshall McRae, Jr.	SoCon Championships
7.00	William Buckley, Fr.	SoCon Championships
7.31	Jesse Earnhardt, Fr.	SoCon Championships
7.35	Clay Allen, Fr.	Hokie Invitational

### 60m Hurdles

**SoCon Record:** 7.90, Stanley Broaden, Appalachian State, 2013  
**ASU Record:** 7.90, Stanley Broaden, 2013

Time	Name	Meet
8.65	Kenley Joseph, Sr.	SoCon Championships
9.43	Jackson Powers, Fr.	Niswonger Invitational

### 200m

**SoCon Record:** 21.13, Delevantie Brown, East Tennessee State, 1995  
**Holmes Record:** 21.51, Javon Young, Charleston Southern, 2010  
**ASU-Holmes Record:** 21.94, Chris Martin, 2005  
**ASU Record:** 21.55, Jason McGhinnis, 2000

Time	Name	Meet
21.88	Marshall McRae, Jr.	Appalachian Invitational
22.24	Stanley Broaden, Jr.	Mountaineer Open
22.27	William Buckley, Fr.	SoCon Championships
22.68	Clay Allen, Fr.	Appalachian Pre-Conference
22.69	Trey Edgerton, Jr.	SoCon Championships
22.76	Jesse Earnhardt, Fr.	Appalachian Invitational
23.29	Josh Hanna, Fr.	Hilton Garden Invitational
23.46	Kenley Joseph	Appalachian Pre-Conference
23.53	David Riddleberger, Jr.	Hilton Garden Invitational
24.05	Jackson Powers, Fr.	Niswonger Invitational

### 300m

**Holmes Record:** 34.30, Jordon Vaden, 2008  
**ASU-Holmes Record:** 34.89, John Svoboda, 2009  
**ASU Record:** 34.37, Jason McGhinnis, 2000

Time	Name	Meet
35.03	Marshall McRae, Jr.	Mountaineer Open
35.98	David Riddleberger, Jr.	Mountaineer Open
36.17	Josh Hanna, Fr.	Mountaineer Open
37.47	Kenley Joseph, Sr.	Mountaineer Open

### 400m

**SoCon Record:** 47.11, Mario Small, VMI, 1989  
**Holmes Record:** 47.88, Manteo Mitchell, Western Carolina, 2008  
**ASU-Holmes Record:** 48.65, Bryan Burney, 2005  
**ASU Record:** 48.37, Frank Allen, 1988

Time	Name	Meet
48.56	Raphael Rojas, Jr.	SoCon Championships
50.15	Joshua Hanna, Fr.	SoCon Championships
50.56	Trey Edgerton, Jr.	SoCon Championships
51.71	David Riddleberger, Jr.	Niswonger Invitational
51.98	Peter Ovendorf, So.	Liberty Quad
52.13	Kenley Joseph, Sr.	Appalachian Invitational
53.62	Jackson Powers, Fr.	Niswonger Invitational

# SEASON BEST PERFORMANCES

## 800m

**SoCon Record:** 1:50.92, Zach Whitmarsh, East Tennessee State, 1997

**Holmes Record:** 1:52.70, Caleb Bailey, Western Carolina, 2003

**ASU-Holmes Record:** 1:53.60, Raphael Rojas, 2012

**ASU Record:** 1:50.37, Allen Brooks, 1991

Time	Name	Meet
1:54.90	Raphael Rojas, Jr.	Mountaineer Open
2:01.10	Peter Ovendorf, So.	Appalachian Pre-Conference

## Mile

**SoCon Record:** 4:03.97, Mark Scruton, East Tennessee State, 1982

**Holmes Record:** 4:14.09, Phillip Rotich, Milligan, 2002

**ASU-Holmes Record:** 4:15.56, Alex Taylor, 2011

**ASU Record:** 4:01.75, Patrick Morgan, 2010

Time	Name	Meet
4:23.90	Kyle McFoy, Jr.	Appalachian Pre-Conference
4:40.49	Nolan Clark, Gr.	Niswonger Invitational

## 3,000m

**SoCon Record:** 8:05.37, Seamus Power, East Tennessee State, 1992

**Holmes Record:** 8:32.40, David Cheromei, Virginia Intermont, 2005

**ASU-Holmes Record:** 8:26.34, Chris Moen, 2012

**ASU Record:** 8:05.88, Chris Moen, 2011

Mark	Name	Meet
8:27.46	Kyle McFoy, Jr.	SoCon Championships
8:39.17	Chris Anderson, So.	Liberty Quad
8:45.52	Chris Garrett, Jr.	Niswonger Invitational
8:46.41	Michael Ellis, So.	Liberty Quad
8:54.30	Nolan Clark, Gr.	Appalachian Invitational
9:06.57	Andrew Vandenberg, So.	Liberty Quad

## 5,000m

**SoCon Record:** 14:06.00, Adrian Leek, East Tennessee State, 1981

**Holmes Record:** 15:11.16, Austin Ellis, Milligan, 2010

**ASU-Holmes Record:** N/A

**ASU Record:** 14:21.79, Chris Moen, 2013

Mark	Name	Meet
14:46.89	Kyle McFoy, Jr.	SoCon Championships
14:50.53	Chris Anderson	SoCon Championships
15:12.61	Michael Ellis, So.	SoCon Championships
15:37.62	Andrew Vandenberg, So.	Hilton Garden Invitational
15:51.70	Nolan Clark, Gr.	Niswonger Invitational

## Long Jump

**SoCon Record:** 25-1.75, Marcus Lynch, VMI, 2001

**Holmes Record:** 25-0.75, Ciaran McDonagh, Speed Dynamics, 2001

**ASU-Holmes Record:** 24-10.50, Ricky Harris, 2007

**ASU Record:** 25-1.25, Michael Hanks, 1987

Mark	Name	Meet
23-0.75	Henry Bustle, Jr.	SoCon Championships
23-0.00	Jamal Tiller, Sr.	SoCon Championships
22-5.25	Jesse Earnhardt, Fr.	Mountaineer Open
22-2.25	Adedeji Adeneye	SoCon Championships
20-10.00	Clay Allen, Fr.	Mountaineer Open
19-8.75	Jackson Powers, Fr.	Appalachian Invitational
18-3.25	Cody Sterrett, Fr.	Appalachian Invitational

## Triple Jump

**SoCon Record:** 52-10.25, Warren Posey, Appalachian State, 1989

**Holmes Record:** 51-8.25, Rephel Martin, Unattached, 2003

**ASU-Holmes Record:** 50-3.50, Mark Sturgis, 2006

**ASU Record:** 53-10.25, Michael Hanks, 1987

Mark	Name	Meet
50-8.00	Jamal Tiller, Sr.	SoCon Championships
50-2.00	Adedeji Adeneye, Sr.	SoCon Championships
47-10.80	Henry Bustle, Jr.	Niswonger Invitational
45-1.00	Isaiah Relliford, Fr.	Appalachian Invitational

## High Jump

**SoCon Record:** 7-1.75, Darius Purcell, Appalachian State, 2011

**Holmes Record:** 7-0.25, Darius Purcell, Appalachian State, 2011

**ASU-Holmes Record:** 7-0.25, Darius Purcell, 2011

**ASU Record:** 7-2.50, Darius Purcell, 2012

Mark	Name	Meet
6-8.25	Samuel Allen, Fr.	Mountaineer Open
6-4.25	Cole Finch, So.	Appalachian Invitational
6-2.25	Darrow Goff, So.	Liberty Quad

## Pole Vault

**SoCon Record:** 16-7.50, Michael Seaman, Samford, 2010

**Holmes Record:** 17-1, David Stephens, South Carolina State, 2002

**ASU-Holmes Record:** 16-4.75, Ryan Twiford, 2011

**ASU Record:** 16-8.75, Todd Poremba, Virginia Tech, 1998

Mark	Name	Meet
15-9.00	Matt Layne, Fr.	Appalachian Pre-Conference
15-8.25	Phillip Thomas, Fr.	Mountaineer Open
15-3.00	Alex Lomax, Jr.	Liberty Quad
13-8.50	Patrick Quinn, So.	Mountaineer Open

## Shot Put

**SoCon Record:** 56-0.50, Cosmo, Tocci, The Citadel, 1980

**Holmes Record:** 57-4.75, Anthony Greer, Unattached, 2009

**ASU-Holmes Record:** 55-11.75, Anthony Greer, 2005

**ASU Record:** 56-0.50, Jerod Gardner, 2011

Mark	Name	Meet
48-7.46	John Leonard, So.	Niswonger Invitational
48-3.50	Nathan Milch, Fr.	SoCon Championships
47-1.35	Nick Sansotta, Jr.	Niswonger Invitational
44-8.75	Richard Bell, Jr.	Appalachian Invitational
43-0.50	Jonathan Howes, Jr.	SoCon Championships
42-00.75	Ellsworth Parham, Fr.	Appalachian Pre-Conference
40-11.00	Mason Lasater, So.	SoCon Championships
26-9.75	Cody Sterrett, Fr.	Appalachian Invitational

## Weight Throw

**SoCon Record:** 62-2.50, Malcolm Styers, Appalachian State, 2011

**Holmes Record:** 64-0.50, Bob Smith, Unattached, 2010

**ASU-Holmes Record:** 62-7.75, Malcolm Styers, 2011

**ASU Record:** 62-11.50, Jared Stalling, 2012

Mark	Name	Meet
54-6.75	Jonathan Howes, Jr.	SoCon Championships
53-3.00	Mason Lasater, So.	Mountaineer Open
52-10.00	Nathan Milch, Fr.	Liberty Quad
52-9.50	John Leonard, So.	SoCon Championships
49-9.24	Richard Bell, Jr.	Niswonger Invitational
47-0.25	Nick Sansotta, Jr.	Appalachian Invitational

# SEASON BEST PERFORMANCES

## ***4x300m Relay***

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**SoCon Record:**

**Holmes Record:** 2:20.40,Edgerton/Broaden/McRae/Rojas, Appalachian State, 2014

**ASU-Holmes Record:** 2:20.40,Edgerton/Broaden/McRae/Rojas, 2014

**ASU Record:** 2:20.40,Edgerton/Broaden/McRae/Rojas, 2014

<b>Time</b>	<b>Name</b>	<b>Meet</b>
2:20.40	Edgerton/Broaden McRae/Rojas	Mountaineer Open

## ***4x400m Relay***

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**SoCon Record:**

**Holmes Record:**

**ASU-Holmes Record:**

**ASU Record:**

<b>Time</b>	<b>Name</b>	<b>Meet</b>
3:21.44	Hanna/Edgerton Broaden/Rojas	SoCon Championships
3:24.68	Rojas/Ovendorf Riddleberger/Hanna	Liberty Quad
3:26.54	Riddleberger/Hanna McRae/Edgerton	Niswonger Invitational
3:26.56	Riddleberger/Rojas Hanna/Powers	Appalachian Invitational

## ***Distance Medley***

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**SoCon Record:** 9:47.80, East Tennessee State, 1982

**Holmes Record:** 10:24.00, Milligan, 2002

**ASU-Holmes Record:** 10:31.00, 2003

**ASU Record:** 10:00.90, Moen/Riddleberger/Rojas/Taylor, 2012

<b>Time</b>	<b>Name</b>	<b>Meet</b>
10:20.95	Ellis/Hanna Rojas/Anderson	SoCon Championships

# MEET RESULTS

**Appalachian Invitational  
December 5-6, 2013  
Holmes Convocation Center  
Appalachian State University  
Boone, N.C.**

1st of 4

## Individual Mountaineer Results

**55 meters**- 1. Marshall McRae, 6.38; 2. William Buckley, 6.46; 10. Clay Allen, 6.66; 14. Jesse Earnhardt, 6.73; 19. Trey Edgerton, 6.80

**55 meter hurdles**- 9. Kenley Joseph, 8.23; 16. Jackson Powers, 8.74; 17. Darrow Goff, 8.94; 18. Cody Sterrett, 9.07

**200 meters**- 1. Marshall McRae, 21.88; 4. William Buckley, 22.38; 7. Jesse Earnhardt, 22.76; 9. Trey Edgerton, 22.82; Clay Allen, 22.98

**400 meters**- **9. Josh Hanna, 51.33; 11. David Riddleberger, 51.86; 12. Kenley Joseph, 52.13**

**800 meters**- 1. Raphael Rojas, 1:55.26

**3,000 meters**- 1. Nolan Clark, 8:54.30

**Long jump**- 2. Henry Bustle, 22-1.00; 3. Jesse Earnhardt, 21-11.75; 12. Jackson Powers, 19-8.75; 16. Cody Sterrett, 18-3.25

**Triple jump**- 1. Jamal Tiller, 48-3.25; 2. Adedeji Adeneye, 47-7.00; 4. Henry Bustle, 46-10.00; 5. Isaiah Relliford, 45-1.00

**High jump**- 2. Samuel Allen, 6-6.25; 3. Cole Finch, 6-4.25; 9. Darrow Goff, 6-0.50

**Pole vault**- 2. Phillip Thomas, 15-7.00; 4. Alex Lomax, 14-7.25; 6. Matt Layne, 14-7.25

**Shot put**- 1. John Leonard, 48-1.25; 3. Nathan Milch, 46-10.00; 4. Nick Sansotta, 46-1.50; 5. Richard Bell, 44-8.75; 19. Jackson Powers, 34-1.50; 24. Cody Sterrett, 26-9.75

**Weight throw**- 5. John Leonard, 47-4.50; 6. Richard Bell, 47-3.50; 7. Nick Sansotta, 47-0.25; 8. Nathan Milch, 45-09.00

**4x400-meter relay**- 5. Riddleberger, Rojas, Hanna, Powers, 3:26.56

**Niswonger Invitational  
January 17-18, 2014  
ETSU/MSHA Athletics Center  
East Tennessee State University  
Johnson City, Tenn.**

3rd of 11

## Individual Mountaineer Results

**60 meters (Prelims)**- 3. Marshall McRae, 6.92; 16. William Buckley, 7.10; 41. Clay Allen, 7.29; 43. Jesse Earnhardt, 7.31

**60 meters (Finals)**- 1. Marshall McRae, 6.93

**60m Hurdles (Prelims)**-15. Kenley Joseph, 8.92; 29. Jackson Powers, 9.43

**200 meters (Prelims)** - 8. Marshall McRae, 22.49; 16. William Buckley, 22.74; 22. Trey Edgerton, 22.90; 37. Clay Allen, 23.23; 43. Jesse Earnhardt, 23.43; 62. Jackson Powers, 24.05

**400 meters (Prelims)**- 6. Raphael Rojas, 49.76; 21. Josh Hanna, 51.44; 22. Trey Edgerton, 51.57; 23. David Riddleberger, 51.71; 37. Peter Ovendorf, 53.20; 39. Kenley Joseph, 53.32

**1 mile** - 20. Nolan Clark, 4:40.49

**4x400 meter relay** - 11. Hanna, Edgerton, McRae, Riddleberger, 3:26.54; 13. Ovendorf, Buckley, Joseph, Powers, 3:30.88

**High Jump** - 5. Samuel Allen, 6-5.95; 12. Cole Finch, 6-0.05

**Pole Vault**- 4. Matt Layne, 14-7.20; 4. Alex Lomax, 14-7.20; 7. Patrick Quinn, 14-1.29

**Long Jump**- 19. Henry Bustle, 20-6.85; 24. Clay Allen, 19-7.04; 33. Jackson Powers, 17-00.33; 34. Jesse Earnhardt, 15-5.43

**Triple Jump**- 1. Adedeji Adeneye, 47-11.59; 3. Henry Bustle, 47-10.80; 4. Jamal Tiller, 47-8.05; 18. Isaiah Relliford, 40-10.16

**Shot put**- 4. John Leonard, 48-7.46; 5. Nathan Milch, 47-10.01; 6. Nick Sansotta, 47-1.35; 12. Richard Bell, 43-8.41; 16. Jonathan Howes, 40-5.04

**Weight throw**- 8. Mason Lasater, 49-12.00; 9. Richard Bell, 49-9.24; 10. John Leonard, 48-9.43; 11. Nathan Milch, 48-8.64; 13. Jonathan Howes, 45-8.42; 18. Nick Sansotta, 43-00.14

**3,000 meters**- 3. Chris Garrett, 8:45.52; 11. Michael Ellis, 9:09.43

**5,000 meters** - 6. Kyle McFoy, 15:10.34, 18. Nolan Clark, 15:51.70

# MEET RESULTS

## Hokie Invitational January 24-25, 2014 Johnson/Miller Track Complex Virginia Tech University Blacksburg, Va.

### No Team Scores

#### Individual Mountaineer Results

**60 meters (Prelims)**- 4. Marshall McRae, 6.97; 14. William Buckley, 7.15; 20. Clay Allen, 7.35

**60 meters (Finals)**- 5. Marshall McRae, 6.92

**200 meters** - 12. Marshall McRae, 22.63; 19. William Buckley, 22.96; 23. Clay Allen, 23.34

**300 meters** - 22. Kenley Joseph, 37.87; DQ. Trey Edgerton

**400 meters** - 11. Joshua Hanna, 50.73; 16. Trey Edgerton, 51.45; 19. David Riddleberger, 51.88

**800 meters** - 10. Raphael Rojas, 1:57.74

**60 meter hurdles** - 22. Kenley Joseph, 8.87; DQ. Stanley Broaden

**4x400 relay** - DNF. Hanna, Broaden, Rojas, Edgerton

**High Jump** - 7. Samuel Allen, 6-3.60

**Pole Vault**- 9. Phillip Thomas, 15-4.25

**Pole Vault (unseeded)**- 2. Matt Layne, 15-1.10

**Long jump**- 19. Henry Bustle, 19-0.75

**Triple jump**- 5. Jamal Tiller, 46-9.42; 7. Adedeji Adeneye, 45-8.45; 8. Henry Bustle, 45-7.65

**Shot put**- 9. John Leonard, 48-2.35; 10. Nathan Milch, 46-4.30; 12. Nick Sansotta, 45.490

**Weight throw**- 13. John Leonard, 48-8.65; 14. Mason Lasater, 48-5.50; 17. Jonathan Howes, 45-8.05

## Hilton Garden Invitational January 31-February 1, 2014 JDL Fast Track Wake Forest University Winston-Salem, N.C.

### No Team Scores

**5000 meters** - 8. Michael Ellis, 15:23.05; 13. Andrew Vandenberg, 15:37.62

**60 meters hurdles**- 39. Kenley Joseph, 8.94

**60 meter dash (Prelims)** - 32. William Buckley, 7.07; 72. Clay Allen, 7.40

**60 meter dash (Finals)** - 29. William Buckley, 7.24

**400 meters** - 13. Joshua Hanna, 50.82; 48. David Riddleberger, 53.15; 56. Kenley Joseph, 53.68

**3000 meters** - 3. Kyle McFoy, 8:29.06; 22. Chris Garrett, 8:54.74

**200 meter dash**- 18. William Buckley, 23.18; 26. Josh Hanna, 23.29; 35. David Riddleberger, 23.53; 47. Clay Allen, 23.79

**Weight throw** 14. Mason Lasater, 52-1.00, 16. Nathan Milch, 50-11.00

**Shot put**- 13. Nick Sansotta, 46-2.00; 18. Nathan Milch, 43-8.00

**High jump**- 9. Samuel Allen, 6-4.75; 22. Darrow Goff, 5-10.75

**Pole vault** - 6. Matt Layne, 14-5.25; 8. Phillip Thomas, 14-5.25; 11. Alex Lomas, 14-5.25

**Heptathlon**- 12. Jackson Power, 3544

## Mountaineer Open February 7-8, 2014 Holmes Center Appalachian State University Boone, N.C.

### No Team Scores

#### Individual Mountaineer Results

**Weight Throw** -2. Mason Lasater, 53-3.00; 4. John Leonard, 51-10.50; 5. Jonathan Howes, 51-1.75; 6. Nathan Milch, 49-3.00; 8. Nick Sansotta, 44-4.25

**Triple Jump**- 1. Jamal Tiller, 47-7.00; 2. Adedeji Adeneye, 46-2.75; 3. Henry Bustle, 45-8.00; 5. Isaiah Relliford, 44-10.25

**High Jump** - 1. Samuel Allen, 6-8.25; 2. Darrow Goff, 6-2.25

**Pole Vault**- 3. Phillip Thomas, 15-8.25; 4. Alex Lomax, 15-2.25; 6. Patrick Quinn, 13-8.50

**Shot Put**- 3. Nick Sansotta, 46-8.75; 5. John Leonard, 45-10.75; 6. Nathan Milch, 44-8.25; 7. Jonathan Howes, 42-1.25

**Long Jump**- 2. Jesse Earnhardt, 22-5.25; 3. Henry Bustle, 22-2.50; 6. Clay Allen, 20-10.00

**55m Hurdles**- 13. Kenley Joseph, 8.29

**55m Dash (Prelims)**- 4. Marshall McRae, 5.56; 9. William Buckley, 6.64; 15. Clay Allen, 6.74; 23. Jesse Earnhardt, 6.80

**55m Dash (Finals)**- 1. Marshall McRae, 6.43

**400m**- 2. Trey Edgerton, 50.67

**800m** - 1. Raphael Rojas, 1:54.90; 3. Peter Ovendorf, 2:03.02

**300m Dash**- 1. Marshall McRae, 35.03; 2. David Riddleberger, 35.98; 3. Josh Hanna, 36.17; 4. Kenley Joseph, 37.47

**200m Dash**- 1. Stanley Broaden, 22.24; 2. Trey Edgerton, 22.70; 4. Clay Allen, 23.05; 6. William Buckley, 23.39; 7. Jesse Earnhardt, 23.41

**3000m**- 2. Andrew Vandenberg, 9:08.13

**4x300 Relay**- 1. Edgerton, Broaden, McRae, Rojas, 2:20.40; Allen, Riddleberger, Earnhardt, Hanna, 2:32.83

## Liberty Quad February 17, 2014 Tolsma Indoor Track Liberty Lynchburg, Va.

### No Team Scores

#### Individual Mountaineer Results

**200 meters** - 6. Joshua Hanna, 23.64; 9. David Riddleberger, 24.28

**400 meters**- 1. Raphael Rojas, 49.29; 3. Joshua Hanna, 50.65; 7. Peter Ovendorf, 51.98; 8. David Riddleberger, 52.18; 10. Kenley Joseph, 54.03

**3,000 meters**- 2. Chris Anderson, 8:39.17; 5. Michael Ellis, 8:46.41; 10. Andrew Vandenberg, 9:06.57

**60 meter hurdles**- 7. Kenley Joseph, 8.90

**4x400 relay** - 2. Rojas, Ovendorf, Riddleberger, Hanna, 3:24.68

**High jump** - 1. Samuel Allen, 6-6.25; 4. Darrow Goff, 6-2.25

**Pole vault**- 3. Matt Layne, 15-3.00; 4. Alex Lomax, 15-3.00

**Shot put**- 7. Nathan Milch, 47-3.50; 10. Nick Sansotta, 45-2.50; 14. John Leonard, 40-4.75; 15. Richard Bell, 39-2.50

**Weight throw**- 1. Nathan Milch, 52-10.00; 2. Mason Lasater, 51-2.75; 5. Richard Bell, 48-11.50; 6. John Leonard, 47-2.50; 9. Nick Sansotta, 43-6.50



# MEET RESULTS

**Appalachian Pre-Conference**  
**February 21-22, 2014**  
**Holmes Convocation Center**  
**Appalachian State University**  
**Boone, N.C.**

1st of 8

## Individual Mountaineer Results

**Weight Throw**- 1. Jonathan Howes, 51-9.00; 2. John Leonard, 50-5.50; 3. Nathan Milch, 50-3.25; 4. Mason Lasater, 49-8.25; 5. Richard Bell, 49-0.75; 6. Nick Sansotta, 45-10.00

**High Jump**- 2. Samuel Allen, 6-4.25; 4. Darrow Goff, 6-2.25

**Pole Vault**- 1. Matt Layne, 15-9.00; 3. Phillip Thomas, 15-5.00; 4. Alex Lomax, 15-1.00

**Shot Put**- 4. Nathan Milch, 46-10.75; 6. Nick Sansotta, 46-1.25; 7. John Leonard, 46-0.50; 9. Richard Bell, 42-2.25; 10. Ellsworth Parham, 42-0.75; 11. Jonathan Howes, 40-8.25

**55m Hurdles**- 2. Kenley Joseph, 8.00; 10. Jackson Powers, 8.83

**55m Dash**- 11. Clay Allen, 6.70; 14. Jesse Earnhardt, 6.79; 17. Jamal Tiller, 6.81; 18. Henry Bustle, 6.83; 21. Adedeji Adeneye, 6.89

**1 Mile**- 1. Kyle McFoy, 4:23.90

**400m**- 4. Jackson Powers, 54.37

**800m Run**- 1. Peter Ovendorf, 2:01.10

**200m Dash**- 2. Clay Allen, 22.68; 3. Trey Edgerton, 22.71; 4. Jesse Earnhardt, 22.89; 8. Kenley Joseph, 23.46

**Southern Conference Indoor Championships**  
**March 1-2, 2014**  
**JDL Fast Track**  
**Winston-Salem, N.C.**

2nd of 9

## Individual Mountaineer Results

**5,000m**- 3. Kyle McFoy, 14:46.89; 6. Chris Anderson, 14:50.53; 12. Michael Ellis, 15:12.61

**Distance Medley** - 4. Ellis, Hanna, Rojas, Anderson, 10:20.95

**60m Hurdles (Prelims)**- 5. Kenley Joseph, 8.71

**60m Hurdles (Finals)**- 6. Kenley Joseph, 8.65

**60m (Prelims)**- 3. Marshall McRae, 6.87; 7. William Buckley, 7.02; 16. Jesse Earnhardt, 7.31

**60m (Finals)**- 2. Marshall McRae, 6.85; 7. William Buckley, 7.00

**400m (Prelims)**- 1. Raphael Rojas, 49.45; 7. Josh Hanna, 50.39; 8. Trey Edgerton, 51.21

**400m (Finals)**- 2. Raphael Rojas, 48.56; 5. Josh Hanna, 50.15; 7. Trey Edgerton, 50.56

**3,000m**- 3. Kyle McFoy, 8:27.46

**200m (Prelims)**- 4. William Buckley, 22.27; 9. William Buckley, 22.68; 10. Trey Edgerton, 22.69; 11. Stanley Broaden, 22.91

**200m (Finals)**- 4. William Buckley, 22.44

**4x400m Relay**- 2. Hanna, Edgerton, Broaden, Rojas, 3:21.44

**Weight Throw**- 2. Jonathan Howes, 54-6.75; 4. John Leonard, 52-9.50; 11. Mason Lasater, 48-3.25; Nathan Milch, 47-3.75; 13. Nick Sansotta, 44-1.50

**Shot Put**- 4. Nathan Milch, 48-3.50; 6. John Leonard, 47-9.25; 9. Nick Sansotta, 46-9.00; 11. Jonathan Howes, 43-0.50; 12. Mason Lasater, 40-11.00

**High Jump**- 2. Samuel Allen, 6-8.25; 6. Darrow Goff, 6-2.25

**Pole Vault**- 1. Phillip Thomas, 15-5.00; 3. Alex Lomax, 14-11.00; 3. Matt Layne, 14-11.00

**Long Jump**- 4. Henry Bustle, 23-0.75; 5. Jamal Tiller, 23-0.00; 8. Adedeji Adeneye, 22-2.25; 14. Jesse Earnhardt, 21-4.00

**Triple Jump**- 1. Jamal Tiller, 50-8.00; 2. Adedeji Adeneye, 50-2.00; 6. Henry Bustle, 47-0.25

**Heptathlon**- 3. Jackson Powers, 4351

# INDIVIDUAL PERFORMANCE LIST

## Symbol Key

**na** - ncaa automatic qualifying time/mark  
**p** - preliminary mark  
**f** - final mark  
**pr** - personal record  
**mr** - meet record  
**sr** - school record  
**cr** - SoCon record  
**hep** - mark earned during heptathlon competition

### ADEDEJI ADENEYE -- SR -- GREENSBORO, N.C.

#### Triple jump (50-2.00)

47-7.00 Appalachian Invitational ..... 2nd  
 47-11.59 Niswonger Invitational ..... 1st  
 45-8.42 Hokie Invitational ..... 7th  
 46-02.75 Mountaineer Open..... 2nd  
 50-2.00 pr SoCon Championships ..... 2nd

#### Long jump(23-1.25)

22-2.25 SoCon Championships ..... 8th

#### 55m Dash (6.89)

6.89 Appalachian Pre-Conference ..... 21st

### CLAY ALLEN-- FR -- WILMINGTON, PA.

#### 55 meter Dash (6.66)

6.66 pr Appalachian Invitational..... 10th  
 6.74 Mountaineer Open..... 15th  
 6.70 Appalachian Pre-Conference ..... 11th

#### 60 meter Dash (7.29)

7.29 p/pr Niswonger Invitational ..... 41st  
 7.35 p Hokie Invitational ..... 20th  
 7.40 Hilton Garden Invitational..... 72nd

#### 200 meters (22.68)

22.98 Appalachian Invitational ..... 12th  
 23.23 p Niswonger Invitational ..... 37th  
 23.34 Hokie Invitational ..... 23rd  
 23.79 Hilton Garden Invitational..... 47th  
 23.05 Mountaineer Open..... 4th  
 22.68 pr Appalachian Pre-Conference ..... 2nd

#### Long Jump (20-10.00)

19-7.04 Niswonger Invitational ..... 24th  
 20-10.00 pr Mountaineer Open..... 6th

### SAMUEL ALLEN -- FR -- STATESVILLE, N.C.

#### High Jump (6-8.25)

6-6.25 Appalachian Invitational ..... 2nd  
 6-5.95 Niswonger Invitational ..... 5th  
 6-3.60 Hokie Invitational ..... 3rd  
 6-4.75 Hilton Garden Invitational..... 9th  
 6-8.25 pr Mountaineer Open..... 1st  
 6-6.25 Liberty Quad..... 1st  
 6-4.25 Appalachian Pre-Conference ..... 2nd  
 6-8.25 pr SoCon Championships ..... 2nd

### CHRIS ANDERSON-- SO -- GREENSBORO, N.C.

#### 3,000 meter run (8:39.17)

8:39.17 pr Liberty Quad..... 2nd

#### 5,000 meter run (14:50.53)

14:50.53 pr SoCon Championships ..... 6th

### RICHARD BELL

#### Shot Put (46-4.00)

44-8.75 Appalachian Invitational ..... 5th  
 43-8.41 Niswonger Invitational ..... 12th  
 Foul Mountaineer Open..... n/a  
 39-2.50 Liberty Quad..... 15th  
 42-2.25 Appalachian Pre-Conference ..... 9th

#### Weight Throw (49-9.24)

47.3.50 Appalachian Invitational ..... 6th  
 49-9.24 pr Niswonger Invitational ..... 9th  
 Foul Mountaineer Open..... n/a  
 48-11.50 Liberty Quad..... 5th  
 49-0.75 Appalachian Pre-Conference ..... 5th

### STANLEY BROADEN-- JR -- WILMINGTON, N.C.

#### 200 meter (22.22)

22.24 Mountaineer Open..... 1st  
 22.91 SoCon Championships ..... 11th

### WILLIAM BUCKLEY-- FR -- DURHAM, N.C.

#### 55 meter (6.46)

6.46 pr Appalachian Invitational ..... 2nd  
 6.64 p Mountaineer Open..... 9th

#### 60 meter (7.00)

7.10 p Niswonger Invitational ..... 16th  
 7.15 p Hokie Invitational ..... 14th  
 7.07 p Hilton Garden Invitational..... 32nd  
 7.24 f Hilton Garden Invitational..... 29th  
 7.02 p SoCon Championships ..... 7th  
 7.00 f/pr SoCon Championships ..... 7th

#### 200 meters (22.27)

22.38 pr Appalachian Invitational ..... 4th  
 22.74 p Niswonger Invitational ..... 16th  
 22.96 Hokie Invitational ..... 19th  
 23.18 Hilton Garden Invitational..... 18th  
 23.39 Mountaineer Open..... 6th  
 22.27 p/pr SoCon Championships ..... 4th  
 22.44 f SoCon Championships ..... 4th

### HENRY BUSTLE -- JR -- STATESVILLE, N.C.

#### Triple Jump (47-10.80)

46-10.00 Appalachian Invitational ..... 4th  
 47-10.80 pr Niswonger Invitational ..... 3rd  
 45-7.65 Hokie Invitational ..... 8th  
 45-8.00 Mountaineer Open..... 3rd  
 47-0.25 SoCon Championships ..... 6th

#### Long Jump (23-6.25)

22-1.00 Appalachian Invitational ..... 2nd  
 20-6.85 Niswonger Invitational ..... 19th  
 19-0.75 Hokie Invitational ..... 19th  
 22.-2.50 Mountaineer Open..... 3rd  
 23-0.75 SoCon Championships ..... 4th

#### 55m Dash (6.69)

6.83 Appalachian Pre-Conference ..... 18th

# INDIVIDUAL PERFORMANCE LIST

## NOLAN CLARK-- GR -- GAINESVILLE, GA.

### 3000 meters (8:54.30)

8:54.30 pr Appalachian Invitational..... 1st

### One Mile (4:40.49)

4:40.49 pr Niswonger Invitational.....20th

### 5000 meters (15:51.70)

15:51.70 pr Niswonger Invitational..... 18th

## JESSE EARNHARDT-- FR -- DENVER, N.C.

### Long jump (22-5.25)

21-11.75 Appalachian Invitational..... 3rd

15-5.43 Niswonger Invitational.....34th

22-5.25 pr Mountaineer Open.....2nd

21-4.00 SoCon Championships..... 14th

### 55 meters (6.73)

6.73 pr Appalachian Invitational.....14th

6.80 Mountaineer Open.....23rd

6.79 p Appalachian Pre-Conference.....14th

### 60 meter Dash (7.31)

7.31 p/pr Niswonger Invitational.....43rd

7.31 p SoCon Championships.....16th

### 200 meters (22.76)

22.76 pr Appalachian Invitational..... 7th

23.43 p Niswonger Invitational.....43rd

23.41 Mountaineer Open.....7th

22.89 Appalachian Pre-Conference..... 4th

## TREY EDGERTON -- JR -- KINGS MOUNTAIN, N.C.

### 55 meters (6.80)

6.80 pr Appalachian Invitational.....19th

### 200 meters (22.69)

22.82 Appalachian Invitational..... 9th

22.90 p Niswonger Invitational.....22nd

22.70 Mountaineer Open.....2nd

22.71 Appalachian Pre-Conference..... 3rd

22.69 pr SoCon Championships.....10th

### 400 meters (50.56)

51.57 p Niswonger Invitational.....22nd

51.45 Hokie Invitational.....16th

50.67 Mountaineer Open.....2nd

51.21 p SoCon Championships..... 8th

50.56 f/pr SoCon Championships..... 7th

### 4x400 Relay (3:20.10)

3:26.54 Niswonger Invitational.....11th

## MICHAEL ELLIS -- SO -- WINSTON SALEM, N.C.

### 5000 meters (15:12.61)

15:23.05 Hilton Garden Invitational..... 8th

15:12.61 pr SoCon Championships.....12th

### 3000 meters (8:46.41)

9:09.43 Niswonger Invitational.....11th

8:46.41 pr Liberty Quad.....5th

## COLE FINCH -- SO -- MATTHEWS, N.C.

### High Jump (6-6.25)

6-4.25 Appalachian Invitational..... 3rd

6-0.05 Niswonger Invitational.....12th

## CHRIS GARRETT- JR -- GARNER, N.C.

### 3000 meters (8:42.97)

8:45.52 Niswonger Invitational..... 3rd

8:54.74 Hilton Garden Invitational.....22nd

## DARROW GOFF

### High Jump (6-2.25)

6-0.50 Appalachian Invitational..... 9th

5-10.75 Hilton Garden Invitational.....22nd

6-2.25 pr Mountaineer Open.....2nd

6-2.25 pr Liberty Quad.....4th

6-2.25 pr Appalachian Pre-Conference..... 4th

6-2.25 pr SoCon Championships..... 6th

### 55 meter Hurdles (8.94)

8.94 Appalachian Invitational.....17th

## JOSHUA HANNA- FR -- WEBSTER, N.Y.

### 200 meters (23.29)

23.31 p Niswonger Invitational.....39th

23.29 pr Hilton Garden Invitational.....26th

23.64 Liberty Quad.....6th

### 300 meters (36.17)

36.17 pr Mountaineer Open..... 3rd

### 400 meters (50.15)

51.33 Appalachian Invitational..... 9th

51.44 p Niswonger Invitational..... 21st

50.73 Hokie Invitational.....11th

50.82 Hilton Gargen Invitational.....13th

50.65 Liberty Quad.....3rd

50.39 p SoCon Championships..... 7th

50.15 f/pr SoCon Championships..... 5th

## JONATHAN HOWES-- JR -- CHAPEL HILL, N.C.

### Shot put (43-0.50)

40-5.04 Niswonger Invitational.....16th

42-1.25 Mountaineer Open.....7th

40-8.25 Appalachian Pre-Conference.....11th

43-0.50 pr SoCon Championships.....11th

### Weight Throw (54-6.75)

45-8.42 Niswonger Invitational.....13th

45-8.05 Hokie Invitational.....17th

51-1.75 Mountaineer Open.....5th

51-9.00 Appalachian Pre-Conference..... 1st

54-6.75 pr SoCon Championships.....2nd



# INDIVIDUAL PERFORMANCE LIST

## KENLEY JOSEPH -- SR -- Wake Forest, N.C.

### 55 meters hurdles (8.00)

8.23		Appalachian Invitational.....	9th
8.29		Mountaineer Open.....	13th
8.26	p	Appalachian Pre-Conference .....	4th
8.00	pr/f	Appalachian Pre-Conference .....	2nd

### 60 meter Hurdles (8.65)

8.92	p	Niswonger Invitational .....	15th
8.87		Hokie Invitational .....	22nd
8.94		Hilton Garden Invitational.....	39th
8.85	p	Liberty Quad.....	7th
8.90	f	Liberty Quad.....	6th
8.71	p	SoCon Championships .....	5th
8.65	f/pr	SoCon Championships .....	6th

### 200 meters (23.46)

23.46	pr	Appalachian Pre-Conference .....	8th
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### 300 meters (37.47)

37.87		Hokie Invitational .....	22nd
37.47	pr	Mountaineer Open.....	4th

### 400 meters (52.13)

52.13	pr	Appalachian Invitational.....	12th
53.32	p	Niswonger Invitational .....	39th
53.68		Hilton Garden Invitational.....	56th
54.03		Liberty Quad.....	10th

## MASON LASATER-- SO -- THE COLONY, TEXAS

### Weight Throw (53-3.00)

49-12.00		Niswonger Invitational .....	8th
48-5.50		Hokie Invitational .....	14th
52-1.00		Hilton Garden Invitational.....	14th
53-3.00	pr	Mountaineer Open.....	2nd
51-2.75		Liberty Quad.....	2nd
49-9.25		Appalachian Pre-Conference .....	4th
48-3.25		SoCon Championships .....	11th

### Shot Put (40-11.00)

40-11.00	pr	SoCon Championships .....	12th
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## MATT LAYNE -- FR -- WILKESBORO, N.C.

### Pole Vault (15-9.00)

14-7.25		Appalachian Invitational.....	6th
14-7.20		Niswonger Invitational .....	4th
15-1.10		Hokie Invitational .....	2nd
14-5.25		Hilton Garden Invitational.....	6th
NH		Mountaineer Open.....	n/a
15-3.00		Liberty Quad.....	3rd
15-9.00	pr	Appalachian Pre-Conference .....	1st
14-11.00		SoCon Championships .....	3rd

## JOHN LEONARD -- SO -- FAYETTEVILLE, N.C.

### Shot Put (49-7.00)

48-1.25		Appalachian Invitational.....	1st
48-7.46		Niswonger Invitational .....	4th
48-2.35		Hokie Invitational .....	9th
ND		Hilton Garden Invitational.....	n/a
45-10.75		Mountaineer Open.....	5th
40-4.75		Liberty Quad.....	14th
46-0.50		Appalachian Pre-Conference .....	7th
47-9.50		SoCon Championships .....	6th

### Weight Throw (52-9.50)

47-4.50		Appalachian Invitational.....	5th
48-9.43		Niswonger Invitational .....	10th
48-8.65		Hokie Invitational .....	13th
51-10.50		Mountaineer Open.....	4th
47-2.50		Liberty Quad.....	6th
50-5.50		Appalachian Pre-Conference .....	2nd
52-9.50	pr	SoCon Championships .....	4th

## ALEX LOMAX -- SO -- HICKORY, N.C.

### Pole vault (15-5)

14-7.25		Appalachian Invitational.....	4th
14-7.20		Niswonger Invitational .....	4th
14-5.25		Hilton Garden Invitational.....	11th
15-2.25		Mountaineer Open.....	4th
15-3.00		Liberty Quad.....	4th
15-1.00		Appalachian Pre-Conference .....	4th
14-11.00		SoCon Championships .....	3rd

## KYLE MCFOY-- JR -- NEWARK, DEL.

### 1 Mile (4:23.90)

4:23.90	pr	Appalachian Pre-Conference .....	1st
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### 3000 meters (8:27.46)

8:29.06		Hilton Garden Invitational.....	3rd
8:27.46	pr	SoCon Championships .....	3rd

### 5000 meters (14:46.89)

15:10.34		Niswonger Invitational .....	6th
14:46.89	pr	SoCon Championships .....	3rd

## MARSHALL MCRAE -- SO -- RED SPRINGS, N.C.

### 55 meters (6.38)

6.38	pr	Appalachian Invitational.....	1st
6.56	p	Mountaineer Open.....	4th
6.43	f	Mountaineer Open.....	1st

### 60 meters (6.85)

6.92	p	Niswonger Invitational .....	3rd
6.93	f	Niswonger Invitational .....	1st
6.97	p	Hokie Invitational .....	4th
6.92	f	Hokie Invitational .....	5th
6.87	p	SoCon Championships .....	3rd
6.85	f/pr	SoCon Championships .....	2nd

### 200 meters (21.88)

21.88	pr	Appalachian Invitational.....	1st
22.49	p	Niswonger Invitational .....	8th
22.63		Hokie Invitational .....	12th
22.68	p	SoCon Championships .....	9th

### 300 meters (35.03)

35.03	pr	Mountaineer Open.....	1st
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### 4x400 Relay (3:26.54)

3:26.54	pr	Niswonger Invitational .....	11th
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**NATHAN MILCH-- FR -- LONGWOOD, FLA.****Weight throw (52-10.00)**

45-9.00	Appalachian Invitational.....	8th
48-8.64	Niswonger Invitational.....	11th
50-11.00	Hilton Garden Invitational.....	16th
49-3.00	Mountaineer Open.....	6th
52-10.00	pr Liberty Quad.....	1st
50-3.25	Appalachian Pre-Conference.....	3rd
47-3.75	SoCon Championships.....	12th

**Shot put (48-3.50)**

46-10.00	Appalachian Invitational.....	3rd
47-10.01	Niswonger Invitational.....	5th
46-4.30	Hokie Invitational.....	10th
43-8.00	Hilton Garden Invitational.....	18th
44-8.25	Mountaineer Open.....	6th
47-3.50	Liberty Quad.....	7th
46-10.75	Appalachian Pre-Conference.....	4th
48-3.50	pr SoCon Championships.....	4th

**PETER OVENDORF-- SO -- WEDDINGTON, N.C.****400 meters (50.94)**

53.20	p Niswonger Invitational.....	37th
51.98	Liberty Quad.....	7th

**800 meters (2:01.10)**

2:03.02	Mountaineer Open.....	3rd
2:01.10	pr Appalachian Pre-Conference.....	1st

**4x400 Relay (3:27.33)**

3:30.88	Niswonger Invitational.....	13th
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**JACKSON POWERS-- FR -- NASHVILLE, TENN.****Shot put (34-1.50)**

34-1.50	pr Appalachian Invitational.....	19th
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**Long jump (19-8.75)**

19-8.75	pr Appalachian Invitational.....	12th
17-0.33	Niswonger Invitational.....	33rd

**55 meter Hurdles (8.74)**

8.74	pr Appalachian Invitational.....	16th
8.83	Appalachian Pre-Conference.....	10th

**60 meter Hurdles (9.43)**

9.43	p/pr Niswonger Invitational.....	29th
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**55 meter Hurdles (8.74)**

8.74	pr Appalachian Invitational.....	16th
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**200 meters (24.05)**

24.05	p/pr Niswonger Invitational.....	62nd
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**400 meters (53.62)**

53.62	p/pr Niswonger Invitational.....	45th
54.37	Appalachian Pre-Conference.....	4th

**4x400 Relay (3:30.88)**

3:30.88	pr Niswonger Invitational.....	13th
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**Heptathlon (3544)**

3544	pr Hilton Garden Invitational.....	12th
4351	SoCon Championships.....	3rd

**PATRICK QUINN-- SO -- RALEIGH, N.C.****Pole Vault (15-0.71)**

14-1.29	Niswonger Invitational.....	7th
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**RAPHAEL ROJAS -- JR -- CHARLOTTE, N.C.****400 meters (48.84)**

49.76	p Niswonger Invitational.....	6th
49.29	Liberty Quad.....	1st
49.45	p SoCon Championships.....	1st
48.56	f/pr SoCon Championships.....	2nd

**800 meters (1:53.60)**

1:55.26	Appalachian Invitational.....	1st
1:57.74	Hokie Invitational.....	10th
1:54.90	Mountaineer Open.....	1st

**ISAIAH RELLIFORD -- FR -- JACKSONVILLE, N.C.****Triple Jump (45-1.00)**

45-1.00	pr Appalachian Invitational.....	5th
40-10.16	Niswonger Invitational.....	18th
44-10.25	Mountaineer Open.....	5th

**DAVID RIDDLEBERGER -- JR -- RALEIGH, N.C.****200 meters (22.64)**

23.53	Hilton Garden Invitational.....	35th
24.28	Liberty Quad.....	9th

**300 meters (35.98)**

35.98	pr Mountaineer Open.....	2nd
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**400 meters (50.01)**

51.86	Appalachian Invitational.....	11th
51.71	p Niswonger Invitational.....	23rd
51.88	Hokie Invitational.....	19th
53.15	Hilton Garden Invitational.....	48th
52.18	Liberty Quad.....	8th

**4x400 Relay (3:19.10)**

3:26.56	Appalachian Invitational.....	3rd
3:26.54	Niswonger Invitational.....	11th

**NICK SANSOTTA -- JR -- MATTHEWS, N.C.****Shot put (49-7.25)**

46-1.50	Appalachian Invitational.....	4th
47-1.35	Niswonger Invitational.....	6th
45-4.90	Hokie Invitational.....	12th
46-2.00	Hilton Garden Invitational.....	13th
46-8.75	Mountaineer Open.....	3rd
45-2.50	Liberty Quad.....	10th
46-1.25	Appalachian Pre-Conference.....	6th
46-9.00	SoCon Championships.....	9th

**Weight throw (48-10.00)**

47-0.25	Appalachian Invitational.....	7th
43-0.14	Niswonger Invitational.....	18th
Foul	Hilton Garden Invitational.....	n/a
44-4.25	Mountaineer Open.....	8th
43-6.50	Liberty Quad.....	9th
45-10.00	Appalachian Pre-Conference.....	6th
44-1.50	SoCon Championships.....	13th

**CODY STERRETT-- FR -- RALEIGH, N.C.****Shot put (26-9.75)**

26-9.75	pr Appalachian Invitational.....	24th
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**Long jump (18-3.25)**

18-3.25	pr Appalachian Invitational.....	16th
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**55 meter Hurdles (9.07)**

9.07	pr Appalachian Invitational.....	18th
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**PHILLIP THOMAS -- FR -- CARY, N.C.**

**Pole Vault (15-8.25)**

15-7.00		Appalachian Invitational.....	2nd
15-4.25		Hokie Invitational .....	9th
14-5.25		Hilton Garden Invitational.....	8th
15-8.25	pr	Mountaineer Open.....	3rd
NH		Liberty Quad.....	n/a
15-5.00		Appalachian Pre-Conference .....	3rd
15-5.00		SoCon Championships .....	1st

**JAMAL TILLER -- SR -- MARIETTA, GA.**

**Triple jump (51-1.75)**

48-3.25		Appalachian Invitational.....	1st
47-8.05		Niswonger Invitational .....	4th
46-9.42		Hokie Invitational .....	5th
47-7.00		Mountaineer Open.....	1st
50-8.00		SoCon Championships .....	1st

**Long jump (23-0.00)**

23-0.00	pr	SoCon Championships .....	5th
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**55m Dash (6.66)**

6.81		Appalachian Pre-Conference .....	17th
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**ANDREW VANDENBERG-- SO -- BOONE, N.C.**

**3,000 meters (9:08.13)**

9:08.13	pr	Mountaineer Open.....	2nd
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**5,000 meters (15:37.62)**

15:37.62	pr	Hilton Garden Invitational.....	13th
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