



2014 Men's Outdoor Season Report

Date	Meet	Location	Result
March 21-22	Wake Forest Invitational	Winston-Salem, N.C.	No Team Score
March 29	Raleigh Relays	Raleigh, N.C.	No Team Score
April 4-5	Florida Relays	Gainesville, Fla.	No Team Score
April 4-5	Liberty Invite	Lynchburg, Va.	No Team Score
April 10	Carolina Cup	Rock Hill, S.C.	1st of 6
April 19	Charlotte Invitational	Charlotte, N.C.	No Team Score
April 26-27	SoCon Championships	Spartanburg, S.C.	3rd of 8
May 3	Tennessee Challenge	Knoxville, Tenn.	No Team Score
May 10	Georgia Invitational	Athens, Ga.	No Team Score
May 16-17	Georgia Tech Last Chance	Atlanta, Ga.	No Team Score
May 29-31	NCAA Division I East Prelims	Jacksonville, Fla.	No Team Score
June 26-29	USA Junior Championships	Sacramento, Cal.	No Team Score

SEASON BEST PERFORMANCES

100m Dash

APP STATE RECORD: 10.18, Ernest Wiggins, 2004
SOCON RECORD: 10.10, Greg Hatchett, VMI, 1990

TIME	NAME	CL.	MEET
10.57	Marshall McRae Jr.	Jr.	SoCon Championships
10.60	William Buckley Fr.	Fr.	SoCon Championships
10.91	Antonio Marcano So.	So.	SoCon Championships
10.97	Clay Allen Fr.	Fr.	SoCon Championships
11.34	Jesse Earnhardt Fr.	Fr.	SoCon Championships
11.49	Henry Bustle Jr.	Jr.	Wake Forest Open
11.58	Jamal Tiller Sr.	Sr.	Wake Forest Open
11.81	Adedeji Adeneye Sr.	Sr.	Wake Forest Open

200m Dash

APP STATE RECORD: 20.81, Dennis Moore, 2011
SOCON RECORD: 20.80, Calvin Alston, East Carolina, 1977

TIME	NAME	CL.	MEET
21.64	William Buckley Fr.	Fr.	SoCon Championships
21.71	Marshall McRae Jr.	Jr.	SoCon Championships
22.29	Clay Allen Fr.	Fr.	Wake Forest Open
22.36	Antonio Marcano Jr. So.	So.	SoCon Championships
22.52	Trey Edgerton Jr.	Jr.	Wake Forest Open
22.79	Josh Hanna Fr.	Fr.	Wake Forest Open
22.80	Jesse Earnhardt Fr.	Fr.	Liberty Invite

400m Dash

APP STATE RECORD: 46.00, Laffette Jordan, 1979
SOCON RECORD: 45.77, Mario Small, VMI, 1991

TIME	NAME	CL.	MEET
47.96	Raphael Rojas Jr.	Jr.	SoCon Championships
48.99	Josh Hanna Fr.	Fr.	Carolina Cup
49.55	Trey Edgerton Jr.	Jr.	Carolina Cup

800m Run

APP STATE RECORD: 1:49.80, Alex Taylor, 2012
SOCON RECORD: 1:49.20, Phil Barker, Furman, 1977

TIME	NAME	CL.	MEET
1:51.56	Raphael Rojas Jr.	Jr.	Wake Forest Open
1:57.08	Peter Ovendorf So.	So.	Carolina Cup

1,500m Run

APP STATE RECORD: 3:42.49, Alex Taylor, 2012
SOCON RECORD: 3:40.04, Kevin Cropp, William&Mary, 1977

TIME	NAME	CL.	MEET
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3,000m Run

APP STATE RECORD: 8:28.70, Anthony Famiglietti, 1998
SOCON RECORD: N/A

TIME	NAME	CL.	MEET
8:58.09	Andrew Vandenberg So.	So.	Carolina Cup
8:59.83	Tyler Sink Fr.	Fr.	Carolina Cup
9:07.42	Ben Sowell Fr.	Fr.	Carolina Cup

5,000m Run

APP STATE RECORD: 14:19.97, Joe Halin, 2005
SOCON RECORD: 14:13.06, Adrian Leek, ETSU, 1981

TIME	NAME	CL.	MEET
14:32.41	Kyle McFoy Jr.	Jr.	Florida Relays
14:46.15	Chris Anderson So.	So.	Florida Relays
15:18.39	Andrew Vandenberg So.	So.	Wake Forest Open
15:23.91	Michael Ellis So.	So.	SoCon Championships
15:29.71	Josh Cox Jr.	Jr.	SoCon Championships
15:34.49	Tyler Sink Fr.	Fr.	Charlotte Invite
15:35.56	Ben Sowell Fr.	Fr.	Charlotte Invite
16:29.90	Matthew Burns Fr.	Fr.	Wake Forest Open

10,000m Run

APP STATE RECORD: 29:52.24, Carlton Law, 1984
SOCON RECORD: 29:21.30, Adrian Leek, ETSU, 1979

TIME	NAME	CL.	MEET
29:59.14	Kyle McFoy Jr.	Jr.	Raleigh Relays
31:14.03	Chris Anderson Jr.	Jr.	Raleigh Relays

3,000m Steeplechase

APP STATE RECORD: 8:51.40, Chris Huffstickler, 1996
SOCON RECORD: 8:49.77, Todd Crosson, Marshall, 1988

TIME	NAME	CL.	MEET
9:14.82	Josh Cox Sr.	Sr.	SoCon Championships
9:22.11	Michael Ellis So.	So.	SoCon Championships

SEASON BEST PERFORMANCES

110m Hurdles

APP STATE RECORD: 13.63 Charles Derrickson, 2007

SOCON RECORD: 14.10 Marvin Rankins, ECU, 1977
Tim Bridges, VMI, 1979 & 1980

TIME	NAME	CL.	MEET
15.42	Kenley Joseph	Sr.	SoCon Championships
15.80	Phillip Thomas	Fr.	SoCon Championships
20.27	Jackson Powers	Fr.	Wake Forest Open

400m Hurdles

APP STATE RECORD: 50.46, Tommy Robbins, 1986

SOCON RECORD: 50.70, David Anderson, Furman, 1977

TIME	NAME	CL.	MEET
56.00	David Riddleberger	Jr.	SoCon Championships
57.28	Kenley Joseph	Sr.	Wake Forest Open

Long Jump

APP STATE RECORD: 25-3, Michael Hanks, 1987

SOCON RECORD: 25-2.75, Michael Hanks, 1987

MARK	NAME	CL.	MEET
23-4.50	Henry Bustle	Jr.	SoCon Championships
23-1.25	Jamal Tiller	Sr.	SoCon Championships
22-11.75	Jesse Earnhardt	Fr.	SoCon Championships
21-3.25	Adedeji Adeneye	Sr.	SoCon Championships
20-7.00	Clay Allen	Fr.	SoCon Championships

Triple Jump

APP STATE RECORD: 54-8.50, Warren Posey, 1988

SOCON RECORD: 52-8.28, Michael Hanks, 1987

MARK	NAME	CL.	MEET
49-5.00	Jamal Tiller	Sr.	SoCon Championships
47-3.50	Henry Bustle	Jr.	Carolina Cup
47-1.50	Adedeji Adeneye	Sr.	SoCon Championships
45-5.25	Isaiah Relliford	Fr.	Liberty Invite

High Jump

APP STATE RECORD: 7-3.25, Darius Purcell, 2012

SOCON RECORD: 7-1.75, Daryl Saunders, 2012

MARK	NAME	CL.	MEET
6-8.00	Samuel Allen	Fr.	SoCon Championships
6-6.00	Cole Finch	So.	SoCon Championships
6-2.00	Darrow Goff	So.	Wake Forest Open
6-0.00	Ellsworth Parham	Fr.	Wake Forest Open

Pole Vault

APP STATE RECORD: 17-5.25, Todd Poremba, 1988

SOCON RECORD: 17-5.05, Todd Poremba, App State, 1989

MARK	NAME	CL.	MEET
15-5.00	Phillip Thomas	Fr.	Georgia Invitational
14-5.25	Matt Layne	Fr.	Carolina Cup
14-3.25	Alex Lomax	Jr.	Liberty Invite

Shot Put

APP STATE RECORD: 63-01.5, Anthony Greer, 2007

SOCON RECORD: 58-1.63, Anthony Greer, 2005

MARK	NAME	CL.	MEET
51-10.50	Nathan Milch	Fr.	SoCon Championships
49-1.75	John Leonard	So.	SoCon Championships
48-6.00	Nick Sansotta	Jr.	SoCon Championships
44-11.00	Richard Bell	Jr.	SoCon Championships
38-10.25	Jonathan Howes	Jr.	SoCon Championships

Discus

APP STATE RECORD: 173-6, Mike Brooks, 1984

SOCON RECORD: 171-5, Jared Stalling, 2012

MARK	NAME	CL.	MEET
150-7	Nathan Milch	Fr.	SoCon Championships
138-4	Richard Bell	Jr.	Liberty Invite
133-5	Mason Lasater	So.	SoCon Championships
127-5	John Leonard	So.	Wake Forest Open
126-9	Jon Howes	Jr.	SoCon Championships
125-2	Nick Sansotta	Jr.	SoCon Championships
109-9	Jackson Powers	Fr.	Liberty Invite

Javelin

APP STATE RECORD: 218-7, Rob Grant, 1991

SOCON RECORD: 235-7.55, Jeff Roseme, VMI, 1981

MARK	NAME	CL.	MEET
155-11	Ellsworth Parham	Fr.	Wake Forest Open
148-7	Richard Bell	Jr.	SoCon Championships
110-7	Mason Lasater	So.	Carolina Cup
109-10	Jackson Powers	Fr.	Wake Forest Open

Hammer Throw

APP STATE RECORD: 204-6, Rich Grant, 1995

SOCON RECORD: 198-10.61, Wes Kiser, App State, 2008

MARK	NAME	CL.	MEET
162-11	Richard Bell	Jr.	Liberty Invite
156-11	Nathan Milch	Fr.	SoCon Championships
149-3	Jon Howes	Jr.	Wake Forest Open
143-9	Mason Lasater	So.	Carolina Cup
134-8	Nick Sansotta	Jr.	SoCon Championships
134-6	John Leonard	So.	SoCon Championships

4x100m Relay

APP STATE RECORD: 39.70, 2012

SOCON RECORD: 39.91, APP STATE, 2003

TIME	NAMES	MEET
40.62	Clay Allen, William Buckley Antonio Marcarno Jr., Marshall McRae	SoCon Championship
43.24	Henry Bustle, Jesse Earnhardt, Jamal Tiller, Trey Edgerton	Wake Forest Open

SEASON BEST PERFORMANCES

4x400m Relay

APP STATE RECORD: 3:10.29, 1985

SOCON RECORD: 3:10.50, VMI, 1984

TIME	NAMES	MEET
3:15.19	Josh Hanna, Marshall McRae Raphael Rojas, David Riddleberger	SoCon Championships
3:19.36	Josh Hanna, Raphael Rojas, Trey Edgerton, David Riddleberger	Florida Relays
3:24.60	Kenley Joseph, Josh Hanna, David Riddleberger, Peter Ovendorf	Wake Forest Open

4x800m Relay

APP STATE RECORD: 7:29.50, 1984

SOCON RECORD: 3:10.50, VMI, 1984

TIME	NAMES	MEET
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Distance Medley Relay

APP STATE RECORD: 9:55.69, 2012

SOCON RECORD: N/A

TIME	NAMES	MEET
10:27.47	Josh Hanna, Josh Cox Chris Anderson, Raphael Rojas	Florida Relays

Sprint Medley Relay

APP STATE RECORD: 3:22.31, 1985

SOCON RECORD: N/A

TIME	NAMES	MEET
3:25.05	Josh Hanna, Marshall McRae William Buckley, Raphael Rojas	Florida Relays

Decathlon

APP STATE RECORD: 6560, Jake Goodchild, 2011

SOCON RECORD: 7040, Brandon Bassett, 2011

POINTS	NAME	CL.	MEET
5654	Jackson Powers	Fr.	SoCon Championships

MEET RESULTS

Wake Forest Open March 21-22, 2014 Kentner Stadium Winston-Salem, N.C.

No Team Scores

Individual Mountaineer Results

100-Meter Dash (Prelims)- 9. Marshall McRae, 10.83; 11. William Buckley, 10.94; 28. Antonio Marcano Jr., 11.29; 30. Clay Allen, 11.34; 31. Jesse Earnhardt, 11.38; 37. Henry Bustle, 11.49; 45. Jamal Tiller, 11.58; 57. Adedeji Adeneye, 11.81

200-Meter Dash- 9. Marshall McRae, 21.83; 18. William Buckley, 22.24; 19. Clay Allen, 22.29; 25. Trey Edgerton, 22.52; 39. Josh Hanna, 22.79; 52. Jesse Earnhardt, 23.11; 65. Antonio Marcano Jr., 23.34

400-Meter Dash- 15. Josh Hanna, 49.76; 30. Trey Edgerton, 50.63

800-Meter Run- 4. Raphael Rojas, 1:51.56; 36. Peter Ovendorf, 1:59.27

5,000-Meter Run- 14. Andrew Vandenberg, 15:18.39; 23. Michael Ellis, 15:36.37; 27. Tyler Sink, 15:46.31; 31. Ben Sowell, 15:52.80; 40. Matthew Burns, 16:29.90

110-Meter Hurdles (Prelims)- 19. Kenley Joseph, 16.02; 35. Jackson Powers, 16.27

400-Meter Hurdles- 17. Kenley Joseph, 57.28; 32. David Riddleberger, 59.74

4x100-Meter Relay- 2. Antonio Marcano Jr., William Buckley, Clay Allen, Marshall McRae, 41.55; 10. Henry Bustle, Jesse Earnhardt, Jamal Tiller, Trey Edgerton, 43.24

4x400-Meter Relay- 10. Kenley Joseph, Josh Hanna, David Riddleberger, Peter Ovendorf, 3:24.60

High Jump- 14. Cole Finch, 6-2.00

Pole Vault- 5. Phillip Thomas, 14-11.00

Shot Put- 16. Nathan Milch, 46-11.50

Discus Throw- 13. Nathan Milch, 141-11; 27. Richard Bell, 128-8; 28. John Leonard, 127-5; 31. Mason Lasater, 126-2; 34. Nick Sansotta, 121-7

Hammer Throw- 16. Jon Howes, 149-3; 17. Richard Bell, 148-5; 21. Mason Lasater, 138-5; 23. Nick Sansotta, 132-3; 25. Nathan Milch, 131-5; 30. John Leonard, 125-1

Javelin Throw- 22. Ellsworth Parham, 155-11; 32. Richard Bell, 132-5; 33. Jackson Powers, 109-10

Long Jump- 15. Jesse Earnhardt, 21-2.50; 28. Clay Allen, 19-9.50

Triple Jump- 7. Isaiah Relliford, 44-5.25

Raleigh Relays March 28-29, 2014 Paul H. Derr Track Raleigh, N.C.

No Team Scores

Individual Mountaineer Results

10,000m Run- 22. Kyle McFoy, 29:59.14; **Sec. B**: 10. Chris Anderson, 31:11:4.03

Liberty Invite April 4-5, 2014 Matthes-Hopkins Track Complex Lynchburg, Va.

No Team Scores

Individual Mountaineer Results

200m dash- 7. Jesse Earnhardt, 22.80

800m run- 9. Peter Ovendorf, 1:58.90

5,000m run- 8. Tyler Sink, 15:49.77; 10. Ben Sowell, 16:01.83

110m hurdles- 7. Phillip Thomas, 15.82; 8. Kenley Joseph, 15.89

400m hurdles- 10. David Riddleberger, 58.73; 11. Kenley Joseph, 59.57

3,000m steeplechase- 2. Michael Ellis, 9:42.15

High jump- 2. Samuel Allen, 6-6.25; 5. Cole Finch, 6-2.25; 8. Dar row Goff, 6-00.50

Pole vault- 3. Phillip Thomas, 14-9.00; 7. Alex Lomax, 14-3.25

Long jump- 6. Henry Bustle, 21-11.50; 9. Jesse Earnhardt, 20-11.25

Triple jump- 3. Henry Bustle, 47-1.50; 4. Adedeji Adeneye, 46-6.75; 6. Isaiah Relliford, 45-5.25

Shot put- 8. Nathan Milch, 49-7.00; 18. Nick Sansotta, 43-9.75; 24. Richard Bell, 41-8.75

Discus- 7. Nathan Milch, 146-11; 12. Richard Bell, 138-4; 16. Mason Lasater, 127-1; 25. Jon Howes, 120-10; 26. Nick Sansotta, 119-7; 34. Jackson Powers, 109-9

Hammer throw- 8. Richard Bell, 162-11; 15. Mason Lasater, 143-6; 18. Nathan Milch, 141-9; 20. Nick Sansotta, 133-6; 23. Jon Howes, 131-5

Javelin- 14. Ellsworth Parham, 145-11; 19. Jackson Powers, 106-7

Florida Relays April 4-5, 2014 Percy Beard Track Gainesville, Fla.

No Team Scores

Individual Mountaineer Results

5,000m run- 5. Kyle McFoy, 14:32.41; 12. Chris Anderson, 14:46.15

3,000m steeplechase- 13. Josh Cox, 9:28.43

4x100m relay- 25. Clay Allen, William Buckley, Antonio Marcano Jr., Marshall McRae, 41.02

4x200m relay- 28. Trey Edgerton, Marshall McRae, Clay Allen, William Buckley, 1:28.19

4x400m relay- 53. Josh Hanna, Raphael Rojas, Trey Edgerton, David Riddleberger, 3:19.36

1,600m sprint medley- 12. Josh Hanna, Marshall McRae, William Buckley, Raphael Rojas 3:25.05

Distance medley relay- 9. Josh Hanna, Josh Cox, Chris Anderson, Raphael Rojas, 10:15.94

Triple jump- 16. Jamal Tiller, 48-9.50

Shot put- 18. John Leonard, 47-3.75

MEET RESULTS

Carolina Cup April 19 Irwin Belk Track Rock Hill, S.C.

1st of 6

Individual Mountaineer Results

100m dash- 1. Marshall McRae, 10.72; 3. William Buckley, 10.96; 6. Antonio Marciano Jr., 11.18
200m dash- 3. William Buckley, 22.25; 5. Clay Allen, 22.41; 6. Antonio Marciano Jr., 22.51
400m dash- 1. Raphael Rojas, 47.97; 2. Josh Hanna, 48.99; 3. Trey Edgerton, 49.55
800m run- 5. Peter Ovendorf, 1:57.08
3,000m run- 8. Andrew Vandenberg, 8:58.09; 9. Tyler Sink, 8:59.83; 10. Ben Sowell, 9:07.42
110m hurdles- 8. Kenley Joseph, 16.13; 9. Phillip Thomas, 16.15
400m hurdles- 10. David Riddleberger, 58.08; 11. Kenley Joseph, 59.46
4x100 meter relay- 2. Allen, Buckley, McRae, Marciano Jr., 41.57
4x400 meter relay- 1. Hanna, McRae, Rojas, Riddleberger, 3:16.97
High jump- 1. Samuel Allen, 6-6.75; 4. Darrow Goff, 6-0.75
Pole vault- 5. Phillip Thomas, 14-11.00; 7. Matt Layne, 14-5.25; 9. Alex Lomax, 13-11.25
Long jump- 2. Jesse Earnhardt, 22-6.50
Triple jump- 1. Henry Bustle, 47-3.50; 3. Adedeji Adeneye, 45-5.00
Shot put- 2. Nathan Milch, 47-2.25; 3. John Leonard, 46-11.50; 6. Nick Sansotta, 45-1.00
Discus- 2. Nathan Milch, 150-00; 8. Mason Lasater, 124-00; 9. Richard Bell, 119-2
Hammer throw- 3. Richard Bell, 159-10; 6. Mason Lasater, 143-9
Javelin- 4. Ellsworth Parham, 143-2; 6. Richard Bell, 122-11; 9. Mason Lasater, 110-7

Charlotte Invite April 18-19, 2014 Irwin Belk Track Charlotte Invitational

No Team Scores

Individual Mountaineer Results

100m dash- 1. Clay Allen, 11.29; 2. Antonio Marciano Jr., 11.39
200m dash- 2. Antonio Marciano Jr., 23.39
400m dash- 6. Trey Edgerton, 53.10
800m run- 19. Peter Ovendorf, 1:59.07
5,000m run- 6. Tyler Sink, 15:34.49; 7. Ben Sowell, 15:35.56; 11. Andrew Vandenberg, 15:48.22
100m hurdles- 3. Kenley Joseph, 16.47; 4. Phillip Thomas, 16.48
400m hurdles- 4. David Riddleberger, 57.95
3,000m steeplechase- 1. Josh Cox, 9:26.65; 3. Michael Ellis, 9:39.33
High jump- 1. Darrow Goff, 5-10.00
Shot put- 4. Nathan Milch, 46-6; 6. Nick Sansotta, 45-1; 8. Richard Bell, 43-8
Hammer throw- 4. Nathan Milch, 143-2; 6. Mason Lasater, 142-2; 7. Nick Sansotta, 132-4
Javelin throw- 3. Ellsworth Parham, 152-0; 9. Richard Bell, 120-5

SoCon Championships April 26-27 Spartanburg High School Spartanburg, S.C.

3rd of 8

Individual Mountaineer Results

100m dash- 3. Marshall McRae, 10.57; 4. William Buckley, 10.60; 8. Antonio Marciano Jr., 10.96
200m dash- 2. William Buckley, 21.64; 4. Marshall McRae, 21.71
400m dash- 3. Raphael Rojas, 47.96
800m run- 7. Raphael Rojas, 1:56.06
5,000m run- 3. Kyle McFoy, 15:00.41; 11. Michael Ellis, 15:23.91; 14. Josh Cox, 15:29; 17. Chris Anderson, 15:36.04
10,000m run- 7. Kyle McFoy, 31:28.63; 9. Chris Anderson, 31:42.31
110m hurdles- 4. Kenley Joseph, 15.42; 8. Phillip Thomas, 15.80
400m hurdles- 6. David Riddleberger, 56.00; 8. Kenley Joseph, 1:00.26
3,000m steeplechase- 2. Josh Cox, 9:14.82; 7. Michael Ellis, 9:22.11
4x100 meter relay- 2. Allen, Buckley, McRae, Marciano Jr., 40.62
4x400 meter relay- 1. Hanna, McRae, Rojas, Riddleberger, 3:15.19
High jump- 1. Samuel Allen, 6-8.00; 4. Cole Finch, 6-6.00; 11. Ellsworth Parham, 6-0.00
Pole vault- 6. Phillip Thomas, 15-3.00; 8. Matt Layne, 14-5.25
Long jump- 3. Henry Bustle, 23-4.50; 4. Jamal Tiller, 23-1.25; 5. Jesse Earnhardt, 22-11.75; 11. Adedeji Adeneye, 21-3.25; 13. Clay Allen, 20-7.00
Triple jump- 1. Jamal Tiller, 49-5.00; 4. Adedeji Adeneye, 47-1.50; 5. Henry Bustle, 46-10.00
Shot put- 1. Nathan Milch, 51-10.50; 5. John Leonard, 49-1.75; 6. Nick Sansotta, 48-6.00; 9. Richard Bell, 44-11.00; 13. Jon Howes, 38-10.25
Discus- 3. Nathan Milch, 150-7; 9. Mason Lasater, 133-5; 13. Jon Howes, 126-9; 14. Richard Bell, 125-10; 15. John Leonard, 125-9; 16. Nick Sansotta, 125-2
Hammer throw- 5. Nathan Milch, 156-11; 7. Richard Bell, 147-7; 9. Jonathan Howes, 143-2; 10. Mason Lasater, 141-5; 12. Nick Sansotta, 134-8; 13. John Leonard, 134-6
Javelin- 13. Richard Bell, 148-7; 16. Ellsworth Parham, 136-6
Decathlon- 4. Jackson Powers, 5654

MEET RESULTS

Tennessee Challenge

May 3, 2014

Knoxville, Tenn.

No Team Scores

Individual Mountaineer Results

Pole vault- 7. Phillip Thomas, 15-5.00

Georgia Invitational

May 9, 2014

Athens, Ga.

No Team Scores

Individual Mountaineer Results

Pole vault- 8. Phillip Thomas, 15-1.00; 12. Matt Layne, 14-1.25

400m dash- 11. Josh Hanna, 49.42

800m run- 2. Raphael Rojas, 1:52.34

INDIVIDUAL PERFORMANCE LIST

Symbol Key

na - ncaa automatic qualifying time/mark
p - preliminary mark
f - final mark
pr - personal record
mr - meet record
sr - school record
cr - SoCon record
dec - mark earned during decathlon competition
FL - foul
DQ - disqualification
DNF - did not finish
NH - no height recorded (jumps/vaults)

ADEDEJI ADENEYE - SR - GREENSBORO, N.C.

100 meter (11.81)

11.81 pr Wake Forest Open57th

Long jump (21-3.25)

21-3.25 pr SoCon Championships11th

Triple jump (47-3.75)

46-6.75 Liberty Invite4th

45-5.00 Carolina Cup3rd

47-1.50 SoCon Championships4th

CLAY ALLEN-- FR -- WILMINGTON, PA.

200 meter Dash (22.29)

22.29 pr Wake Forest Open19th

22.41 Carolina Cup5th

22.43 p SoCon Championships13th

Long Jump (20-7.00)

19-9.50 Wake Forest Open28th

20-7.00 pr SoCon Championships13th

100 meter (10.97)

11.34 Wake Forest Open30th

11.29 Charlotte Invite1st

10.97 p/pr SoCon Championships9th

SAMUEL ALLEN -- FR -- STATESVILLE, N.C.

High jump (6-8.00)

NH Wake Forest Open n/a

6-6.25 Liberty Invite2nd

6-6.75 Carolina Cup1st

6-8.00 pr SoCon Championships1st

NH Tennessee Challenge n/a

CHRIS ANDERSON - SO - GREENSBORO, N.C.

5,000m run (14:46.15)

14:46.15 pr Florida Relays12th

15:36.04 SoCon Championships17th

10,000m Run (31:14.03)

31:14.03 pr Raleigh Relays10th

31:41.37 SoCon Championships9th

RICHARD BELL- JR

Shot Put (45-4.25)

41-8.75 Liberty Invite24th

43-8.00 Charlotte Invite8th

44-11.00 SoCon Championships9th

Discus Throw (141-2)

128-8.00 Wake Forest Open27th

138-4.00 Liberty Invite12th

119-2 Carolina Cup9th

125-10 SoCon Championships14th

Hammer Throw (162-11)

148-5.0 Wake Forest Open17th

162-11 pr Liberty Invite8th

159-10 Carolina Cup3rd

147-7 SoCon Championships7th

Javelin Throw (148-7)

132-5.00 Wake Forest Open32nd

122-11 Carolina Cup6th

120-5 Charlotte invite9th

148-7 pr SoCon Championships13th

WILLIAM BUCKLEY-- FR -- DURHAM, N.C.

200 meter (22.24)

22.24 pr Wake Forest Open18th

22.25 Carolina Cup3rd

22.34 p SoCon Championships6th

21.64 f SoCon Championships2nd

100 meter (10.60)

10.94 Wake Forest Open11th

10.96 Carolina Cup3rd

10.79 p SoCon Championships3rd

10.60 f/pr SoCon Championships4th

MATTHEW BURNS-- FR -- MATTHEWS, N.C.

5,000 meter(16:29.90)

16:29.90 pr Wake Forest Open40th

HENRY BUSTLE -- JR -- STATESVILLE, N.C.

100 meter (11.26)

11.49 Wake Forest Open37th

Long jump (23-4.50)

21-11.50 Liberty Invite6th

23-4.50 pr SoCon Championships3rd

Triple jump (47-3.50)

47-1.50 Liberty Invite3rd

47-3.50 pr Carolina Cup1st

46-10.00 SoCon Championships5th

JOSH COX -- SR -- MOORESVILLE, N.C.

1,500 meters (4:05.67)

3,000-meter steeplechase (9:02.77)

9:28.43 Florida Relays13th

9:26.65 Charlotte Invite1st

9:14.82 SoCon Championships2nd

5,000-meters (14:54.96)

15:29.71 SoCon Championships14th

INDIVIDUAL PERFORMANCE LIST

JESSE EARNHARDT-- FR -- DENVER, N.C.

100 meter (11.34)

11.38	Wake Forest Open	31st
11.34	p/pr SoCon Championships	12th

200-meters (22.80)

23.11	Wake Forest Open	52nd
22.80	pr Liberty Invite	7th
23.04	p SoCon Championships	15th

Long Jump (22-11.75)

21-2.50	Wake Forest Open	15th
20-11.25	Liberty Invite	9th
22-6.50	Carolina Cup	2nd
22-11.75	pr SoCon Championships	5th

TREY EDGERTON -- JR -- KINGS MOUNTAIN, N.C.

200-meters (22.52)

22.52	pr Wake Forest Open	25th
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400 meters (49.55)

50.63	Wake Forest Open	30th
49.55	pr Carolina Cup	3rd
53.10	Charlotte Invite.....	6th

MICHAEL ELLIS -- SO -- WINSTON-SALEM, N.C.

3,000 meters (8:48.48)

5,000 meters (15:12.36)

15:36.37	Wake Forest Open	23rd
15:23.91	SoCon Championships	11th

3,000-meter steeplechase (9:22.11)

9:42.15	Liberty Invite	2nd
9:39.33	Charlotte Invite.....	3rd
9:22.11	pr SoCon Championships	7th

COLE FINCH -- SO -- MATTHEWS, N.C.

High jump (6-8.75)

6-2.00	Wake Forest Open	14th
6-2.25	Liberty Invite	5th
NH	Carolina Cup	n/a
NH	Charlotte Invite.....	n/a
6-6.00	SoCon Championships	4th

DARROW GOFF -- SO

110-meter hurdles (17.12)

High jump (6-2.0)

6-2.00	pr Wake Forest Open	4th
6-0.50	Liberty Invite	8th
6-0.75	Carolina Cup	4th
5-10	Charlotte Invite.....	1st

JOSHUA HANNA- FR -- WEBSTER, N.Y.

200 meters (22.79)

22.79	pr Wake Forest Open	39th
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400 meter (48.99)

49.76	Wake Forest Open	15th
48.99	pr Carolina Cup	2nd
49.33	SoCon Championships	9th
49.42	Georgia Invitational	11th

JON HOWES -- JR -- CHAPEL HILL, N.C.

Shot put (39-10)

38-10.25	SoCon Championships	13th
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Discus throw (127-1)

120-10	Liberty Invite	25th
126-9	SoCon Championships	13th

Hammer throw (149-3)

149-3.0	pr Wake Forest Open	16th
131-5	Liberty Invite	23rd
FOUL	Carolina Cup	n/a
143-2	SoCon Championships	9th

KENLEY JOSEPH -- SR -- WAKE FOREST, N.C.

110-meter hurdles (15.42)

16.02	Wake Forest Open	19th
15.89	Liberty Invite	8th
16.13	Carolina Cup	8th
16.47	Charlotte Invite.....	3rd
15.53	p SoCon Championships	5th
15.42	f/pr SoCon Championships	4th

400-meter hurdles (57.88)

59.57	Liberty Invite	11th
59.46	Carolina Cup	11th
57.52	p/pr SoCon Championships	7th
1:00.26	f SoCon Championships	8th

MASON LASATER -- SO -- THE COLONY, TX

Discus throw (137-0)

126-2.00	Wake Forest Open	31st
127-1.00	Liberty Invite	16th
124-0.00	Carolina Cup	8th
133-5	SoCon Championships	9th

Hammer throw (143-9.00)

138-5.0	Wake Forest Open	21st
143-6	Liberty Invite	15th
143-9	pr Carolina Cup	6th
142-2	Charlotte Invite.....	6th
141-5	SoCon Championships	10th

Javelin throw (110-7)

110-7.00	pr Carolina Cup	9th
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MATT LAYNE -- FR -- WILKESBORO, N.C.

Pole Vault (14-5.25)

NH	Wake Forest Open	n/a
14-5.25	pr Carolina Cup	7th
14-5.25	SoCon Championships	8th
NH	Tennessee Challenge.....	n/a
14-1.25	Georgia Invitational	12th

INDIVIDUAL PERFORMANCE LIST

JOHN LEONARD -- SO -- FAYETTEVILLE, N.C.

Shot put (49-1.75)

FL	Wake Forest Open	n/a
47-3.75	Florida Relays	18th
46-11.50	Carolina Cup	3rd
49-1.75	pr SoCon Championships	5th

Discus throw (133-5)

127-5.00	Wake Forest Open	28th
125-9	SoCon Championships	15th

Hammer throw (134-6)

125-1.0	Wake Forest Open	30th
FOUL	Charlotte Invite.....	n/a
134-6	pr SoCon Championships	13th

ALEX LOMAX -- JR -- HICKORY, N.C.

Pole vault (15-1)

NH	Wake Forest Open	n/a
14-3.25	Liberty Invite	7th
13-11.25	Carolina Cup	9th
NH	Charlotte Invite.....	n/a

ANTONIO MARCANO JR. -- SO -- ST. LOUIS, MO.

200 meters (22.36)

23.34	Wake Forest Open	65th
22.51	Carolina Cup	6th
23.39	Charlotte Invite.....	2nd
22.36	p/pr SoCon Championships	11th

100 meter (10.91)

11.29	Wake Forest Open	28th
11.18	Carolina Cup	6th
11.39	Charlotte Invite.....	2nd
10.91	p/pr SoCon Championships	8th
10.96	f SoCon Championships	8th

KYLE MCFOY -- JR -- NEWARK, DEL.

800 meters (2:04.16)

1,500 meters (4:10.11)

3,000-meter steeplechase (10:08.02)

5,000-meters (14:50.70)

14:32.41	pr Florida Relays	5th
15:00.41	SoCon Championships	3rd

10,000-meters (29:59.14)

29:59.14	pr Raleigh Relays	22nd
31:28.63	SoCon Championships	7th
31:01.33	Virginia Challenge	6th

MARSHALL MCRAE -- JR -- RED SPRINGS, N.C.

100 meters (10.57)

10.83	Wake Forest Open	9th
10.72	Carolina Cup	1st
10.84	p SoCon Championships	4th
10.57	f/pr SoCon Championships	3rd

200 meters (21.71)

21.83	pr Wake Forest Open.....	9th
22.05	p SoCon Championships	3rd
21.71	f/pr SoCon Championships	4th

NATHAN MILCH-- FR -- LONGWOOD, FLA.

Discus Throw(150-7)

141-11.00	Wake Forest Open.....	13th
146-11	Liberty Invite.....	7th
150-0.00	Carolina Cup	2nd
150-7.00	pr SoCon Championships	3rd

Hammer throw (156-11)

131-5.0	Wake Forest Open	25th
141-9	Liberty Invite	18th
143-2	Charlotte Invite.....	4th
156-11	pr SoCon Championships	5th

Shot put (51-10.50)

46-11.50	Wake Forest Open	16th
49-7.00	Liberty Invite	8th
47-2.25	Carolina Cup	2nd
46-6.00	Charlotte Invite.....	4th
51-10.50	pr SoCon Championships	1st

PETER OVENDORF -- SO -- WEDDINGTON, N.C.

400 meters (51.35)

400-meter hurdles (59.33)

800-meters (1:57.08)

1:59.27	Wake Forest Open	36th
1:58.90	Liberty Invite	9th
1:57.08	pr Carolina Cup	5th
1:59.07	Charlotte Invite.....	19th

ELLSWORTH PARHAM -- FR -- ASHEVILLE, N.C.

High Jump (6-0.00)

6-0.00	pr Wake Forest Open	9th
NH	Liberty Invite	n/a
6-0.00	SoCon Championships	11th

Javelin throw (155-11)

155-11.00	pr Wake Forest Open	22nd
145-11	Liberty Invite	14th
143-02	Carolina Cup	4th
152-0.00	Charlotte Invite.....	3rd
136-6.00	SoCon Championships	16th

JACKSON POWERS-- FR -- NASHVILLE, TENN.

110m Hurdles (20.27)

20.27	pr Wake Forest Open	35th
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Javelin throw (109-10)

109-10.00	pr Wake Forest Open	33rd
106-7.00	Liberty Invite	19th

Discus throw (109-9)

109-9.00	pr Liberty Invite	34th
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Decathlon (5654)

5654	pr SoCon Championships	4th
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PATRICK QUINN -- SO -- RALEIGH, N.C.

Pole Vault (15-9.25)

INDIVIDUAL PERFORMANCE LIST

DAVID RIDDLEBERGER -- JR -- RALEIGH, N.C.

200 meters (22.47)

400 meters (49.78)

400-meter hurdles (55.72)

58.73		Liberty Invite	10th
58.08		Carolina Cup	10th
57.95		Charlotte Invite.....	4th
56.01	p	SoCon Championships	5th
56.00	f	SoCon Championships	6th

RAPHAEL ROJAS -- SO -- CHARLOTTE, N.C.

400 meters (47.97)

47.97	pr	Carolina Cup	1st
48.07	p	SoCon Championships	1st
47.96	f/pr	SoCon Championships	3rd

800 meters (1:50.77)

1:51.56		Wake Forest Open	4th
1:54.34	p	SoCon Championships	7th
1:56.06	f	SoCon Championships	7th
1:52.34		Georgia Invitational	2nd

ISAIAH RELLIFORD -- FR -- JACKSONVILLE, N.C.

Triple Jump (45-5.25)

44-5.25		Wake Forest Open	7th
45-5.25	pr	Liberty Invite	6th

NICK SANSOTTA -- JR -- MATTHEWS, N.C.

Shot put (48-6)

FL		Wake Forest Open	n/a
43-9.75		Liberty Invite	18th
45-1.00		Carolina Cup	6th
45-1.00		Charlotte Invite.....	6th
48-6.00	pr	SoCon Championships	6th

Discus throw (129-2)

121-7.00		Wake Forest Open	34th
119-7.00		Liberty Invite	26th
125-2		SoCon Championships	16th

Hammer throw (140-7)

132-3.0		Wake Forest Open	23rd
133-6.00		Liberty Invite	20th
132-4.00		Charlotte Invite.....	7th
134-8		SoCon Championships	12th

TYLER SINK-- FR -- APEX, N.C.

3,000 meter(8:59.83)

8:53.83	pr	Carolina Cup	9th
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5,000 meter(15:34.49)

15:36.37		Wake Forest Open	27th
15:49.77		Liberty Invite	8th
15:34.49	pr	Charlotte Invite.....	6th

BEN SOWELL-- FR -- MARIETTA, GA.

3,000 meter(9:07.42)

9:07.42	pr	Carolina Cup	10th
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5,000 meter(15:35.56)

15:52.80		Wake Forest Open	31st
16:01.83		Liberty Invite	8th
15:35.56	pr	Charlotte Invite.....	7th

PHILLIP THOMAS -- FR -- CARY, N.C.

Pole Vault (15-5)

14-11.00		Wake Forest Open	5th
14-9.00		Liberty Invite	3rd
14-11.00		Carolina Cup	5th
15-3.00		SoCon Championships	6th
15-5.00	pr	Tennessee Challenge.....	7th
15-1.00		Georgia Invitational	8th

110 meter hurdles (15.80)

15.82		Liberty Invite	7th
16.15		Carolina Cup	9th
16.48		Charlotte Invite.....	4th
15.96	p	SoCon Championships	8th
15.80	f/pr	SoCon Championships	8th

JAMAL TILLER -- SR -- MARIETTA, GA.

100 meter (11.58)

11.58	pr	Wake Forest Open	45th
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200 meters (23-1.25)

Long Jump (22-11.75)

23-1.25	pr	SoCon Championships	4th
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Triple Jump (49-7)

48-9.50		Florida Relays	16th
49-5.00		SoCon Championships	1st

ANDREW VANDENBERG -- SO -- BOONE, N.C.

3,000 meters (8:58.09)

8:58.09	pr	Carolina Cup	8th
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5,000 meters (16:17.70)

15:18.39	pr	Wake Forest Open	14th
15:48.22		Charlotte Invite.....	11th

10,000 meters (32:41.02)