



**George Mason University  
Track & Field Meet Information  
2015**

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- Start Times:** Field events begin at 10:00am, running events begin at 11:00am. Times are subject to change. Meet schedules will be posted on our website at <http://GoMason.com>.
- Where:** George Mason University Field House, Fairfax Virginia.
- Who:** **First 20 teams that submit online entries by deadline. Entry may be subject to coaches' approval.**
- Eligibility:** NCAA Rules will be followed. Please note unattached athlete policy.
- Facility:** 200 meter Martin 2000 Surface; **¼" or smaller spikes only!**  
Blocks are provided; bring your own locks and towels.
- Entry Fee:** **\$300.00 per team (\$600.00 for Men and Women); \$25.00 per athlete if fewer than 10 entries. Remember – fees are entry fees, not participation fees – you pay for what you enter. Cash or University checks ONLY.**
- Entries:** **Four (4) entries maximum per event; two (2) relay team only.** You may call to request additional entries which may or may not be approved by meet management pending field sizes. Please use a realistic seeding mark so that we can match competitors closely to produce great competition. Do not enter athletes who cannot meet the stated entry standards.
- Entry Standards:** **Starting Heights:** Men's Pole Vault – 13'0"; Women's Pole Vault - 10'0"; Men's High Jump – 6'0"; Women's High Jump – 4'10".  
**\* Subject to change based on field.**  
**Minimum Measurements:** Women's Long Jump – 5.50m; Men's Long Jump – 6.75m; Women's Triple Jump – 11.30m; Men's Triple Jump – 14.00m.  
**\* All athletes will receive first legal mark. Each subsequent attempt must reach minimum measurement.**  
LJ/TJ/SP/WT competitors will receive three (3) attempts with the top nine (9) athletes advancing to the final, to receive three (3) additional attempts. Each field event contestant must have a legal mark to receive additional attempts. The HJ/PV will be a single section with progressions to be determined after entries are received.
- Due Date:** **Online entries will close the Wednesday before each meet at 12:00pm OR as soon as maximum capacity is reached.**
- Scratches:** **We encourage you to make your own scratches online prior to the close of entries to ensure the most competitive heats.** If you have scratches after entries are closed, please contact Abigi Id-Deen at 703-993-3231. *No Athletes will be changed to unattached status the day of the meet, all unattached athletes must meet the unattached standards.*
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**UNATTACHED ATHLETE POLICY:**

Visit [www.gomason.com](http://www.gomason.com) for Unattached Athlete Information.

Please contact at Abigi Id-Deen 703-993-3231 or [Aiddeen@gmu.edu](mailto:Aiddeen@gmu.edu) with questions or concerns.