

## CAMP INFORMATION

### Overnight Camp - (at UAlbany)

For females, ages 13-18. Campers are evaluated and placed into groups based on their age and skill level. Staff members stay on the same hall in the dorms to provide 24-hour supervision. Resident campers will stay in University Housing. Commuter Campers (9am-9pm): Lunch and dinner provided.

### Skills Day Camps - (at UAlbany)

Ages 10-18 - age appropriate sessions aimed at the primary skills for setters, hitters and DS/liberos. Focus will be placed on training strength and endurance in the ranges of motion required to play at the highest levels. Additionally, we will introduce the athlete to drills to improve hand-eye coordination and peripheral vision. Schedule: 1 Session a day, 3 hours each, for 5 days Monday-Friday Setters & OS/Libero AM session Hitters PM session

Discount to attend both AM & PM sessions = \$50 off  
No meals are provided for Skills Day Camps

### Team Discount - Overnight Camp

For High School or clubs that register 4 or more campers at the same time, we offer a \$25 discount per player. Please call for details.

SUNY Employees received a 20% discount

*For more information call*  
**518-421-6740**  
*Checks payable to:*  
**Big Dawg Volleyball Camps**

Camps are open to any and all females who fit the age criteria for that camp.

### Pay online:

<https://squareup.com/store/big-dawg-volleyball-camps>

## DATES AND FEES

### Overnight Camp (ages 13-18)

July 24-27 (Sun-Wed)

Before July 1: \$500

After July 1: \$525

Commuter: \$425 before July 1

\$450 after July 1

### Skills Camps at UAlbany

#### Libero/OS Camp (day camp) ages 10-18

July 18-22 - 9am-Noon

**Before 7/1-\$225 - After 7/1-\$250**

#### Setter Camp (day camp) ages 10-18

July 18-22 - 9am-Noon

**Before 7/1-\$225 - After 7/1-\$250**

#### Hitter Camp (day camp) ages 10-18

July 18-22 - 1PM-4PM

**Before 7/1-\$225 - After 7/1-\$250**

Want to attend both sessions?

**Discount for attending both sessions is \$50**

**LUNCH WILL NOT BE PROVIDED**

**IT'S EASY TO SIGN-UP**

Phone 518-421-6740  
Email [bigdawgvolleyball@gmail.com](mailto:bigdawgvolleyball@gmail.com)  
Mail Big Dawg Volleyball  
C/O MJ Engstrom  
PO Box 38132  
Albany, NY 12203

Online: <https://squareup.com/store/big-dawg-volleyball-camps>

Upon receipt of your full camp fee, a confirmation letter will be sent to you along with more specific details about the camp. Please understand that personal injury insurance is NOT included in the camp fee. All campers must be covered by health insurance.

Refund policy: Until July 1: full refund less a \$50 administrative fee. July 1 - one week prior to camp, 50% of the total cost of the camp will be reimbursed. One week or closer to the start of the camp - no refunds.

## Big Dawg Volleyball APPLICATION 2016

Student's Name	First	Last
Address		Street
City	State	Zip
Telephone		
Email		
Date of Birth		Age
Camp to Attend: <input type="radio"/> Overnight <input type="radio"/> Resident <input type="radio"/> Commuter (For Overnight please check one)		
<input type="radio"/> Setter Camp <input type="radio"/> Hitter Camp <input type="radio"/> Libero/OS Camp		
Position: <input type="radio"/> Middle <input type="radio"/> Hitter <input type="radio"/> Libero/DS <input type="radio"/> Setter		
Roommate request (overnight):- _____		
Grade (2016-2017) _____		
School: _____		
Club Team: _____		

(2016-2017) Level of play (circle one): Beginner 7• 8• 9• JV Varsity

Position played: Setter Outside Middle Opposite Libero/OS

T-Shirt Size: Adult XS S M XL

By signing and submitting this application to the Big Dawg Volleyball Camps at UAlbany, I affirm that I understand that personal injury insurance is NOT included in camp fee. My daughter is covered by health insurance by the policy I report below. I also understand that my signature grants the Big Dawg volleyball camps Staff or their agents my full approval to have my daughter treated professionally in the case of an emergency or injury. Facilities are not handicap accessible, camps are not equipped to handle adapted volleyball

Health Insurance Provider: \_\_\_\_\_

Policy# \_\_\_\_\_

Allergies: \_\_\_\_\_

Other known Medical Conditions that could impede athletic performance:

\_\_\_\_\_

\_\_\_\_\_

Parent or Guardian Signature

Online: <https://squareup.com/store/big-dawg-volleyball-camps>

Make checks payable to: Big Dawg Volleyball Camps

Send application and payment to: Big Dawg Volleyball Camps

c/o MJ Engstrom

P.O. BOX 38132

Albany, NY 12203

# BIG DAWG VOLLEYBALL