

# 2009 Alaska Anchorage Cross Country Season Results

## MEN'S TEAM RESULTS:

Event	Place	Field	Team			Top Runner	Place/Time	Field
			Score	Race	Date			
UAA Invitational	1st	2	22	5K	9/5	Micah Chelimo	1st/15:18.60	20
UW Sundodger Invite**	4th	8	98	8K	9/19	Micah Chelimo	2nd/24:03.33	72
West Region Preview	1st	12	52	8K	10/9	Marko Cheseto	1st/24:52.60	118
GNAC Championships	2nd	9	70	8K	10/24	Marko Cheseto	1st/24:50	79
West Regional	3rd	20	96	10K	11/7	Marko Cheseto	1st/30:42.5	131
Nationals	17th	24	415	10K	11/21	Micah Chelimo	40th/32:34.3	182

## MEN'S INDIVIDUAL RESULTS:

Name	UAA Invite	Sundodger Invite**	Region Preview	GNACs	W.Region	Nationals
Michael Adams	10th (6:41.40)	46th (26:29.00)*	41st (26:55.5)	31st (27:21)	47th (33:32.7)	143rd (34:56.4)
Ben Altemus	DNC	113th (27:38.76)*	75th (28:03.8)	DNC	DNC	DNC
Nick Canfield	19th (18:55.10)	DNC	DNC	DNC	DNC	DNC
Micah Chelimo@#^	1st (15:18.60)	2nd (24:03.33)	2nd (24:55.0)	5th (25:13)	3rd (31:05.6)	40th (32:34.3)
Marko Cheseto#^	DNC	5th (24:14.84)	1st (24:52.6)	1st (24:50)	1st (30:42.5)	42nd (32:38.8)
Will Estes	16th (18:04.80)	DNC	74th (27:59.1)	63rd (28:36)	74th (34:33.6)	174th (36:42.5)
Christian Harpel	18th (18:55.10)	DNC	DNC	DNC	DNC	DNC
Thomas Hill	7th (16:24.60)	67th (27:35.54)	46th (27:07.2)	39th (27:38)	39th (34:30.0)	DNC
Alfred Kangogo#^	3rd (15:47.60)	30th (25:27.03)	8th (25:44.3)	4th (25:12)	10th (31:35.8)	94th (33:39.6)
Paul Rottich	4th (15:48.10)	22nd (25:08.89)	19th (26:20.7)	42nd (27:46)	37th (33:04.7)	180th (37:26.5)

## WOMEN'S TEAM RESULTS:

Event	Place	Field	Team			Top Runner	Place/Time	Field
			Score	Race	Date			
UAA Invitational	1st	2	16	5K	9/5	Ruth Keino	1st/18:22.80	18
UW Sundodger Open	1st	18	22	6K	9/19	Ruth Keino	2nd/21:41.16	202
S.F. State West Region	1st	16	15	6K	10/9	Ruth Keino	3rd/21:38.7	164
GNAC Championships	1st	9	25	6k	10/24	Miriam Kipngeno	3rd/22:02	83
West Regional	1st	25	35	6k	11/7	Hallidie Wilt	3rd/21:11.5	161
Nationals	5th	24	158	6K	11/21	Miriam Kipngeno	14th/21:16.7	184

## WOMEN'S INDIVIDUAL RESULTS:

Name	UAA Invite	Sundodger Invite**	Region Preview	GNACs	W.Region	Nationals
Mychaela Bailey	12th (20:P47.50)	59th (23:50.37)	46th (23:58.2)	43rd (24:43)	DNC	DNC
Emma Bohman	6th (19:37.00)	22nd (22:38.81)	43rd (23:54.2)	27th (24:08)	26th (22:19.7)	152nd (23:58.5)
Laura Carr#^	8th (19:50.80)	5th (21:58.11)	6th (22:09.2)	7th (22:18)	9th (21:30.3)	63rd (22:27.1)
Mary Chepkoech	13th (21:22.00)	86th (24:18.82)	DNC	DNC	DNC	DNC
Anna Filippova	14th (21:31.00)	DNC	DNC	DNC	DNC	DNC
Shoshana Keegan#^	4th (19:15.20)	9th (22:05.63)	5th (22:02.8)	4th (22:06)	14th (21:45.7)	53rd (22:16.3)
Ruth Keino@#^	1st (18:22.80)	2nd (21:41.16)	3rd (21:38.7)	5th (22:12)	4th (21:11.8)	39th (21:58.2)
Miriam Kipngeno@#^	3rd (19:02.50)	10th (22:06.09)	7th (22:15.2)	3rd (22:02)	5th (21:17.9)	14th (21:16.7)
JJ Lende	DNC	DNC	DNC	DNC	DNC	DNC
Natalie Pfiefer	DNC	DNC	DNC	DNC	DNC	DNC
Ariel Rolle	7th (19:45.60)	60th (23:51.48)	79th (24:38.2)	36th (24:30)	39th (22:54.5)	172nd (24:54.0)
Kayla Teslow	9th (20:14.00)	31st (23:02.48)	21st (23:14.2)	58th (25:18)	DNC	DNC
Alex West	11th (20:37.10)	64th (23:55.31)	63rd (24:22.3)	29th (24:16)	DNC	DNC
Lauren Wilson	DNC	DNC	DNC	DNC	DNC	DNC
Hallidie Wilt #^	2nd (18:32.80)	3rd (21:48.32)	4th (21:57.1)	6th (22:1600)	3rd (21:11.5)	45th (22:09.9)

\*\*Sundodger Invite race (vs. Division I field)

\* Sundodger Open race

^ All-Conference honoree

# All-Region honoree

@ All-American honoree

